### MAHARISHI MARKANDESHWAR (DEEMED TO BE UNIVERSITY)

### **MULLANA-AMBALA, HARYANA (INDIA), 133-207**

(Established under Section 3 of the UGC Act, 1956) (Accredited by NAAC with Grade 'A')

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#### Extension and outreach activities for the year 2017-18

| S<br>NO | Name of the activity   | Organising<br>unit/ agency/<br>collaborating<br>agency | Page No |
|---------|--|--|---------|
| 1.      | NSS DAY & WORKSHOP FOR SLUM<br>AREA CHILDREN AT MM(DU) ON<br>24-SEPTEMBER-2017   | NSS  | 2-18    |
| 2.      | MEDICAL CAMP (7DAY AND NIGHT<br>CAMP) FROM 17-MARCH-2018 TO<br>23-MARCH-2018     | VILLAGE - HOLI   | 19-45   |
| 3.      | DIBETES MELLITUS AND ITS PREVENTION ON 18-APRIL-2018                             | COMMUNITY<br>CENTRE OF<br>VILLAGE<br>ADHOYA            | 46-52   |
| 4.      | AIDS "SAHI AUR PURI JAANKARI,<br>DUR RAKHE AIDS KI BIMARI"ON<br>01-DECEMBER-2017 | COMMUNITY CENTRE OF B.C. BAZAR, AMBALA CANTT           | 53-61   |
| 5.      | NATIONAL VOTER'S DAY ON 25-<br>JANUARY-2018                                      | BUDHIYAN   | 62-67   |

Registrar Maharishi Markandeshwar (Deemed to be University) Muliana-Ambala 133-207



NSS Report Of Workshop On

### "Enhancing the Skills"

#### For

#### Children of Slum area



Commencing from 24<sup>th</sup> September 2017 to 29<sup>th</sup> September, 2017

Program Co-ordinator: Er. Karan Aggarwal

Program Officer: Dr. Neeraj Sharma

Mr. Adesh Tripathi

Mr. Sanasam Bankim

Dr. Anuj Malik

NSS Unit 5 of Maharishi Markandeshwar University has organised a Workshop on "Enhancing the skills" for Children of slum area from 24<sup>th</sup> September, 2017 to 29<sup>th</sup> September, 2017. This workshop was organised on account of NSS Day. The schedule for this workshop was as follows:

| Date      | 5:00-5:20 pm        | 5:20-6:10pm            | 6:10-6:30pm         | 6:30-6:40pm           | 6:40-6:50pm |
|-----------|---------------------|------------------------|---------------------|-----------------------|-------------|
| 24-Sep-17 | Inaugural           | Speaking<br>Session    | Singing Session     | Prize<br>Distribution | Refreshment |
| 25-Sep-17 | Revision<br>Session | Health Classes         | Dressing<br>Session | Prize<br>Distribution | Refreshment |
| 26-Sep-17 | Revision<br>Session | Drawing<br>Session     | Sports Activities   | Prize<br>Distribution | Refreshment |
| 27-Sep-17 | Revision<br>Session | Literary Classes       | Sports Activities   | Prize<br>Distribution | Refreshment |
| 28-Sep-17 | Revision<br>Session | Technical<br>Session   | Yoga Classes        | Prize<br>Distribution | Refreshment |
| 29-Sep-17 | Revision<br>Session | Cultural<br>Activities | Closing<br>Ceremony | Prize<br>Distribution | Refreshment |

### **First Day**

On the First day of the workshop, Inaugural ceremony was organised. The chief guest was Prof. Victor Gambhir, Vice Chancellor, MMU and Dr. N.K. Batra, Dean-Academic Affairs with Our NSS Program Coordinator Er. Karan Aggarwal.

Our VC Sir interacted with the children and gave away his best wishes to all the Children for this workshop.

They also congratulate NSS volunteers for this noble cause and motivate them for keep doing such activities in future.



Speaking and Singing session were held after inaugural ceremony. The main motive was to build up the confidence and remove the hesitation the slum children have in them.







#### **Second Day**

Second day was Health session and dressing session. Here, the NSS team taught the children about how to keep clean and to wear clean clothes and also taught about some good habits.











#### Third day

Drawing session and Sports session were held on third day of the workshop. The children enjoyed a lot in this session, showed their creativity.









#### **Fourth Day**

Literary session was the objective of this day. NSS unit taught the children about the historic work and people of India. Later on some sport activities was also held to cheer up the children.









#### Fifth Day

Fifth day was the day for session on technical knowledge and Yoga classes. NSS volunteers spread awareness among the children about the benefits of doing yoga.









#### Sixth Day

Last day of the workshop was full of cultural activities. Children were told to perform anything they wish or want to show their talents. Then a closing ceremony was held to celebrate the successful function of these six days.







### **Valedictory Function**









# बच्चों को कई तरह की कलाएं सिखाईं

बराड़ा : महर्षि मारकंडेश्वर विश्वविद्यालय मुलाना में एनएसएस स्वयंसेवकों द्वारा एनएसएस दिवस के उपलक्ष्य में आयोजित कार्यशाला कौशल विकास के तीसरे दिन भी आयोजन किया गया । यह कार्यशाला मुलाना गांव के पास झ्रमी झोपड़ी वस्ती क्षेत्र के बच्चों के लिए आयोजित की गई। कार्यशाला एन एसएस प्रोग्राम को आर्डिनटोर इंजीनियर करण अग्रवाल के सुझाव पर आयोजन किया गया । तीसरे दिन की शुरुआत चित्रकला अध्ययन के साथ की गई जिसमें बच्चों को अनेक प्रकार की कलाएं सिखाई गयी। इसके बाद बच्चों के मनोरंजन के लिए खेल कृद का आयोजन किया गया । सभी एनएसएस स्व्यंसेवकों व सभी बच्चों ने इस



बच्चो को कलाएं सिखाते स्वय रोवक ।

कार्यशाला में वढ-चढकर भाग लिया जिसमें अक्षय, अमित, मोहित, विक्रम व अभिषेक ने मुख्य भूमिका निभाई।

Dainik Jagran (27-09-2017)

## एनएसएस के बन्तों ह बताया कला का महत

हरिभूमि न्यून.बराइा

मारकंडेश्वर युनिवर्सिटी मुलाना में एन एस एस स्वयंसेवको द्वारा आयोजित कार्यशाला कौशल विकास का समापन हो गया। कार्यशाला मुलाना गांव के पास

 स्वयं सेवकों ने 90 झुग्गी झोपड़ियों का सर्वेक्षण किया

सुग्गी झोपड़ी बस्ती क्षेत्र के बच्चों के कार्यशाला यूनिवर्सिटी कुलाधिपति श्री तरसेम कुमार गर्ग, कोषाध्यक्ष डॉ. विशाल गर्ग व डीन स्टूडेंट वेलफेयर डॉ जे के शर्मा के निर्देशानुसार आयोजन किया गया। एनएसएस स्वयंसेवकों ने 21

सितम्बर को झुग्गी झोपड़ी बस्ती क्षेत्र का सर्वेक्षण किया जिसमे स्वयंसेवको ने 90 झुग्गी झोपड़ियों का सर्वेक्षण किया। इसमें 42 बच्चे मिले जो पढ़े लिखे नहीं थे। उस दिन से सभी स्व्यंसेवको ने इन सभी बच्चों के लिए कुछ करने का प्रण लिया और आज एनएसएस दिवस पर इन सभी बच्चो के लिए कार्यशाला का आयोजन किया। ेखिए अगयोजित की गयी। यह विवंदर गंभीर, कुल्पति कंडॉ. एन. इसका शुभारम्भ मुख्यातिथि डॉ. के. बन्ना, डीन ने किया। मुख्य अतिथि डॉ. विवटर गंभीर, कुल्पति जी ने एन एस एस स्वयंसेवको की सराहना करते हुए इस कार्यक्रम को आह्वान किया। जारी रखने

> Maharishi Markandeshwar 'semed to be University) ivic ana-Ambala 133-207



A

# Report on NATIONAL SERVICE SCHEME



# "श्रद्धांजलि"

7 DAYS AND NIGHT CAMP 17<sup>TH</sup> MARCH TO 23<sup>RD</sup> MARCH 2018

BY

UNIT-1,UNIT-2,UNIT-3,UNIT-4 & UNIT-5

AT

VILLAGE – SOHANA & HOLI (AMBALA)

1

Principal : No. Institute of Nursing

There is Markandeshwar University.

