



**M.M. COLLEGE OF PHARMACY**  
MAHARISHI MARKANDESHWAR UNIVERSITY, MULLANA- 133207  
(Deemed University established under section 3 of UGC, act 1956)  
(NAAC Accredited Grade 'A' University)



**BLOOD DONATION CAMP**

To celebrate the Founder's Day as a regular tradition, M.M. College of Pharmacy participated in a Blood donation drive on September 11, 2016. The donation drive was inaugurated by the Sh. Tarsem Garg, Chancellor of M.M. University Trust followed by staff members and students. 13 volunteers came forward to donate blood during the drive. The blood donors were given fruits and juice after donating the blood in order to reenergize them. The blood donors were provided with a blood donation certificate.



MMCP VISION: "Providing technical and practice oriented pharmacy education to prepare students with attributes to meet the need of industry and society"

MMCP MISSION: To develop best technically competent pharmacy professionals by inculcating desired attributes in them for meeting industry demands. \* To make best pharmacists who can practice pharmacy to become effective team member of healthcare system and provide optimum pharmaceutical care solutions. \* Promotion of useful and innovative research to contribute in development of nation and global society.

*[Signature]*  
Principal  
M.M. College of Pharmacy  
Maharishi Markandeshwar  
(Deemed to be University)  
Mullana-133207 (Ambala) H.P.



## SWACHH BHARAT ABHIYAN REPORT



EK KADAM SWACHHATA KI ORE

**Swachh Bharat Abhiyan** is a cleanliness campaign run by the government of India and initiated by the Honorable Prime Minister, Narendra Modi. It is a most important topic which our kids and students must know and be aware of this mission. It is a general topic which students are generally given in their schools/colleges to write or say something on Swachh Bharat or Swachh Bharat Abhiyan.

The intensive national cleanliness campaign started from 25th September 2014. The Honorable Prime Minister said it is our social responsibility as citizens of India to help fulfil Mahatma Gandhi's vision of Clean India, by his 150<sup>th</sup> birth anniversary in 2019. As a responsible citizen, we at M.M. College of Pharmacy, M.M. University considering it as our moral duty had organized a Cleanliness Campaign "SWACHHTA ABHIYAN" on 11<sup>th</sup> September 2016. Principal Dr. Vipin Saini emphasized the importance of the mission of "Swachh Bharat" to all the staff-members and Students of MMCP and hence made them aware about the "SWACHH BHARAT" mass movement.

All the staff members and students took part in the cleanliness drive. They spread awareness about sanitation and cleanliness at the nearby villages.

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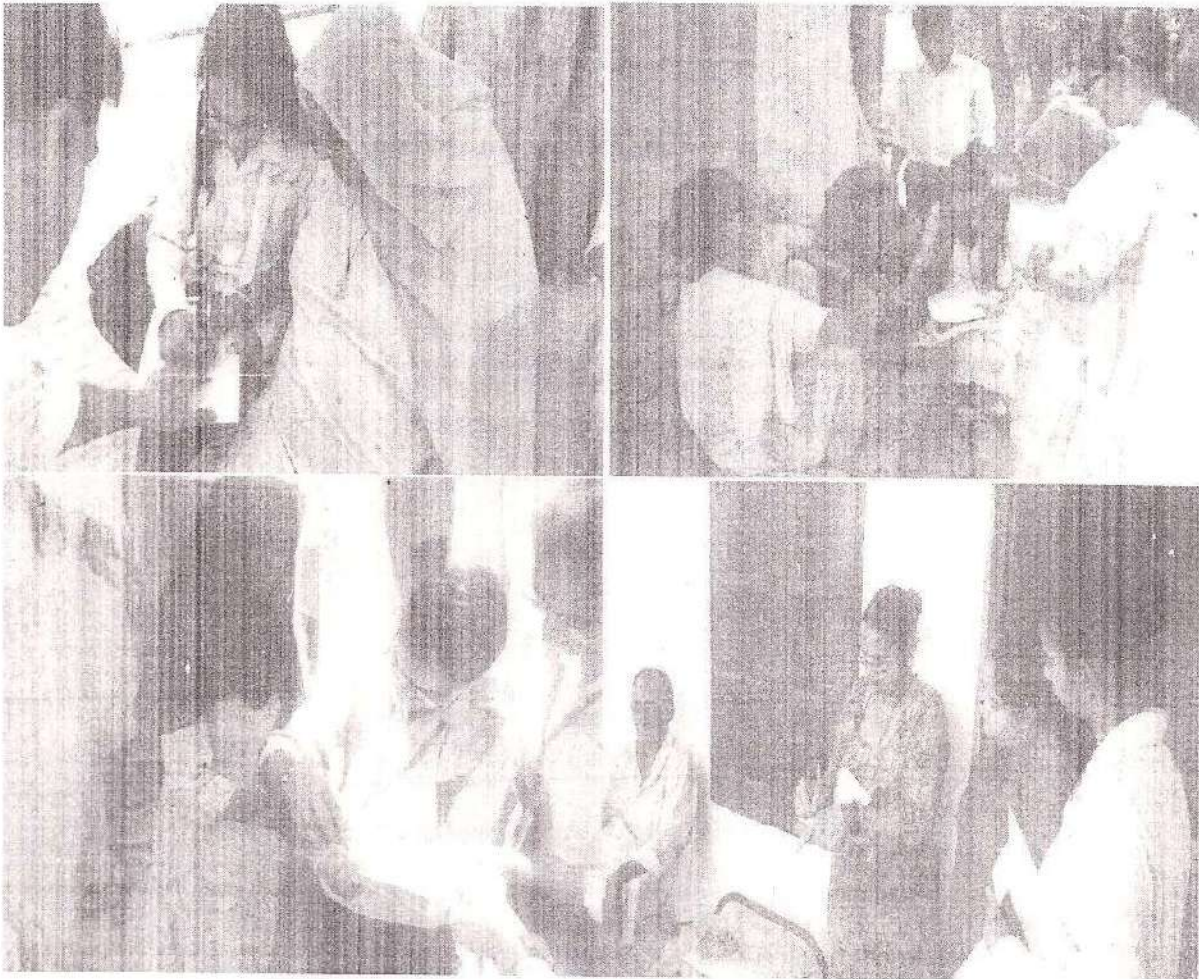


