



# Maharishi Markandeshwar (Deemed to be University) Mullana-Ambala, Haryana (India)

(NAAC Accredited Grade 'A++' University)  
Website: [www.mmumullana.org](http://www.mmumullana.org)



## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “CLEANLINESS DRIVE”

Date: 7 Feb, 2025

NSS PROGRAMME CO-ORDINATOR :  
DR. ADESH KUMAR TRIPATHI

Student Coordinator :  
Surya Partap, Swastikansh Arya, Sneha, Niharika

A cleanliness drive was organised with the NSS volunteers of the Department of Management and the Institute of Computer Technology and Business Management. Approximately 50 volunteers from NSS-MM (DU) participated in the drive. The volunteers clean the University's nearby areas with great spirit and collect the garbage in the biodegradable disposal bags, then dispose of them all in the garbage collection vans.





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Cleanliness Drive”

**DATE:** 23<sup>rd</sup> Sept, 2024

**NSS PROGRAMME CO-ORDINATOR:**  
**DR. ADESH KUMAR TRIPATHI**

**Student Coordinator:**  
**Surya Partap**

The volunteers of NSS-MM(DU) from the Institute of Computer Technology & Business Management organised a Cleanliness drive nearby the university on the theme of Swachata hi sewa hai. The volunteers gather the garbage in the biodegradable disposable bags and dispose the garbage in the nearby garbage bin. And promote the theme Swachata hi sewa hai.





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Culture of integrity for Nations Prosperity”

DATE: 28<sup>th</sup> Oct, 2024

NSS PROGRAMME CO-ORDINATOR:  
DR. ADESH KUMAR TRIPATHI & DR. ANUJ MALIK

Student Coordinator:  
Surya Partap

The Team of NSS-MM(DU) has organised a speech competition on the theme of Culture of Integrity for Nations' Prosperity. On this theme, the volunteers prepare their speeches and present their own perception, which includes the knowledge, history, and various allied subjects that help the students to identify the importance of integrity.





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Ek Bharat Shresth Bharat”

Date : 28<sup>th</sup> Oct, 2024

NSS PROGRAMME CO-ORDINATOR :  
DR. ADESH KUMAR TRIPATHI

Student Coordinator :  
Surya Partap, Sashank sharma, Khushpreet Kaur

On the theme of Ek Bharat Shresth Bharat the Team of NSS- MM(DU) has organised a Poster making competition. The rules of the competition were simple : A team could only include 2 members and a team will be given only 70 minutes to make a poster on the theme of “Ek Bharat Shresth Bharat”. The results of the event were

- 1<sup>st</sup> Position: (Rajesh, Mukul)
- 2<sup>nd</sup> Position: (Naveen, Priya)
- 3<sup>rd</sup> Position: (Khushi, Muskan)





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “MATRIBHASHA UTSAV”

Date : 21<sup>st</sup> Feb, 2025

NSS PROGRAMME CO-ORDINATOR :  
DR. ADESH KUMAR TRIPATHI

Student Coordinator :  
Surya Partap, Priyansh Dubey, Kanika

On the occasion of Matribhasha Utsav, the Volunteers of NSS- MM (DU) celebrated the day by organizing a rangoli competition in the Department of B.Sc. Sciences. The rules of the event were simple: a team of four members can participate, in they have to make a rangoli within 1 hour on the theme of Matribhasha utsav. In the event, more than 12 teams participated in which the results were.

- 1<sup>st</sup> Position: Team 5 (Khushi, Naina, Prerna, Khushi)  
2<sup>nd</sup> Position: Team 3 (Harsh, Muskan, Aanchal, Riya)  
3<sup>rd</sup> Position: Team 2 (Niharika, Sneha, Pratistha, Anshul)





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Memory Boosting Activity”

Date: 2<sup>nd</sup> May, 2025

**SPEAKER:**  
**DR. PRAVEEN**

**NSS PROGRAMME CO-ORDINATOR:**  
**DR. ADESH KUMAR TRIPATHI**

**Student Coordinator:**  
**Surya Partap, Kanika, Priyansh**

The Team of NSS MM(DU) has organised a memory boosting activity session in which our speaker Dr. Praveen has given the participated volunteers different question answer rounds and also different pictures quiz and mathematical questions which makes a persons memory boost over number of times by day to day practice.







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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Sahaj Yoga Session”

Date : 24<sup>th</sup> Mar, 2025

**SPEAKER'S:**  
**MS. BABITA BHANOT & MS. REENA ARORA**

**NSS PROGRAMME CO-ORDINATOR :**  
**DR. ADESH KUMAR TRIPATHI**

**Student Coordinator :**  
**Surya Partap, Niharika, Saneha**

The Team of NSS-MM(DU) has organised a session of the sahaj yoga in which the speaker Ms. Babita Bhanot and Ms. Reena Arora told the various methods of meditation and spiritual cultivation to the students in which they told how a person can avoid various things from the day to day life like avoid using more phones and try to read books for calm growth and also build habits like gardening, animal welfare which will create positive energy in the body and help us to grow in a way of positivity.





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Save Environment”

Date : 6<sup>th</sup> Mar, 2025

NSS PROGRAMME CO-ORDINATOR :  
DR. ADESH KUMAR TRIPATHI

Student Coordinator :  
Surya Partap, Niharika, Saneha

On the theme of save environment NSS- MM(DU) has organised a Rangoli Competition with the Volunteers of the Institute of Management. With the simple rules : A team of 4 Volunteers can participate and they have to make a rangoli within 1 hour on the theme “Save Environment”. About 10 Teams participated in the event and among them the results were.

- 1<sup>st</sup> Position: Team 7 ( Pushkar, Karan, Harpreet, Kushal)  
2<sup>nd</sup> Position: Team 4 (Neha, Ramya, Nancy, Mukul)  
3<sup>rd</sup> Position: Team 2 (Sachin, Sneha, Khushi, Manish)





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Say No To Drugs”

Date : 16<sup>th</sup> Sept, 2024

NSS PROGRAMME CO-ORDINATOR :  
DR. ADESH KUMAR TRIPATHI

Student Coordinator :  
Surya Partap

The Team of NSS- MM(DU) has organised a Poster Making activity on the theme of Say no to drugs in which the volunteers make posters which stand with the term Say No To Drugs. In the activity all the volunteers take part with full energy.





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## NATIONAL SERVICE SCHEME (NSS)

### “NSS” REPORT “Say No to Plastic”

DATE: 11<sup>th</sup> Nov, 2024

NSS PROGRAMME CO-ORDINATOR:  
DR. ADESH KUMAR TRIPATHI & DR. ANUJ MALIK

Student Coordinator:  
Surya Partap

The Team of NSS-MM(DU) has organised a Poster making Activity on the theme of Say No to Plastic with the Volunteers of the Institute of Computer Technology and Business Management. The volunteers build up their teams and also present their art on a solo level in which they represent different artworks with some sketch works, some pencil shades and also crayon art to make their posters.