Salina (Ambala)

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### NAUGRAL

NSS volunteers has started 7 Day & Night Camp on 17th March, 2018. The theme of the event was named as "श्रद्धांजिल" to give tribute to the martyrs, was continue till . 23rd March 2018. Inaugural was done by Prof. Ashok Arora (Pro Vice-Chancellor MMDU, Mullana) and Dr. J. K. Sharma (Dean Student Welfare), Dr. N. K. Batra(Dean Academic Affair). Dr. Anil Sharma (Head of Biotech Department) motivated volunteers for this event and expressed his views. Er. Karan Aggarwal Program Coordinator, NSS explained the theme of this Camp.



### AMP LIGHTENING BY:-

- Prof. Ashok Arora (Pro Vice-Chancellor MMDU, Mullana)
- Dr. J. K. Sharma (Dean Student Welfare)
- Dr. N. K. Batra(Dean Academic Affair) Dr. Anil Sharma (Head of Biotech Department)
- Mr. Bankim (Assist. Prof. MMCON)
- Ms. Simarpreet kaur (Nursing Tutor, MMIN

### INAUGRAL

NSS volunteers has started 7 Day & Night Camp on 17th March, 2018. The theme of the event was named as "श्रद्धांजिल" to give tribute to the martyrs, was continue till '. 23<sup>rd</sup> March 2018. Inaugural was done by Prof. Ashok Arora (Pro Vice-Chancellor MMDU, Mullana) and Dr. J. K. Sharma (Dean Student Welfare), Dr. N. K. Batra(Dean Academic Affair). Dr. Anil Sharma (Head of Biotech Department) motivated volunteers for this event and expressed his views. Er. Karan Aggarwal Program Coordinator, NSS explained the theme of this Camp.



### LAMP LIGHTENING BY:-

- Prof. Ashok Arora (Pro Vice-Chancellor MMDU, Mullana)
- Dr. J. K. Sharma (Dean Student Welfare)
- Dr. N. K. Batra(Dean Academic Affair)
- Dr. Anil Sharma (Head of Biotech Department)
- Mr. Bankim (Assist. Prof. MMCON)
- Ms. Simarpreet kaur (Nursing Tutor, MMIN



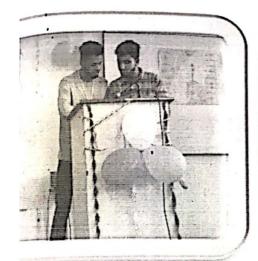
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### Team's Name-

- 1. Bhagat Singh
- 2. Chandra Shekhar Azad
- 3. Sukhdev
- 4. Rajguru
- 5. Subhash Chandra Bose
- 6. Rani Laxmi Bai
- 7. Mangal Pandey
- 8. Batukeshar Dutt
- 9. Kartar Singh Sarabha
- 10. Lala Lajpat Rai

## Day -One

- Inaguration
- 2. Division of teams3. Cultural Evening (Uri Attack)













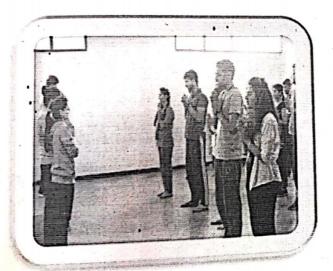
### Day-Two

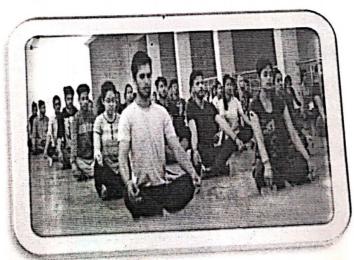
# Activity 1. Yoga Session (6:00 am to 7:15 am)

All the teams actively participated in this session.









Activity 2: SURVEY (9:00 am to 2:00 pm)

all the teams visited sohana village for survey, poster making and slogan writing on the theme – kargil attack.







# Activity 3: CULTURAL EVENING - KARGIL ATTACK





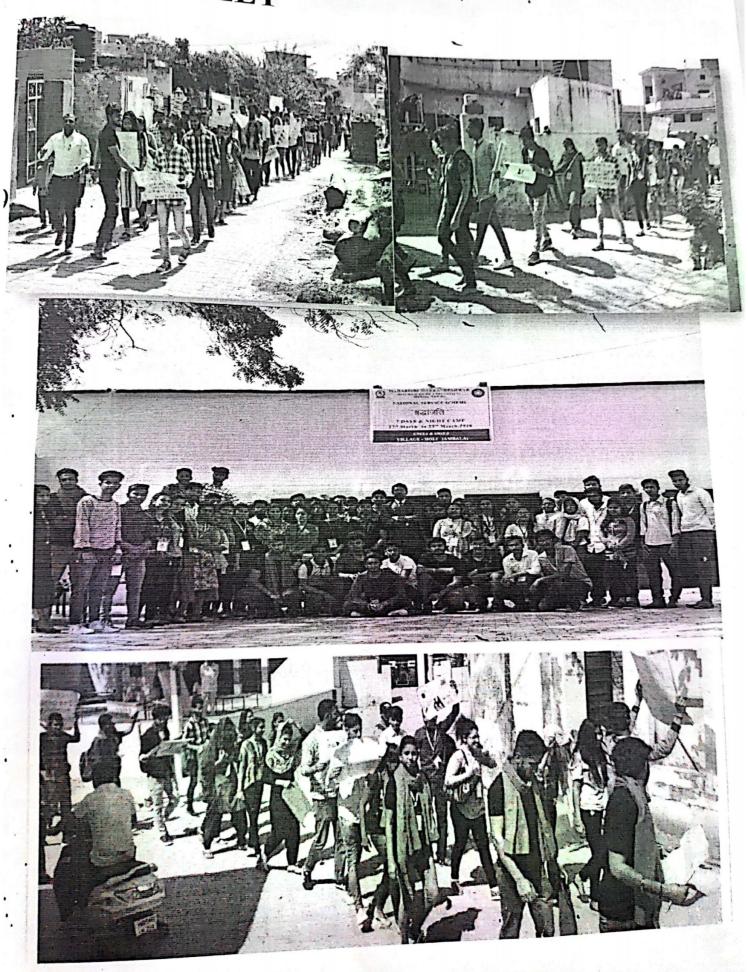
## DAY THREE

# Activity 1. Yoga Session





# Activity 2: RALLY

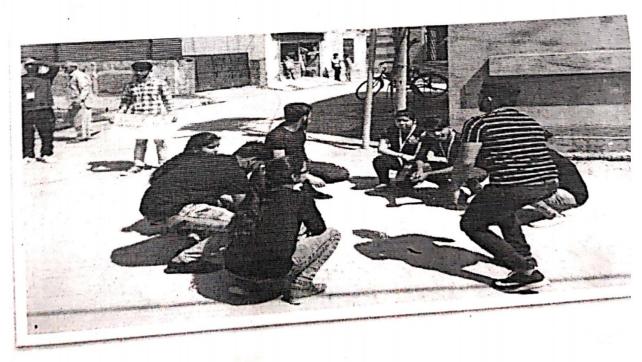


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# Activity 3: NUKKAD NATAK

Team 1, 2, 3, 4 went to Sohana Village
Team 5, 6,7,8, 9, 10 went to Holi Village
All of them Performed Nukkad Natak