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**Digital India and women empowerment**

M.M. College of Pharmacy organised an awareness camp on Digital India & Women Empowerment on 17<sup>th</sup> April 2017 in nearby village area. In the Camp a team of students (Pharm D 2<sup>nd</sup> year) campaigned door to door and made villagers aware about the digital payment methods. The Students informed villagers about different methods of payment transfer like adding money to paytm from Bank or vice versa, How to operate UPI for money transfer for Smart phones & Feature phones. The Camp ended with giving motivation to females of village about importance of education, awareness and women empowerment



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 Mullana-133207 (Ambala) Haryana

**M.M. INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "WORLD ALZHEIMER'S DAY"**

B.SC.(Nursing)3<sup>rd</sup> year students of M.M. Institute of Nursing organized awareness programme on "WORLD ALZHEIMER DAY" Under the supervision and guidance of Ms. Manpreet (clinical instructor), on 21<sup>st</sup> September 2016. The theme of World Alzheimer day was "REMBER ME" . 4 students prepared the AV aids, 2 students were in arrangements, 4 students participated in charts explanation. The awareness covered the area such as containing the information regarding the definition, causes, sign and symptoms, prevention, management.

**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt the health practices to maintain health in old days. All the people are given the positive feedback for programme.



**VENUE:** Medicine ward Corridor , C - block .

**Arrangement:** Chairs for teachers, mats for audience.

**Date:** 21/September/2016



✓  23/9/16  
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Mullana (Ambala).

**M.M. INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "WORLD RABIES DAY"**

B.SC.(Nursing)2<sup>nd</sup> year students of M.M.Institute of Nursing organized awareness programme on "WORLD RABIES DAY" Under the supervision and guidance of Ms. Sheetal (clinical instructor), on 24<sup>th</sup> September 2016. The theme of World Rabies Day was "PROTECT YOUR SELF AND YOUR CARRING ANIMALS". Total 14 students were participated, 6 students prepared the AV aids, 5 students were in arrangements, 3 students participated in charts explanation. Charts containing the information of topic, theme, definition, sign and symptom, treatment and its prevention.




**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt that how we can create the healthy and protective environment. All the people gave positive feedback for programme.

**VENUE:** T.B CHEST WARD

**Arrangement:** Chairs for teachers, chairs+mats for audience.

**Date:** 24/September/2016

  
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**Mullana (Ambala)**

**M.M .INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "WORLD RABIES DAY"**

B.SC.(Nursing)2<sup>nd</sup> year students of M.M.Institute of Nursing organized awareness programme on "WORLD RABIES DAY" Under the supervision and guidance of Ms. Sheetal (clinical instructor), on 24<sup>th</sup> September 2016.The theme of World Rabies Day was "PROTECT YOUR SELF AND YOUR CARRING ANIMALS" .Total 14 students were participated ,6 students prepared the AV aids, 5 students were in arrangements,3 students participated in charts explanation. Charts containing the information of topic, theme, definition, sign and symptom, treatment and its prevention.




**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt that how we can create the healthy and protective environment. All the people gave positive feedback for programme.

**VENUE:** ANGANWADI, BENGALU MOHALA

**Arrangement:** Chairs for teachers, chairs+mats for audience.

**Date:** 24/September/2016

  
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Mullana (Ambala)

**M.M .INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "WORLD HEART DAY"**

B.SC.(Nursing)2<sup>nd</sup> year students of M.M.Institute of Nursing organized awareness programme on "WORLD HEART DAY" Under the supervision and guidance of Ms. Jasbir Kaur (clinical instructor), on 29<sup>th</sup> September 2016.The theme of World Heart Day was "CREATING HEART-HEALTHY ENVIRONMENT" .Total 14 students were participated ,6 students prepared the AV aids, 5 students were in arrangements,3 students participated in charts explanation. Charts containing the information of topic, theme, diet pyramid, foods to avoid, heart healthy habits, heart related diseases and their prevention.




**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt that how we can create the heart healthy environment. All the people gave positive feedback for programme.

**VENUE:** Surgery Ward Corridor , C - block .

**ARRANGEMENT:** Chairs for teachers, chairs+mats for audience.

**DATE:** 29/September/2016

  
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**M.M. INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "RASHTRIYA EKTA DIWAS"**

B.SC.(Nursing)2<sup>nd</sup> year students of M.M.Institute of Nursing organized a Rally on "RASHTRIYA EKTA DIWAS" Under the supervision and guidance of Ms. Priyanka (Assist Prof.) ,Ms. Jasbir Kaur (clinical instructor) and Ms. Navneet kaur on 5<sup>th</sup> November 2016. The theme of this celebration was "INTERGRATION OF INDIA". Rally was start from the petrol pump near M.M university to Budion Gwan. Total 40 students were participated, 20 students prepared the banners.







**FEEDBACK:** According to the audience, Rally was too motivating and inspiring, they convey the message of unity without any caste, creed in society All the people gave positive feedback for celebration..

**VENUE:** Budioyn Gwan.

**DATE:** 5/November/2016

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**M.M .INSTITUTE OF NURSING**

**MULLANA, AMBALA**

**REPORT OF GROUP PROJECT ON "WORLD'S AIDS DAY"**

B.Sc. (Nursing) 3rd year students of M.M. Institute of Nursing organized group project on "HIV AIDS" Under the supervision and guidance of Ms Anuja (Nursing Tutor), Ms. Charanjit kaur (Clinical Instructor) on 1st December 2016. The theme of group project was "HANDS UP FOR HIV PREVENTION". There were two group of students. One group of Students organized Awareness Programme in hospital and other group organised Seminar in college for B.Sc 1st year students. Total 40 students were participated. Out of which, 10 students participated in the role play, 2 students prepared AV aids, 3 students were in arrangements, 4 students participated in charts explanation. 25 charts were prepared including Definition, Causes, Sign and Symptoms, Prevention, Management and the remaining students participated in lecture discussion in college.

around 25 patients and their care giver had attended the group project.

**COMMITTEE MEMBERS:**

**LESSON PLAN : REFRESHMENT:** Jasmeet, ,Damini,Jaswinder

**ARRANGEMENT:** Kawaljit, Mehak,Neelam,Jasmeet,

**INVITATION:** Amanpreet, Karamanbir

**MEDIA:** Neelam, Mansi

**MONEY COLLECTION:** Jasmeet, Annu

**CHARTS:** Jyotsna,karamanbir,Gunjan, Jaswinder, kawaljeet,Mehak saini,Amanpreet,Inderpreet,Leena

**ROLEPLAY:** ,Annu, Bawandeep,Bharti, Damini,Jaswinder,Jyotsna,Mansi,Mehak, jyoti

**REPORT:** Bawandeep, Kajal

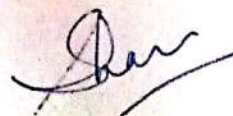
**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt the health practices to maintain health.

All the people gave positive feedback for programme.

**VENUE:** TB CHEST WARD

**Arrangement:** Chairs for teachers, patients and their care givers.

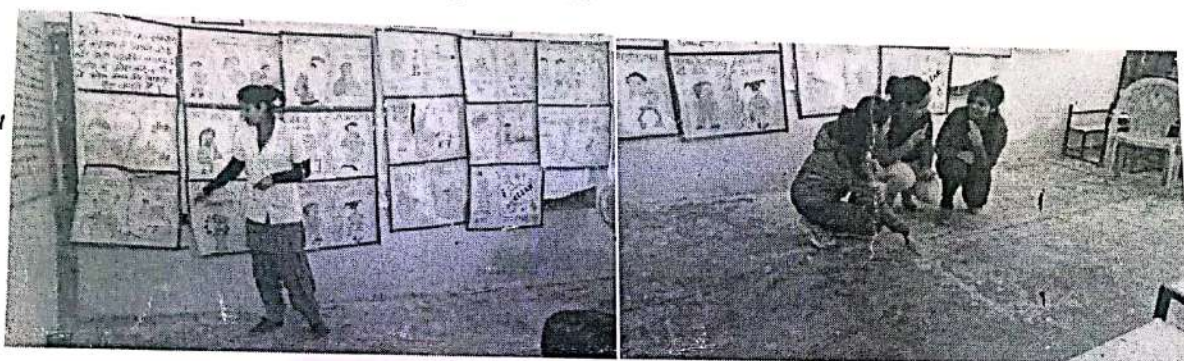
**Date:** 01/December/2016



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**M.M .INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "SCHOOL HEALTH PROGRAM"**

B.SC.(Nursing) 4<sup>th</sup> year students of M.M.Institute of Nursing organized School Health Program on "WORM INFESTATION" Under the supervision and guidance of Ms. Jasbir Kaur (clinical instructor), on 9<sup>th</sup> December 2016. Total 40 students were participated, 2 students made lesson plan, 7 students prepared the AV aids, 2 students invited all the faculty members of Govt. Primary School and MMIN, 15 students participated in role play, 2 students were narrator, 4 students were in arrangements, 3 students participated in charts explanation, 2 students did anthropometry measurement of school children and 3 students provided refreshments to school children and faculty. Charts containing the information of topic, definition, causes, sign & symptoms, diagnostic tests, management and prevention.



**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt that how we can prevent worm infestation. All the people gave positive feedback for programme.

**VENUE:** Govt Primary School (for girls), Duliani .

**ARRANGEMENT:** Chairs for teachers, desks for school children.

**DATE:** 9 December, 2016

*Jyoti*  
11/12/2016

M. M. Institute of Nursing  
Maharishi Markandeshwar University  
Mullana (Ambala)

# M. M. INSTITUTE OF NURSING, MULLANA (AMBALA) REPORT ON NSS ACTIVITY

B.Sc Nursing students of NSS Unit IV (M.M.Institute of Nursing &M.M.College of Nursing) organized an awareness program on "Importance of Cashless India" on December 24<sup>th</sup>, 2016.



TIME	VENUE	SUPERVISOR
9:00am Onwards	Sohana Village	<ul style="list-style-type: none"> <li>• Ms.Ramandeep Kaur (Nursing Tutor, M.M.I.N)</li> <li>• Mr.Bankim Chandra (Nursing Tutor, M.M.C.O.N)</li> <li>• Mr.Karan (Asstt.Prof. Dept of Engineering)</li> </ul>

After reaching at Village Sohana, program started with the speech of Mr. Karan(Asstt.Prof. Dept of Engineering).

After this a rally march was there by the students highlighting importance of cashless India. The program adjourned by 2:00 pm with the refreshment to the students.

*Kaur*  
27/12/16  
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Mullana (Ambala)

**M.M. INSTITUTE OF NURSING, MULLANA, AMBALA.**

**LIST OF NSS STUDENTS IN IMPORTANCE OF CASHLESS INDIA HELD ON 24<sup>TH</sup> DECEMBER 2016**

Sr.No.	NAME OF STUDENTS
1.	Kusum
2.	Manpreet
3.	Renu
4.	Smrirt
5.	Sonali
6.	Yashika
7.	Bindiya
8.	Eknoor
9.	Kavita
10.	Kulpreet

**M.M. INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "GROUP PROJECT"**

B.SC.(Nursing) 4<sup>th</sup> year students of M.M.Institute of Nursing organized Group project on "HYPERTENSION" Under the supervision and guidance of Ms. Jasbir Kaur (clinical instructor), on 5<sup>th</sup> January 2017. Total 20 students were participated, 1 student made lesson plan, 5 students prepared the AV aids, 1 student invited all the faculty members of MMIN, 10 students participated in role play, 1 student was narrator, 2 students participated in charts explanation, 2 students did height, weight & BP monitoring and 3 students provided refreshments to school children and faculty. Charts containing the information of topic, definition, causes, sign & symptoms, diagnostic tests, management and prevention.




**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt that how we can prevent hypertension. All the people gave positive feedback for group project.