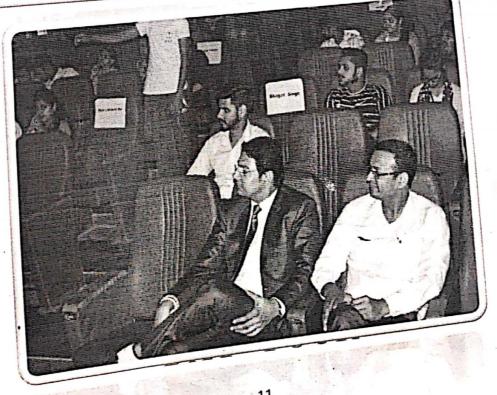


# Activity 4: CULTURAL EVENING (JALIAWALAH BAGH)









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# Activity 1: YOGA SESSION





# Activity 2: MEDICAL CAMPS MEDICAL CAMP AT HOLI



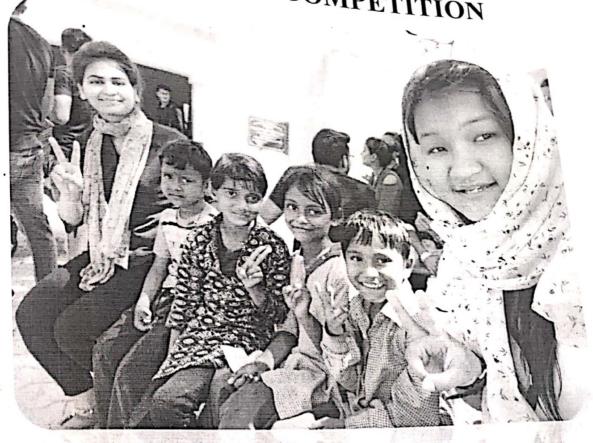
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# DENTAL CAMP AT SOHANA



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# Activity 3: DRAWING COMPETITION







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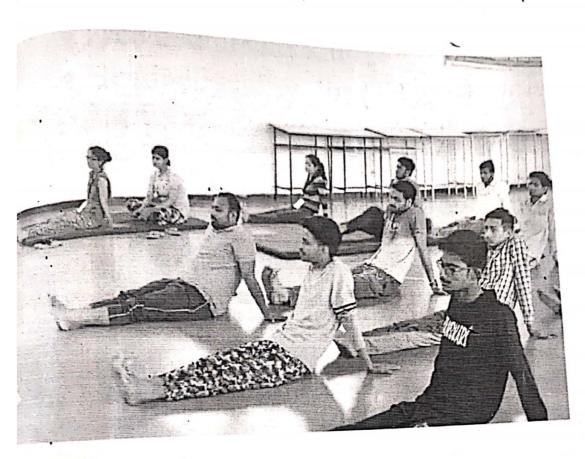
# Activity 4: CULTURAL EVENING (BOMB BLAST)







### DAY FIVE 1.YOGA SESSION



### 2.CAMPS

# MEDICAL CAMP AT SOHANA

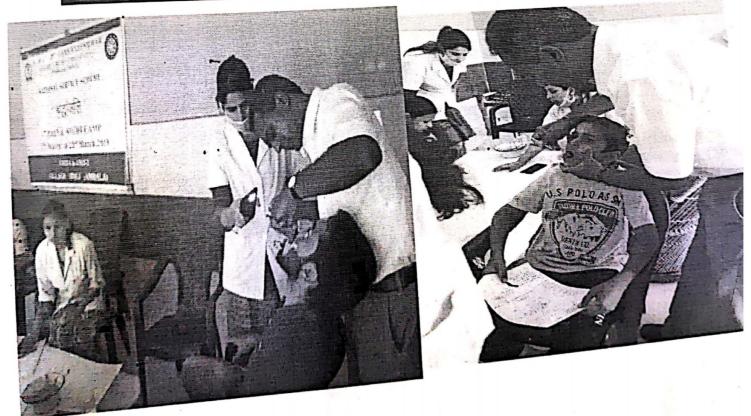
- Free health check up
- Health related advises given by doctors
- Iron, calcium and paracetamol tablets were given

# DENTAL CAMP AT VILLAGE HOLI

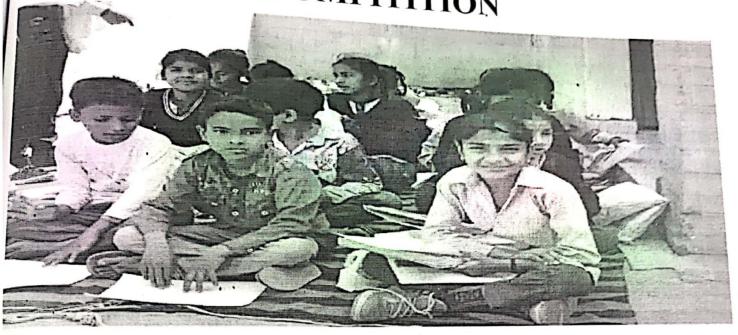
• Free dental check up

• Heath education for oral care is given

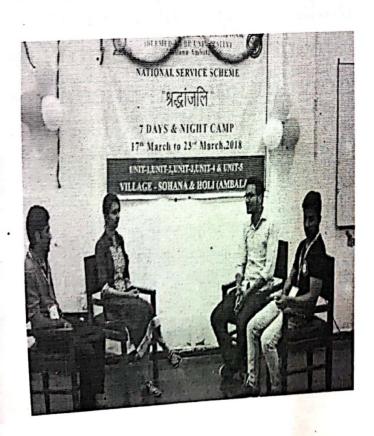




# 3.DRAWING COMPITITION



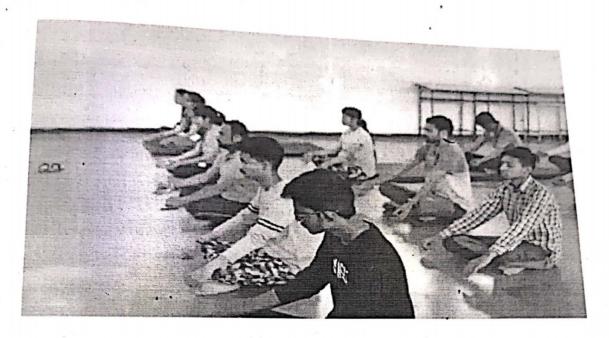
# 4.CULTURAL EVENING(1857karanti)