**VENUE:** Anganwadi, Duliani.

**ARRANGEMENT:** Chairs for teachers, mat & chairs for audience.

**DATE:** 5 January, 2017.

  
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**Maharishi Markandeshwar Univer**  
**Mullana (Ambala)**

**MM INSTITUTE OF NURSING  
INTERNATIONAL WOMAN'S DAY  
FREEWOMEN HEALTH CHECK UP (REPORT)**

On the occasion of International Woman's Day, 2017 faculty & B.Sc nursing 2<sup>nd</sup> year students of M. M. Institute of Nursing organized a free Women Health Check-Up Camp in Budhiyon Village, Ambala on 8<sup>th</sup> March, 2017. The camp delivered the services of free women health check-up including History Collection, Physical Assessment (Basal Metabolic Index, Blood Pressure, Random Blood Sugar, Breast Examination and Referral to the MMIMSH&R Hospital) and screening for Sexually Transmitted Infections. The rural women from the village participated actively. One physician from medicine Department and one Lab Technician from MMIMSH&R facilitated the services actively.







Camp also included health Education On Hypertension with the help of chart explanation by B.Sc. Nursing 2<sup>nd</sup> Year students.

B.Sc Nursing 4<sup>th</sup> year students also performed the Nukard Natak with the theme of "women empowerment" in front of audience.

During the Health Assessment the finding of assessment are  
 BMI - Normal - 23, underweight - 14, overweight - 10, High  
 Blood Pressure - Normal - 47, Above Range - 1  
 Normal Blood Sugar to all the mother on the day  
 check up.

## List of Committees in Free Women Health Check-Up Camp

### Management & Registration

- Ms Priyanka (Assistant professor )
- Ms. Sonia & Ms. Jyoti
- Ms. Riya & Ms. Simaran
- Ms. Barkha & Ms. Ruchi

### BMI( Basal Metabolic Index)

- Ms Ramandeep kaur (nursing tutor)
- Ms. Komal Sharma & Ms. Kavita

### History Collection

- Ms Jyoti (Clinical instructor )
- Ms. Priyanka joon & Ms. Rajdeep

### BP, RBS(BP monitoring &, Random Blood Sugar)

- Ms Vipasha (clinical instructor )
- MS. Prabjot & Ms. Lakshita
- Ms. Rachna, mS. Ruby & Ms. Monika

### Breast Examination

- Ms Anuja (Nursing tutor)
- MS. Kumari Simpi , Ms. Priyanka devi & Ms. Prerana

### Referral

- Dr Traun
- Ms. Bandana (clinical instructor)

The Camp ended with the thanks speech to the management of MMIMSH&R for facilitating us to organize the free women health check-up camp in Budhio Village, Ambala.

### Suggestion for further improvement

Security guard for Girls security

Medicine for distribution

  
9/3/17  
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**M.M. INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "GROUP PROJECT"  
MISCONCEPTIONS OF MENTAL ILLNESS**

B.SC.(Nursing) 3rd year students of M.M.Institute of Nursing organized Group project on "MISCONCEPTIONS OF MENTAL ILLNESS" under the supervision and guidance of Ms. Shalini(Nursing Tutor) & Ms. Charanjit Kaur (clinical instructor) on 29<sup>th</sup> March 2017. Total 40 students arranged group project, made lesson plan, prepared the AV aids, invited all the faculty members of IMHI. Students also participated in role play, act as narrator, participated in charts explanation and provided refreshments to community people and faculty. Charts pertaining to information creating awareness among people regarding Misconceptions of Mental Illness were displayed.





**SPECIAL ATTRACTION:** The successful completion of this group project was a unique experience for students and they achieved a better knowledge about Misconceptions of Mental illness. Role play done creating awareness of misconceptions of Mental illness among people. Around 35 of people gathered to visit the role play. Students explained charts efficiently. The information which students got during this group project was essential to their future.

**COMMITTEE:**

**SCRIPT WRITER: BSc NURSING 3rdYEAR**

• **NARATOR:** Simranjeet Kaur

**FAMILY 1**

- **MOTHER:** Neha Saini
- **SON:** Aman
- **HUSBAND:** Anu
- **DAUGHTER:** Bharti
- **SON 2 :** Mehak Sharma

**FAMILY 2**

- **MOTHER:** Dumini
- **SON:** Mansi

- **TEACHER :** Jasmeet Kaur
- **DOCTOR:** Leena
- **NURSE:** Mehak Saini
- **QUACKS:** Jyoti and Pooja

**CHART EXPLANATION BY:**

- Talvinder
- Renu
- Gunjan
- Ravinder
- Jyotsana
- Neha Singh
- Sakshi
- Simranjeet Kaur
- Sweaty

**MANAGEMENT AND REFRESHMENT**

- Inder
- Neelam
- Pooja
- Jaswinder
- Lovepreet
- Kajal
- Priyanka
- Sakshi
- Sheetal Shalini
- Sonia Gupta
- Rima Rana
- Shikhadeep

**REPORT**

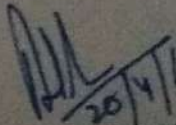
- Shruti Sharma
- Shikhadeep
- Riya Raghwa
- Navdeep

**FEEDBACK:** According to the audience, Programme was too motivating and inspiring. They learn the misconception of Mental illness. All the people gave positive feedback for group project.

**VENUE:** INSTITUTE OF MENTAL HEALTH AND HOSPITAL, AGRA.

**ARRANGEMENT:** Chairs for Teachers, Mat & Chairs for audience.

**DATE:** 29<sup>th</sup> March, 2017.

  
20/4/17  
**PRINCIPAL,**  
**Principal**  
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**Maharishi Bari, Ashwari U**  
**Mullana (Agra)**

**M.M .INSTITUTE OF NURSING  
MULLANA, AMBALA  
GROUP PROJECT ON WORLD HEALTH DAY**

**THEME – ‘DEPRESSION -LET’S TALK’**

B.Sc. Nursing 3<sup>rd</sup> year students conducted a group project on Depression on 7th April 2017 under the supervision of Ms. Anuja Sharma (Nursing tutor) to educate the patients about Depression, Causes, Sign and Symptoms and Prevention. All the students of B.Sc. Nursing 3<sup>rd</sup> year participated in this group project. Students participated in role play, act as narrator, participated in chart explanation and provided refreshment to the group. Charts pertaining to information creating awareness among people regarding causes, sign and symptoms, treatment and prevention of Depression.

The theme for the group project was ‘Depression -Let’s Talk’.



A handwritten signature in black ink, appearing to be 'D. S.', written over a blue ink stamp.

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**SPECIAL ATTRACTION:** successful completion of this group project was a unique experience for the students and they achieved a better knowledge about depression. Role play done creating awareness of depression. Students explained charts efficiently and information which they got during this group project will help them in their future.

Around 50 patients and their care giver had attended the group project.

#### COMMITTEES MEMBERS

##### INVITATION COMMITTEE

- Shikhadeep
- Shurti

##### COLLECTION COMMITTEE

- Mansi
- Mehak Sharma

##### CHART MAKING COMMITTEE

- Amanpreet
- Annu
- Bharti
- Damini
- Gunjan
- Jyotsna
- Karamanbir
- Kawaljit
- Leena
- Sonia pal



Maharishi Markandeshwar  
University



**National Service Scheme  
7 Day and Night Camp**

UNIT-3,4&5

15<sup>th</sup> -21<sup>st</sup> April, 2017

at

Seembla Village

Principal  
M. M. Institute of Nursing  
Maharishi Markandeshwar University  
Mullana (Ambala)

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# National Service Scheme

## Objective-

The broad objective of NSS are to:-

1. Understand the community in which they work.
2. Understand themselves in relation to their community.
3. Identify the needs and problems of the community and involve them in problem Process.
4. Develop among themselves a sense of social and civil responsibility.
5. Utilize their knowledge in findings practical solution to individual and community.
6. Gain skills in mobilizing community participation.
7. Acquire leadership qualities and democractic attitude.
8. Develop capacity o meet emergencies and natural diasters.

## THE MOTTO:-

The motto or watchword of the NSS is: '**NOT ME BUT YOU**'. This reflects the essence of democratic living and upholds the need for selfless service and Appreciation of the other person's point of view and also to show consideration For fellow human beings. It underlines that the welfare of an individual is ultimately Dependent on the welfare of society on the whole. Therefore, it should be the aim Of the NSS to demonstrate this motto in its day-to-day programme.

## **Objective of NSS Programme:-**

**The primary objective of the special camping programme are:-**

1. Making education more relevant to the present situation to meet the felt needs of the communities and supplement the education of University/ Colleges/School students by bringing them face to face with the community situation.
2. To provide opportunities to students to play their due roles in the implement of various development "programme by planning and executing development projects, which not only help in creating durable community assets in rural areas and slums but also result in improvement of the condition of weaker sections of the communities.
3. Encouraging youth to participate enthusiastically in the process of national development, and promote national integration through democratic living and cooperative action.

## **Schedule of 7 day & night NSS Camp:**

**15<sup>th</sup> April 2017:** Inauguration of the camp & visit the village .

**16<sup>th</sup> April 2017:** Surveying the village and drawing competition.

**17<sup>th</sup> April 2017:** Awareness on Digital India and Women empowerment and Discussion about their problems.

**18<sup>th</sup> April 2017:** Awareness Rally and Nukkad natak .

**19<sup>th</sup> April 2017:** Dental Checkup

**20<sup>th</sup> April 2017:** Medical Camp in Village

**21<sup>st</sup> April 2017:** Valedictory Function.

# Morning Session

We started each day with prayer and speech of one hour from 8:20 AM in the morning in the government school and take a step toward the cleanliness and then move ahead.



## Day 1<sup>st</sup> (15<sup>th</sup> April): Inauguration

### शिविर में दी डिजीटल इंडिया योजना की जानकारी

बराह, 16 अप्रैल (शुक्र)। भारत के राष्ट्रपति श्री नरेंद्र मोदी के नेतृत्व में 7 दिवसीय शिविर शिविर का आयोजन किया गया। शिविर युनिवर्सिटी के कुलपति श्री नरेश कुमार शर्मा, कोषाध्यक्ष विजय शर्मा एवं प्रिंसिपल के.डी.के. शर्मा के निदेशानुसार किया गया। शिविर का सम्पूर्ण कार्यक्रम एक घण्टा में ही सम्पन्न हुआ। शिविर का उद्देश्य डिजिटल इंडिया की योजना के माध्यम से छात्रों को जानकारी देना है।

शिविर में डॉ. जयदीप शर्मा के अध्यक्षता में एक सत्र का आयोजन किया गया। डॉ. शर्मा ने डिजिटल इंडिया की योजना के माध्यम से छात्रों को जानकारी देना है। शिविर में डॉ. शर्मा ने डिजिटल इंडिया की योजना के माध्यम से छात्रों को जानकारी देना है। शिविर में डॉ. शर्मा ने डिजिटल इंडिया की योजना के माध्यम से छात्रों को जानकारी देना है।



उद्घाटन समारोह में उपस्थित छात्रों एवं शिक्षकों।

On First day of 7 day NSS camp we started with morning activities including prayer and morning walk. After the morning activities NSS camp was inaugurated at Seminar Hall in the presence of respected Chief guest Dean student Welfare Dr. J.K.Sharma, Dr. Anil Sharma (H.O.D. BIOTECH), Er. Karan Aggarwal (Programme coordinator, NSS), Mr. Bankim and all our NSS Unit 3,4&5 volunteers.