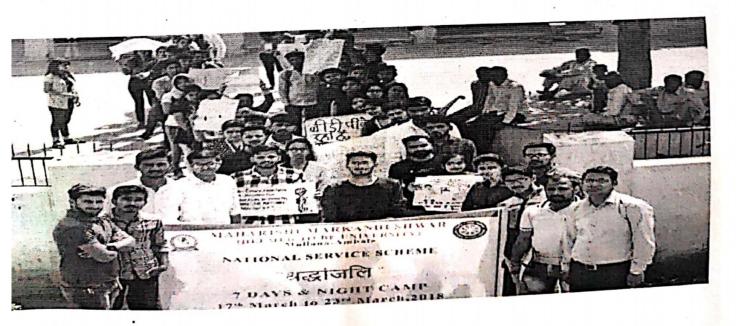
## DAY-SIX

#### 1.YOGA



## 2.RALLY: On awareness regarding:

- Beti bachao Beti padhao
- Women empowerment
- Equality among religions





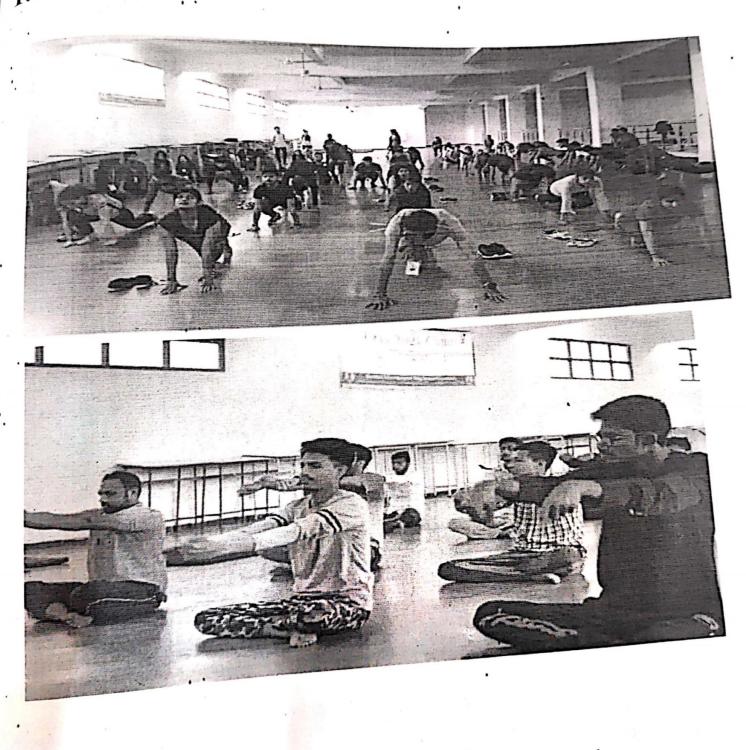
# 3.SPORTS EVENING

- Kho kho
- Volley ball
- Cricket



# **DAY-SEVEN**

1.YOGA

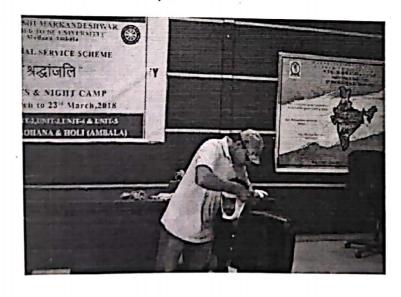


# 2. FIRST AID AND NURSING TRAINING

(Given by members of Red Cross society- Ambala)

- CPR
- Transportation of injured person
- Different types of bandaging
- Emergency care of patient at accident site







## 3.PRIZE DISTRIBUTION

The best volunteers throughout the Camp were awarded with Medals.

Award of Best team - Team 8 (Batukeshar Dutt)

# M.M. INSTITUTE OF NURSING, MULLANA, AMBALA. LIST OF NSS STUDENTS IN SEVEN DAY AND NIGHT CAMP HELD ON 17<sup>TH</sup> MARCH -23<sup>RD</sup> MARCH 2018

| Sr.No. | NAME OF STUDENTS |  |
|--------|------------------|--|
| -      |                  |  |
| 1.     | Anju             |  |
| 2.     | Archana          |  |
| 3.     | Kusum            |  |
| 4.     | Manpreet         |  |
| 5.     | Renu             |  |
| 6.     | Smrirt           |  |
| 7.     | Sonali           |  |
| 8.     | Yashika          |  |
| 9.     | Bindiya          |  |
| 10.    | Eknoor           |  |
| 11.    | Kavita           |  |
| 12.    | Kulpreet         |  |
| 13.    | Mandeep          |  |
| 14.    | Navita gautam    |  |
| 15.    | Simran           |  |
| 13.    |                  |  |

# स्वयंसेवकों ने सोहना में लगाया डैंटल व होली में स्वास्थ्य जांच कैम्प

बराड़ा, 20 मार्च (शर्मा): महर्षि मार्कंडेश्वर डीम्ड यूनिवर्सिटी में एन.एस.एस. 7 दिवसीय रात्रि शिविर के चौथे दिन का आयोजन किया गया। शिविर यूनिवर्सिटी के कुलपित तरसेम कुमार गर्ग, सचिव डा. संजीव गर्ग, कोषाध्यक्ष डा. विशाल गर्ग व डीन स्टूडेंट्स वैल्फेयर डा. जे.के. शर्मा के निर्देशानुसार चल रहा है। शिविर का सम्पूर्ण कार्यभार एन.एस.एस. प्रोग्राम को-ऑर्डिनेटर इंजीनियर करण अग्रवाल व प्रोग्राम ऑफिसर डा. नीरज शर्मा ने संभाला इसके उपरांत यूनिट 3, 4 व 5 के स्वयंसेवकों ने गांव सोहाना में मुफ्त डैंटल शिविर का आयोजन किया जिसमें 80 व्यक्तियों के दांतों की जांच की गई। इसके साथ गांव होली में यूनिट 1 व 2 के स्वयंसेवकों ने मुफ्त स्वास्थ्य शिविर का आयोजन किया जिसमें बच्चों के डाक्टर, हड्डियों के डाक्टर एवं सामान्य चिकित्सक शामिल रहे। लगभग 85 व्यक्तियों के स्वास्थ्य की जांच की गई व उनको उनकी बीमारियों के अनुसार उपचार बताए एवं मुफ्त दवाई दी गई। गांव सोहाना की तरह यहां भी बच्चों का मनोबल बढ़ाने के लिए चित्रकला प्रतियोगिता का आयोजन किया, यहां भी विजेता को पुरस्कार दिया गया। इसके उपरांत आज के विषय बम ब्लास्ट के ऊपर एक सांस्कृतिक संध्या का आयोजन किया जिसमें सभी स्वयंसेवकों ने अपनी कला का प्रदर्शन किया। मौके पर संजना, जशनिक, सुरिभ, अंजलि, काजोल ने मुख्य भूमिका निभाई।





एनएसएस शिविर में भाग लेते स्वयंसेवक।

### सोहना में डेंटल व होली गांव में स्वास्थ्य शिविर

बराडा, 20 मार्च (उमेश): महर्षि मार्कण्डेश्वर डीम्ड यूनिवर्सिटी में आज एन.एस.एस. सात दिवसीय रात्रि शिविर के चौथे दिन का आयोजन किया गया। यह शिविर यूनिवर्सिटी के क्लपति तरसेम कुमार गर्ग, सचिव डॉ. संजीव गर्ग, कोषाध्यक्ष डॉ. विशाल गर्ग व डीन स्टूडेंट्स वेलफेयर डा. जे के शर्मा के निर्देशानसार चल रहा है। शिविर का सम्पूर्ण कार्यभार एन एस एस प्रोग्राम को-ऑर्डिनेटर इंजीनियर करण अग्रवाल व प्रोग्राम ऑफिसर डॉ. नीरज शर्मा ने संभाला।

इसके उपरांत यूनिट 3, 4 व् 5 के स्वयंसेवकों ने सोहना गांव में मुफ्त डेंटल शिविर का आयोजन किया जिसमे 80 व्यक्तियों के दांतों की जाँच की गयी जिसमे ज्यादातर बजुर्ग व बच्चे शामिल थे व बच्चों के लिए एक चित्रकला प्रतियोगिता का आयोजन भी किया गया जिसमे विजेता को

पुरस्कार दिया गया । इसके साथ-साध होली गाँव में यूनिट 1 व 2 के स्वयंसेवकों ने मुपत स्वास्थ्य शिविर का आयोजन किया जिसमे बच्चों के डॉक्टर, हड्डियों के डॉक्टर एवं सामान्य चिकित्स्क शामिल रहे। लगभग 85 व्यक्तियों के स्वास्थ्य की जाँच की गयी व् उनको उनकी बिमारियों के अनुसार उपचार बताये गए एवं मुफ्त दवा दी गयी। सोहना गाँव की तरह यहां भी बच्चों का मनोबल बढाने के लिए चित्रकला प्रतियोगिता का आयोजन किया गया यहां भी विजेता को परस्कार दिया गया। इसके उपरांत आज के विषय वॉम्ब ब्लास्ट के ऊपर एक सांस्कृतिक संध्या का आयोजन किया गया जिसमें सभी स्वयंसेवकों ने अपनी कला का प्रदर्शन किया। सभी स्वयंसेवकों ने जोरो शोरो से इस शिविर में भाग लिया जिसमे संजना, जशनिक, सुरभि, अंजलि, काजोल ने मुख्य भूमिका निभाई।

Manarishi Markandeshwar (Decame to be University) Mulian: - 1 mp. 21 130-207



देनिक रावेद्रा Wed, 21 March 2018 dainiksaveratimes.epapr.in//c/27



## **MMCON**

# COMMUNITY HEALTH NURSING-I GROUP PROJECT REPORT ON "DIABETES MELLITUS AND ITS PREVENTION"



SUBMITTED TO:-

MS ANNU NURSING TUTOR] SUBMITTED BY:-

B.sc [N] 2<sup>ND</sup> YEAR [roll no.1916062-1916106]



# GROUP PROJECT REPORT ON DIABETES AND ITS PREVENTION

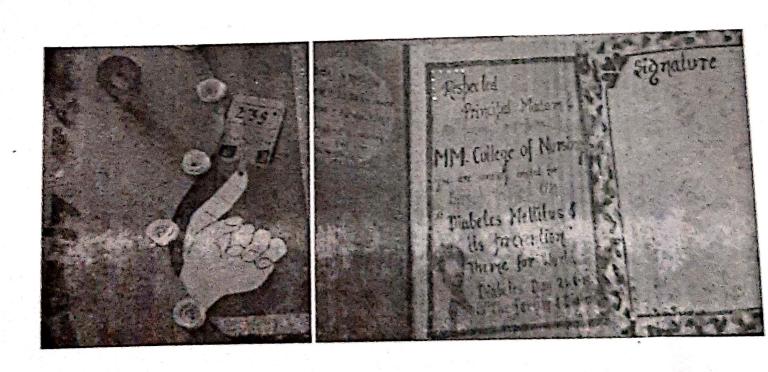
BSC [N] 2<sup>ND</sup> Year students did the group project on DIABETES. We educated the rural area people regarding diabetes and its prevention.

Diabetes is a disease in which blood sugar level are too high. In this condition blood glucose level is increased greater than 110gm% in fasting condition.

## OBJECTIVES OF GROUP PROJECT

- To assess the health status of community people
- To provide general awareness on diabetes
- To conduct the role play on diabetes

## THEME: DIABETES AND ITS PREVENTION





DATE-18/04/2018

VENUE- Ravidas Mandir, Adhoya village

LANGUAGE-Hindi

CONDUCTED BY :B.SC NURSING 2<sup>ND</sup> Yr (group-2)

## COMMUNITY FIELD SUPERVISOR

➤ Ms Uma Deaver (HOD)

➤ Ms Eenu (Asst. Prof)

➤ Ms Pooja Jaiswal (Asst. Prof)

> Mr. Sanasam Bankim (Asst. Prof)

➤ Ms Annu Verma (Nsg. Tutor)

➤ Ms Jitender Kaur (Clinical Instructor)

TOTAL NUMBER OF GROUP MEMBERS: 40

**INCHARGES OF GROUP PROJECT** 

GROUP LEADER -Purnima, Yam kumar

Invitation Incharge -Simran, Suraj

Content Making — Ruchika, Purnima



A-V Aids - Anjali saroj, Yashika, Shalu, Sushri, Stanzin, Priyanka, Thinley, Anjali, Sushil, Purnima

Role Play - Tarun, Rohan Kumar, Priyanka, Ruchika, Purnima, Wani, Oyeas, Kamran, Rahul, Ruby, Suraj, Rajat

Refreshment — Sahil, Sukhpreet, Rohit, Simran, Vishal

Narrator - Tarun

Video, Photos - Kamran, Sachin

Report making- Ruchika, Purnima

#### PARTICIPANT GROUP

There were approximately gathering of 60 members including teachers of MMCON, In Ravidas Mandir, Adhoya

#### **PHASES**

PRE GROUP PROJECT-On the previous day of group project we surveyed the rural community adhoya for conducting the group project in Ravidas Mandir .We have taken permission from care taker for conducting group project on 'DIABETES AND ITS PREVENTION'. We prepared all the A-V Aids regarding to it and perform the role play and give the invitation to principal mam and all faculty members of MMCON for the group project

**GROUP PROJECT-**The group project on 'DIABETES AND ITS PREVENTION' was conducted by B.sc nsg 2<sup>nd</sup> year students with the help of faculty members of Community Health Nsg dept of MMCON



• At the end of the group project the students got a huge round of applause from the audiences. This was a great credit to all the participants of this program.

# Summary and conclusion;

Because of this group project the community people get enough knowledge regarding the DIABETES AND ITS PREVENTION. It was a knowledge and enriching experience, as student got confidenc in organizing the group project at community level.



#### M M COLLEGE OF NURSING, MULLANA, AMBALA

#### B Sc NURSING 4th YEAR (2017-18)

#### **Attendance Sheet**

#### **Group Project On Diabetes Mellitus**

| 1. 1916062 PRIYANKA 2. 1916063 PRIYANKA 3. 1916064 PRIYANKA DHANKHAR  4. 1916065 PURNIMA SHARMA DHANKHAR  5. 1916066 RAHUL KUMAR 6. 1916067 RAHUL KUMAR 7. 1916068 RAJAT 8. 1916071 ROHAN KUMAR 9. 1916073 ROHAN SHARMA 10. 1916075 ROHIT PANDITA 11. 1916076 RUBY 12. 1916077 RUCHIKA THAREJA 13. 1916078 SACHIN 14. 1916079 SAHIL KALOTRA 15. 1916080 SAMANTA 16. 1916081 SANDEEP 17. 1916082 SATWANT 18. 1916083 SHUBHANGI 1916084 SHUSRI MILON |          |
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| 18. 1916083 SHUBHANGI  | 310      |
| 101  | 201      |
|  | 7        |
| PRIYA SAMAD VZOSEMA  |          |
| 20. 1916085 SIMRAN Present   | $\dashv$ |
| 21 1916086 SIMRAN D.   |          |
| DHARIWAL   | $\dashv$ |
| 22. 1916087 STANZIN DISKIT Present   | $\dashv$ |
| 23. 1916088 SUKHPREET SINGH Prosent  | -        |
| 24. 1916090 SURAJ KUMAR  |          |
| SINGH Present  | $\dashv$ |
| 25. 1916091 SUSHIL KUMAR Present   | $\dashv$ |
| 26. 1916092 SWATI CHHOKER Absent   | $\dashv$ |
| 27. 1916093 TAMANNA Present  | $\dashv$ |
| 28. 1916094 TARUN Phesen   | $\dashv$ |
| 29. 1916095 THINGBAIJAM ANIALI DEVI  |          |
| ANJALI DEVI Perosent   |          |

| 30. | 1916096                                       | THINLEY CHENZOM | _        |
|-----|---|-----------------|----------|
| 31. | 1916097                                       | URVASHI GROVER  | Pecesent |
| 32. | 1916099                                       | VISHAL SAINI    | Beesent- |
| 33. | 1916100                                       | YAM KUMAR       | Present  |
|     |   | CHETTRI         | 0.       |
| 34. | 1916101                                       | YASHIKA RANI    | Present  |
| 35. | 1916102                                       | KM SHALU        | Present  |
| 36. | 1916103                                       | OYEAS AHMAD     | Present  |
|     |   | HURRAH          | Pecesent |
| 37. | 1916104                                       | WANI GAZANAFAR  |          |
|     | - William 19 P. Landson, March Commission Co. | ASHRAF          | Present  |
| 38. | 1916105                                       | ANJALI SAROJ    | _        |
|     |   | 4               | Oresent  |
| 39. | 1916106                                       | SOFI KAVISH     |          |
|     |   | KAMRAN          | Present  |

Signature of Subject Incharge

Dr. (Mrs.) Jvoti Sarin PRINCHAL Maharishi Markandeshwar College of Nursing Maharishi Markandeshwar (Deemed to be thiverany) Mullama-Ambala, Haryana-India,133207

Ponistrar Markandeshwar O University)

(De Mullane 133-207

# MMCON COMMUNITY HEALTH NURSING GROUP PROJECT ON HIV/AIDS



SUBMITTED TO-Ms.POOJA JASWAL(Assistant Professor)
SUBMITTED BY- B.SC (N)4<sup>th</sup>Year Group (1914001-1914036)



#### GROUP PROJECT REPORT ON HIV/AIDS

B.Sc Nursing 4<sup>th</sup> year student did the group project on HIV/AIDS. We teach the urban people regarding HIV/AIDS and how to prevent HIV/AIDS.