Mon, 17 April 2017  
apaper.punjabkesari.in/c/18374895

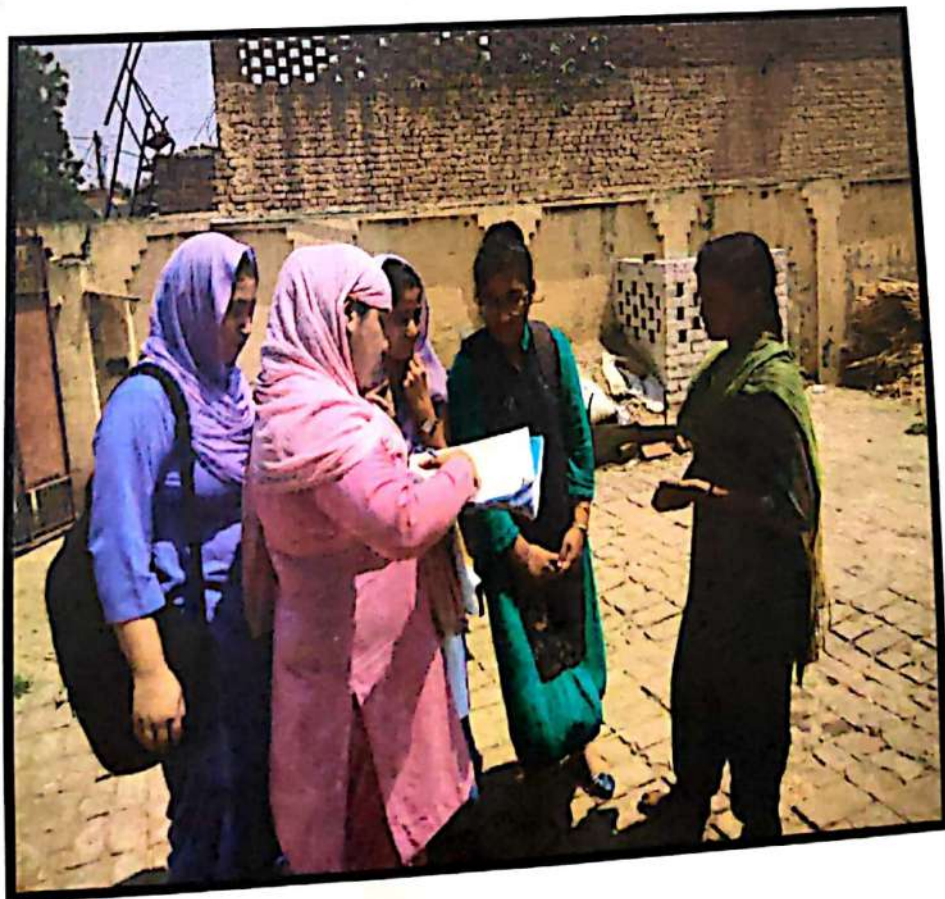
Our volunteers went to the adopted village. They did cleanliness drive there and then went out in the village for general talk. In the general talk we got divided into groups and discovered various problems of villagers. After the camp we planned to solve those hindrances and hurdles and their personal problems. At that time our program officer Er. Karan Aggarwal, Mrs. Ramandeep, Mrs. Simarjeet and Mr. Bankim were also present there.



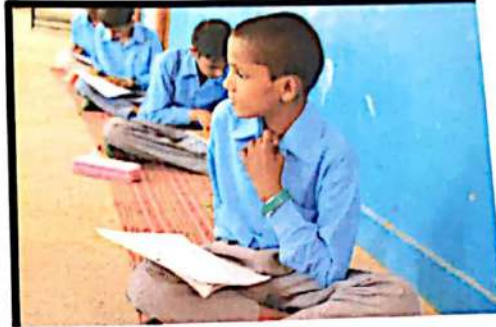
## Day 2 (16<sup>th</sup> April 2017)

On secondary went to Seembla village . Volunteers done the survey and aware them for Digital India and the Government Scheme for the girls child education and their welfare. Volunteers also give the information about educated girls or women in the home to the villagers . In the survey volunteers collect information about girls child education status and adhaar is linked with bank account or not .





## Drawing Competition



# Women Empowerment

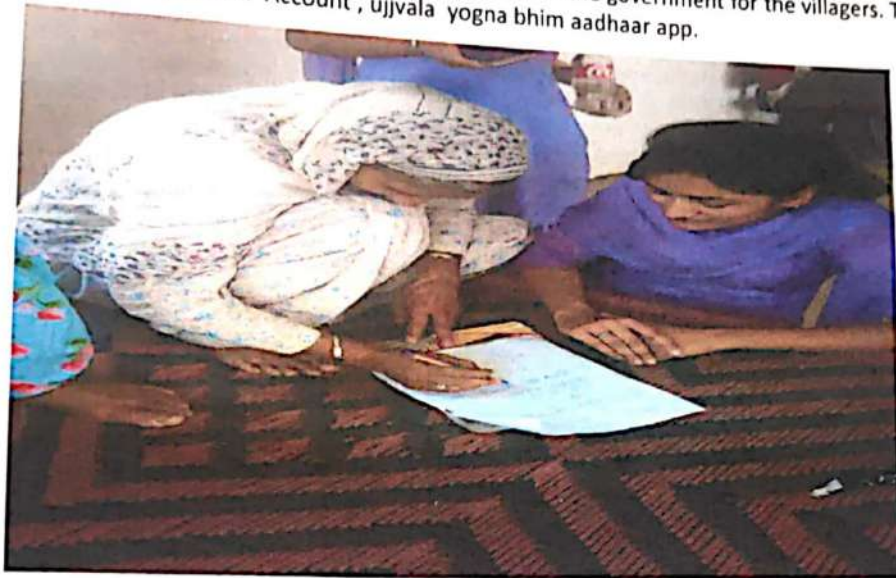
- National Women's Policy, 2001 to be revised
- Review of family laws by High Level Committee, report submitted, expert consultations have commenced
- Revamp Rashtriya Mahila Kosh, synergise with Bharatiya Mahila Bank
- Linking skills with employment, through the STEP programme, and in partnership with the private sector
- Awards for exceptional contributions by women, at district and State levels, to be presented on International Women's Day
- Extending PM's initiative of "Make in India": Linking women artisans to the market through exclusive "Women of India" stores

15



## Day 3<sup>rd</sup> (17<sup>th</sup> APRIL, 2017)

On third day our Volunteers went to the village and aware the people about the Cleanliness, Digital India, women empowerment and try to make a sign. Our volunteers also give the information about the free schemes of the government for the villagers. That is Sukanya Samridhi Account, Ujjwala Yojna, Bhim Aadhaar app.