Human immunodeficiency virus infection and acquired immune deficiency syndrome (HIV/AIDS) is a spectrum of conditions caused by infection with the immune deficiency virus (HIV)

#### **OBJECTIVES OF SCHOOL HEALTH PROGRAMME**

- 1. To assess the health status of community people.
- 2. To provide general awareness on prevention of HIV/AIDS.
- 3. To conduct a role play to enhance the knowledge regarding HIV/AIDS .

THEME-"SAHI AUR PURI JANKARI DUR RAKHE AIDS KI BIMARI"

DATE-1<sup>st</sup> Dec. 2017

VENUE-BC Bazaar(Ambala cantt )

LANGUAGE- Hindi

#### COMMUNITY FIELD SUPERVISORS

- Ms.Uma Deaver
- Ms. Eenu
- Mr. Bankim
- Ms. Pooja Jaswal



- Ms. Annu Verma
- Ms. Jitender
- Ms. Navjot

#### TOTAL NO. OF GROUP MEMBERS

B.Sc Nursing 4<sup>th</sup> year students (1914001-1914036)

#### INCHARGE OF GROUP PROJECT

- Group Leader- Jenish, Aarti
- Invitation In charges- Amanda, Hiteshi
- Content- Mamta, Anukriti
- A.V.Aids In charge- Komal, Ayushi, Anjali, Archna, Bharti, Kavita, Divya, Amarjeet, Aditi, Bashrat
- Role Play- Gautam, Jyotsna, Gayatri, Jatinder, Diksha, Deepak, Dinesh, Amit, Ankit
- Refreshment In charge- Saravjeet
- Narrator- Mamta
- Video and Photo Incharge- Amarjeet
- Report Making In Charge-Jenish, Ankit

#### **GROUP**

There was approximately gathering of 60-80 members who include teachers of MMCON, People of BC Bazar.

#### **PHASES**

#### • PRE GROUP PROJECT

On the previous day of the group project, we went to urban community Bc Bazar for conducting the group



project near roadside, we have taken permission from care taker for conducting group project on 'HIV/AIDS'. We prepared all the A.V. Aids and did the rehearsal for role play and give the invitation to Principal mam and all faculty member of M.M. College of Nursing For the group project.

#### GROUP PROJECT

The group project on 'HIV/AIDS' was conducted by 4<sup>th</sup> year students with the help of faculty members on

At the roadside BC Bazar Ambala cantt at 11:00am -12:30pm.

#### **ROLE PLAY**

Introduction about the topic HIV/AIDS by the narrator

Scene 1- It was about symptoms of HIV/AIDS and how we can prevent it.





Scene 2- the scene was all about the symptoms of HIV/AIDS and its prevention



Scene 3- The scene was all about the HIV/AIDS and its Prevention





Scene 4- the scene was all about the management of HIV/AIDS



#### HEALTH EDUCATION

Health education on definition, causes, sign and symptoms, management and prevention of HIV/AIDS is given with the help of charts.

#### **REFRESHMENT**

Groundnuts and Rewari were given to all the community people who attended the group project.

#### **VOTE OF THANKS**

After role play and comments, teachers and community people. We thank to all teacher and community people, who



carefully listen the role play and encouraging us to these knowledgefull project next time also.

#### SUMMARY AND CONCLUSION

Because of this role play on 'HIV/AIDS', community people got adequate knowledge. It was knowledgable for the community people.





# B. Sc. NURSING 4th YEAR (2017-18) ATTENDANCE SHEET Group Project: HIV AIDS

| G. No. | Roll no. | Name of student | STUDENT SIG. |
|--------|----------|-----------------|--------------|
| Sr No. | Kon no   |                 | ,            |
| 1.     | 1914001  | AartiTandon     | hint         |
|        | 1914002  | Aditi           | D 4          |
| 2.     | <u> </u> |                 | nurt -       |
| 3.     | 1914003  | Ajay Sharma     | fruit        |
| 4.     | 1914004  | Amanda Thapa    | Vremt        |
| 5.     | 1914005  | Amarjeet Singh  | Absent       |
| 6.     | 1914006  | Amit Kumar      | Brost-       |
| 7.     | 1914007  | Anjali          | Pro-         |
| 8.     | 1914009  | Ankit Goyala    | Prent.       |
| 9.     | 1914010  | Ankit Kumar     | Prent        |
| 10.    | 1914012  | Anukriti        | Brut         |
| 11.    | 1914013  | Archana         | Premt        |
| 12.    | 1914015  | Ayushi Sharma   | Premt        |
| 13.    | 1914016  | Basharat Ahmad  | Prent        |
| 14.    | 1914017  | Bharti          | Prest        |
| 15.    | 1914018  | Deeksha         | Print        |
| 16.    | 1914019  | Deepak Kumar    | Print        |
| 17.    | 1914020  | Deepak Mehra    | Pret         |
| 18.    | 1914021  | Dinesh Gautam   | Premt        |
| 19.    | 1914022  | Divya Sharma    | Brant        |
| 20.    | 1914023  | Gautam Singh    | Prent        |
| 21.    | 1914024  | Gayatri Yadav   | Bunt         |
| 22.    | 1914025  | Hiteshi Thakur  | Prime        |
| 23.    | 1914027  | Jatinder kaur   | Print        |
| 24.    | 1914028  | Jenish Kumar    | Brent        |

| 25. | 1914029 | Jyotsana         | frent- |
|-----|---------|------------------|--------|
| 26. | 1914030 | Kavita Chaudhary | free   |
| 27. | 1914031 | Komal            | Some   |
| 28. | 1914032 | KritikaDulal     | Rent   |
| 29. | 1914033 | Lalit            | Prent  |
| 30. | 1914034 | Manisha Nanda    | Prent  |
| 31. | 1914035 | Mamta            | Prent  |
| 32. | 1914036 | Mamta            | Price  |

SIGNATURE OF SUBJECT INCHARGE

Dr. (Mrs.) Jyoti Sarin PRINCIPAL Maharishi Markardeshwar College of Nursing Maharishi Markandeshwar (Deemed to be 1994) Mullana-Ambala, Haryana-India, 130207

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Mullana



# MaharishiMarkandeshwa

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(Deemed to be University)



" <u>NSS</u> "

Report

on

"NATIONAL VOTER'S DAY"



Date: 25th January, 2018

Programme Co-ordinator:-

Er. Karan Aggarwal (Unit-5)

Programme officer:

Dr. Neeraj Shama

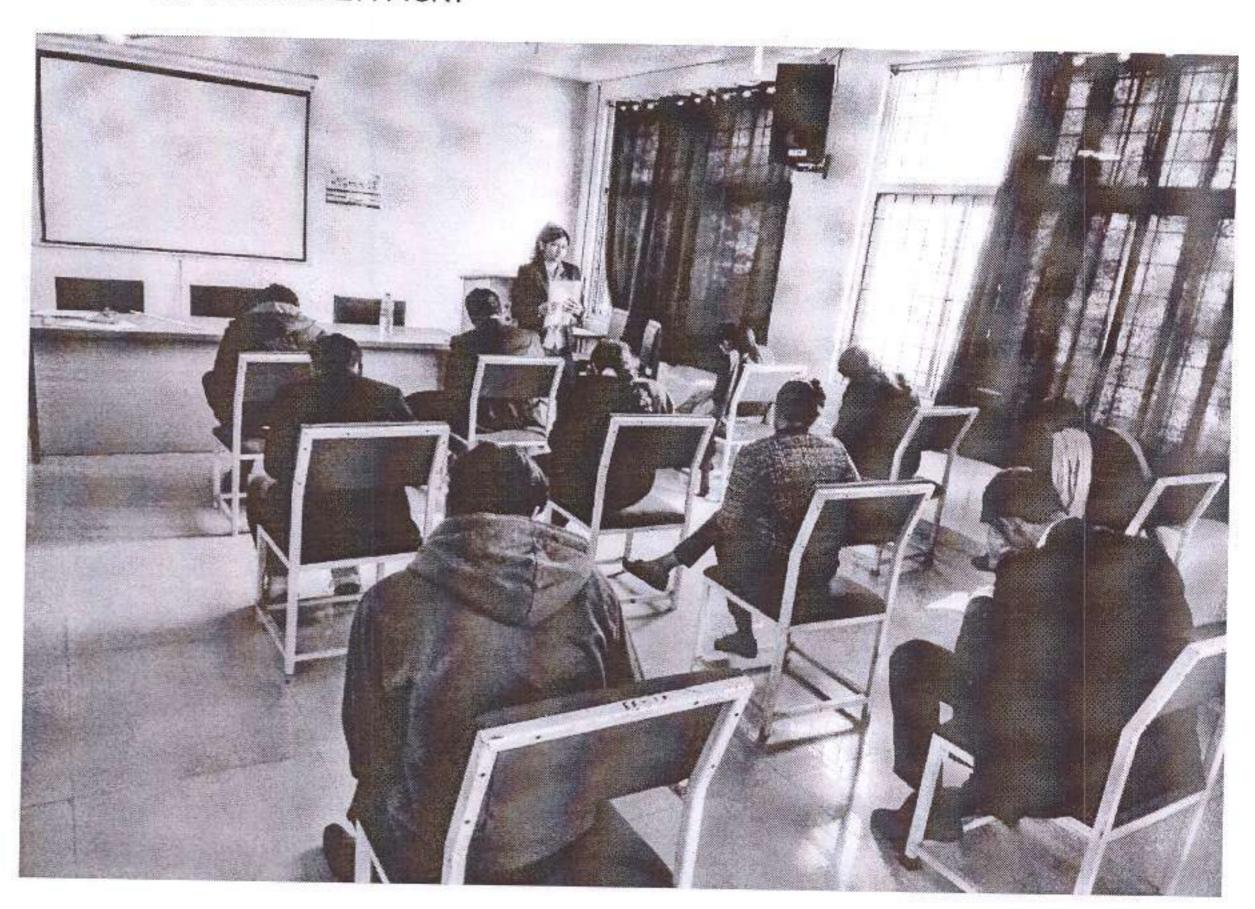
Er. Adesh Tripathi

NSS Unit 2 &3 has celebrated National Voter's Day on 25th January 2018 at Budhiyan Village. The following events were organized on that day:

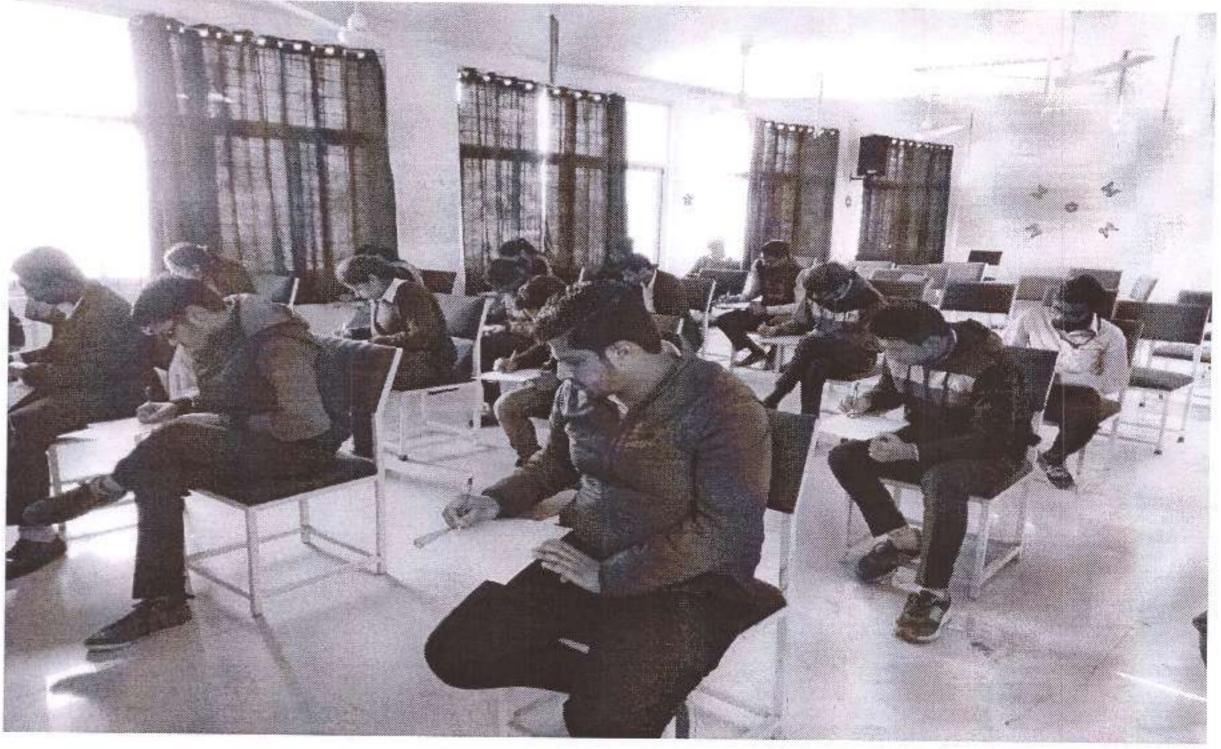
- 1. Essay Writing Competition
- 2. Rally

A total of one hundred sixty five (165) students took part in these events. Judgement of Essay Writing Competition was done by Hon'ble Dr. Rajshree Khare, HOD Chemistry Dept. and Coordinator of Fine Arts along with Dr. Parminder Kaur, HOD ECE Dept.

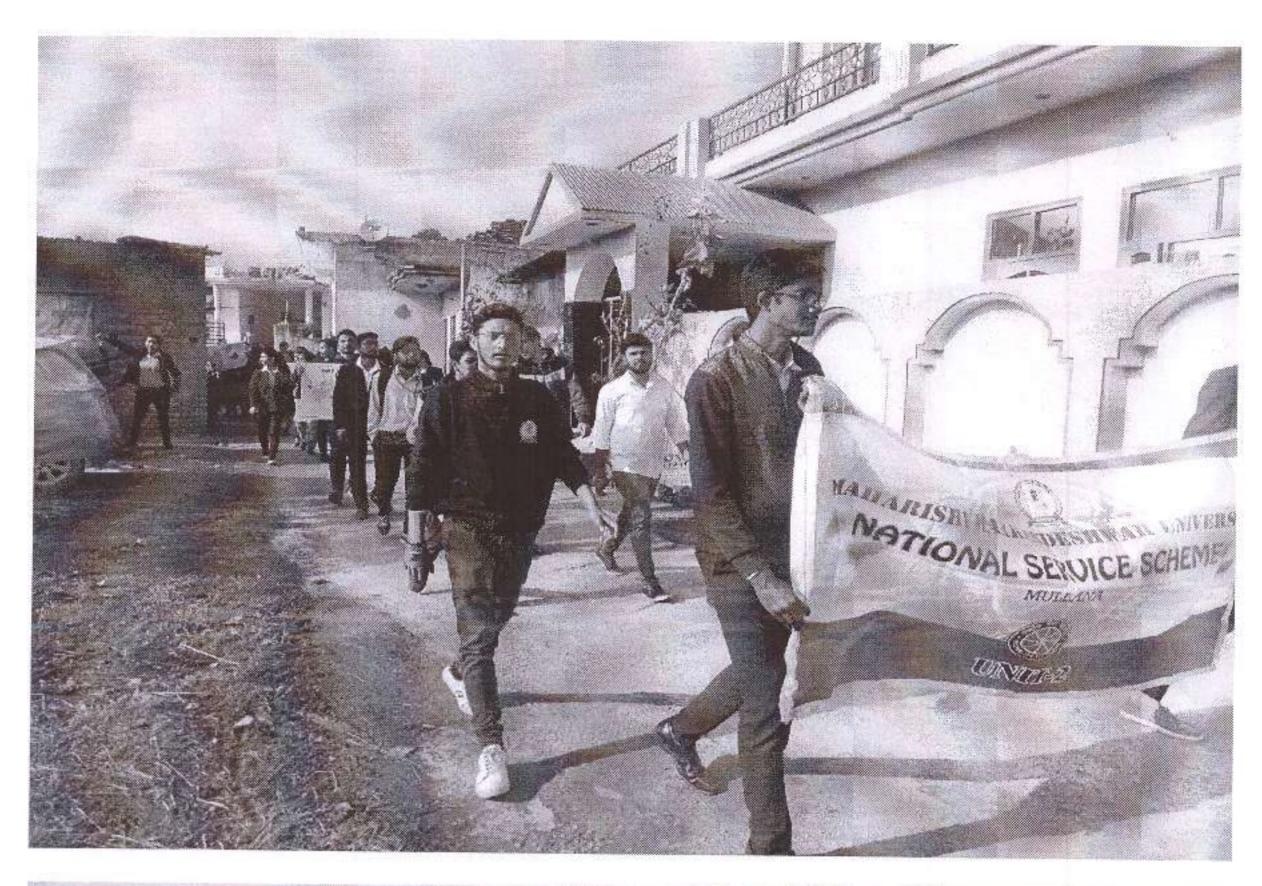
## ESSAY WRITING COMPETITION:

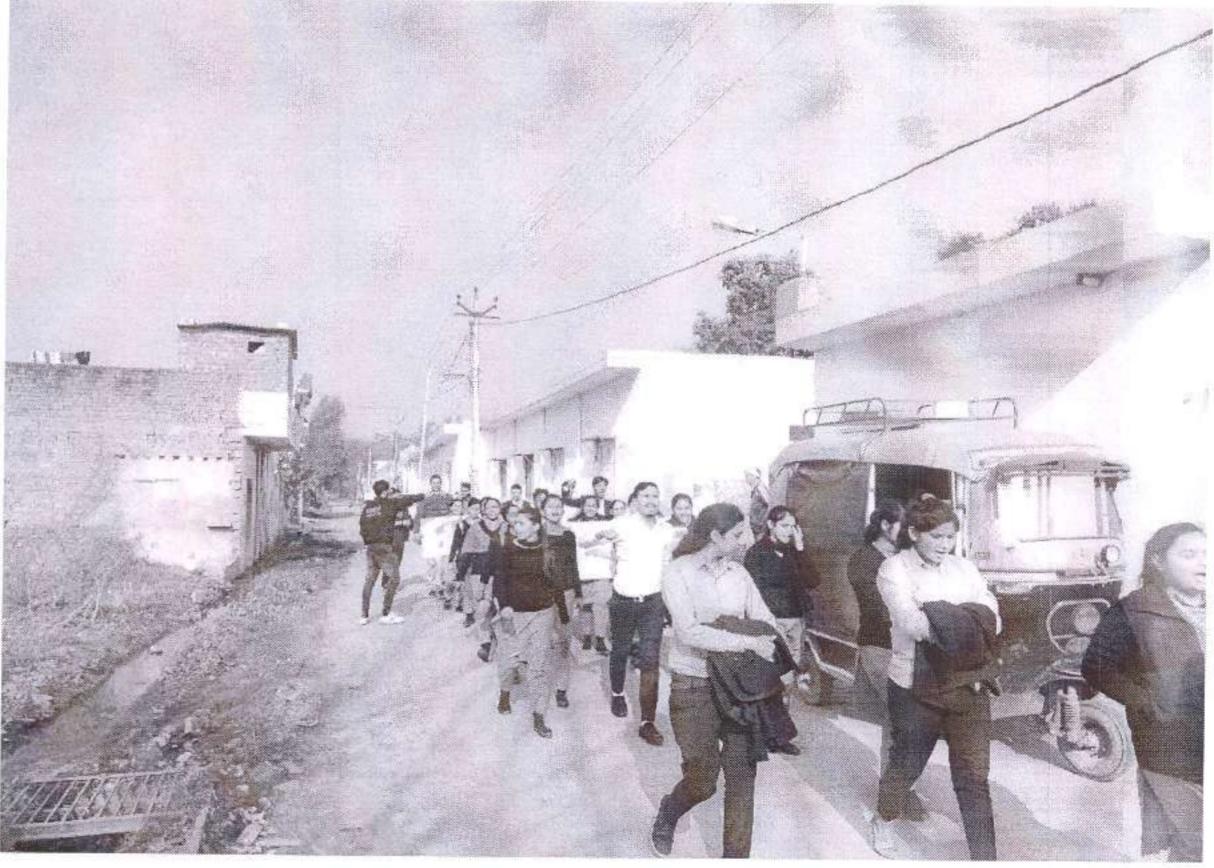






Rally:







News Coverage on Voter's Day (25-01-2018)

# मत का सही प्रयोग करने की विद्यार्थियों ने ली शपथ



एमएम यूनिवर्सिटी में मतदाता दिवस पर आयोजित कार्यक्रम में भाग लेते विद्यार्थी। अस्य उम्म

अधर उजाला व्यूरो अंबाला केट/सिटी।

गण्टीय मतदाता दिलस के तपलक्ष्य पर स्कूल, कालंज व अन्य संस्थानों में विद्यार्थियों को बोट के महत्त्व के बारे में विस्तार से जानकारी दी गई। इसके साथ ही विद्यार्थियों को मत का सभी प्रयोग करने की शपथ भी दिलवाई गई।

कल्यना चायला महिला बहुतकनीकी संस्थान में राष्ट्रीय मनदाता विक्रम के अवसर पर समारोह में प्रतिभागियों को संबंधित को संबंधित करते हुए डीमी शरणदीप कीर बगड़ ने सभी को मनदाता सूची में नाम दर्ज कराने व मनदान करने का आखान किया। उन्होंने कहा कि हमारे देश में एक व्यक्ति एक बोट के सिद्धांत के अनुरूप हर नाग्रंतक को जाति, धर्म, बंग, लिंग, आर्थिक स्थित आदिय के भेदपावक के विना मनदान करने का अधिकार पायत है।

#### मतदाता दिवस के उपलक्ष्य घर कार्यक्रम आयोजित

राजकीय स्वातिकार महादिशाल्य में विद्यार्थियां को प्राथार्थ पूजन करन हा रजना मेहर, इ. अतुल थावट प्रो. पुनन प्रा सचिता व अच्य ने विद्यार रखत हुए सर्वाधिकार के सहस्य को बहाया। सन्ध ही विद्यार्थियों ने स्वतंत्र स्वप से कलांस्कार का प्रयोग करने की श्राप्य ही।

द एसडी विद्या स्कूल में प्रचार नील इंडजीत कीर संयु ने विकायियों को मन के महत्त्व को अमझाने हुए दिवायियों को मनास्थित का प्रयोग करने का शहरा

इंडियन पहिलक स्कूल में प्राचार्य मजमात करकड़ ने दिशार्थियों को मत के महत्व को बारे में विशार्थियों का विस्तार से आनकारी दी और दिशार्थियों को मत का प्रधान करने की सप्य दिलकई।

्रसए जैन पीजी **क**लिज में प्रकार आना इसन और डा सरेश दाहा ने विद्यागित शो farest #

द्य नगाल गाली कार्य कार्य न महारह राष्ट्र स्टूर्ण में प्राथमान को सह के सहका वें से बतावा और साम स्टूर्ण प्रदोग कर वें को बतावा जिसकार

न्सनीवर कीएवी मीजिवह संक्षेत्रक पा का प्रकृत में भावाचे अस्त्रार पूर्व ने व्यक्त पुत्राओं की उन्द्रा तीर का विक्रमा करना के उम्म वर्ष में मत्त्रक सम्बद्ध हो विशाविद्य का वे क गाँ। प्रकृत करने की शास विक्रमाई

कर्ष भारकहरू । शिक्ष हो। विशेष । मुलानो में एनएसएस स्वयंक्ष कर के दूर सम्द्रीय मानका दिवस का आसीतान दिवस स्वया कृष्यानि तरका रहना आने का पुराधान के विकास की स्वास हा स्वर्थ माने क्षांस्थान के दिवस । सेन को क्षांस्थान है जिस्स ।

Amar Ujala (26-01-2018)

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