## Day 4<sup>th</sup> (19<sup>th</sup> April, 2017)

Day 4<sup>th</sup> was the day of our whole NSS group face to face interaction with the villagers and for that we organised a Rally in the village. We started our rally from "Government school" And covered the whole village spreading awareness with full dedication and enthusiasm. Our aim was to spread the message about the Problems regarding **Girls Education, Cleanliness, Intoxication** etc. Our main slogan and motto was **Beti Bachao Beti Padhao**. Our volunteers actively participated in the rally. Also our emphasis Was to spread the message regarding the harmful effects of **Smoking**.



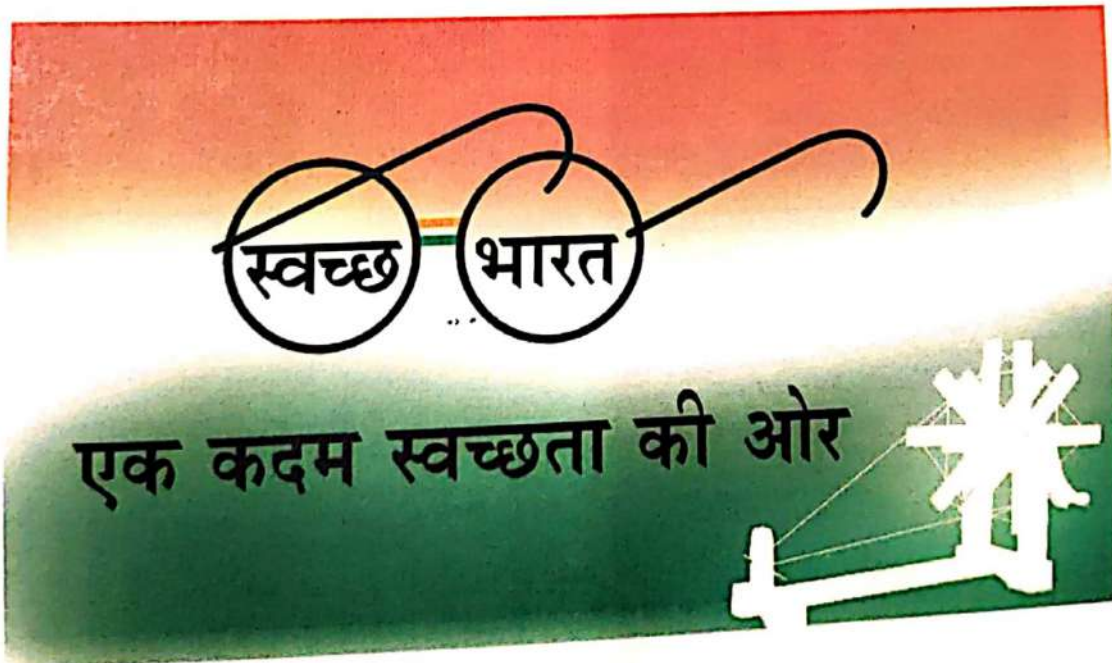
## SLOGANS



**Green city clean city,  
My dream city.**

हम सब का एक ही नारा,  
साफ सुथरा हो देश हमारा.

ग्यालिपडित.com



स्वच्छ भारत

एक कदम स्वच्छता की ओर

करें हम ऐसा काम,  
बनी रहेगी देश की शान.

[www.funandlike.com](http://www.funandlike.com)

## Nukkad Natak





## Day 5<sup>TH</sup> (19<sup>th</sup> April, 2017)

This day we organised a **Dental camp** in the village and we call the people for the Dental check-up. Doctors have given a short lecture on the cleanliness of teeth and how to minimize the problems of teeth to the school student who has come for the check-up. Our volunteers aware the villagers about the iodine day. Our volunteers also given the short lecture to the school student about the Iodine Day. At that time our Program Officers are also present their.







64 day  
Medical check up

Sr. No.	Patient Name	Age	Complaint
1	Shakti	50	complaint
2	...	...	...
3	...	...	...
4	...	...	...
5	...	...	...
6	...	...	...
7	...	...	...
8	...	...	...
9	...	...	...
10	...	...	...
11	...	...	...
12	...	...	...
13	...	...	...
14	...	...	...
15	...	...	...
16	...	...	...
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20	...	...	...
21	...	...	...
22	...	...	...
23	...	...	...
24	...	...	...
25	...	...	...
26	...	...	...
27	...	...	...
28	...	...	...
29	...	...	...
30	...	...	...

64 day  
Medical check up

Sr. No.	Patient Name	Age	Complaint
1)	Ramu Kali	75	Urlic acid
2)	Lokesh Mishra	63	BP and eyes
3)	Nandu	40	BP, gas
4)	Bhagwanti	45	Blood test
5)	Uma	60	Pain
6)	Peta	23	BP, Back pain
7)	Vinod datta	49	BP, Back, weakness
8)	Mangit ram	58	Lungs problem
9)	Dakshin	35	BP
10)	Kushpa	30	Pain
11)	Jashant	65	Stomach problem
12)	Hiravale Rani	70	Allergy
13)	Bala	40	Joint pain
14)	Arta Devi	75	Pain
15)	Pawan Kumar	38	BP, Sugar
16)	Shanti	65	Stomach problem
17)	Deep Chand	48	Back pain
18)	Sony Bala	50	Back pain
19)	Munnu	55	Eyes problem
20)	Bhagwanti	50	BP, pain and allergy
21)	Raj Rani	50	Knee pain
22)	Yashika	5	BP, Allergy
23)	Ram Latta	44	BP, Allergy
24)	...	...	...
25)	...	...	...
26)	...	...	...
27)	...	...	...
28)	...	...	...
29)	...	...	...
30)	...	...	...



Sl. No.	Patient Name	Age	Complaint
30)	Shubal	10	Normal check up
31)	Tamanna	8	Normal check up
32)	Dipansha	8	Normal check up
33)	Poojai	8	Normal check up
34)	Sitalam	8	Normal check up
35)	Ajju	8	Normal check up
36)	Ashya	8	Normal check up
37)	Naksha	8	Normal check up
38)	Rishi Anshu	8	Normal check up
39)	Tanu	8	Normal check up
40)	Asha Anam	10	Normal check up
41)	Pavani	65	Pain in arms, legs, balance, knee pain, fever
42)	Diya	50	Tailor, quivering and pain
43)	Samal	8	Weakness
44)	Rina	5	Sugar and foot pain
45)	Shikha	40	Normal check up
46)	Kanjana	11	Normal check up
47)	Disha	15	Normal check up
48)	Pooja	31	Swelling of stomach, pain
49)	Rita Batra	40	b.p., sugar
50)	Mandha	18	Sugar
51)	Swati	22	Swelling of feet, pain





**DAY 7<sup>TH</sup> ,21<sup>st</sup> April2017**

**VALEDICTORY DAY**

- Today we will do the compilation of our report.
- Brain storming.
- Valedictory function.

At the end we give our special thanks to our honourable guests, respected faculty members , volunteers and a very special thank to press and media.

**M.M. INSTITUTE OF NURSING, MULLANA (AMBALA)**

**REPORT OF**

**MASS AWARENESS PROGRAMME ON IMMUNIZATION**

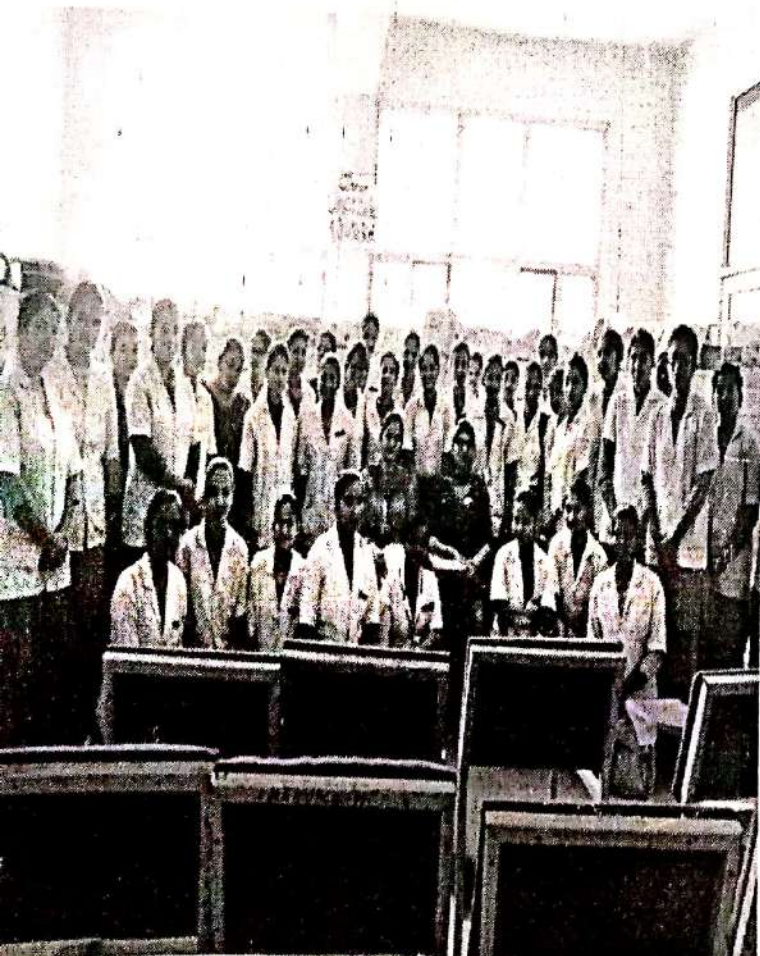
Students of B.Sc. Nursing 3rd year has organized a Mass Awareness Programme during Immunization week (24-30<sup>th</sup> April) under theme “**Vaccines work**” on 28<sup>th</sup> April 2017 in MMIMS&R Hospital (Mullana, Ambala) under the supervision of Mrs Manisha Mam. A role play and short educational chart explanation was done in front of patients and their relatives.

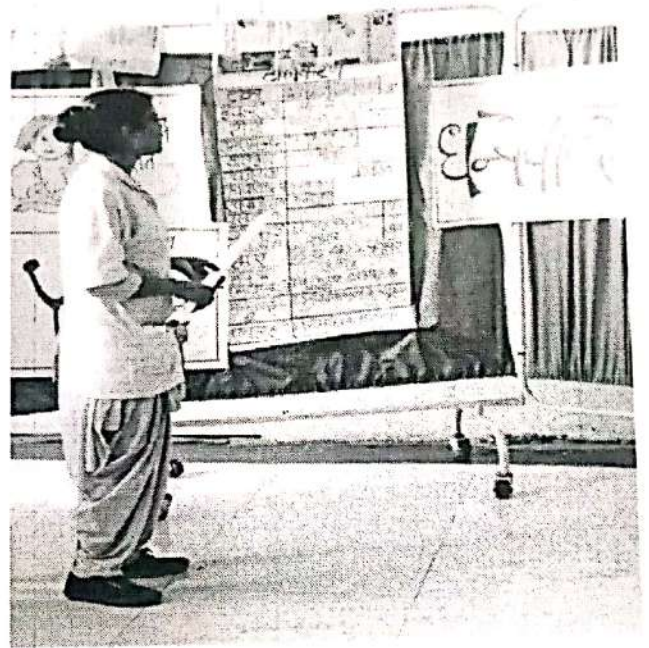
Total 40 students were participated, out of these, 10 students participated in the role play, 10 students prepared AV aids, 8 students were in arrangements, five students participated in charts explanations. 25 charts were prepared including definition, six killer diseases, immunization schedule for children, pregnant women and adults, adverse reactions and management.

Around 25 patients and their care giver had attended the group project.

**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt about the immunization to maintain health.

All the people gave positive feedback for programme.





## ACTIVITIES

- Role Play
- Health Education
- Refreshment

**VENUE:** Paediatrics ward

**TIME :** 10.00 am onwards

**SITTING ARRANGEMENTS:** Chairs for teachers and audience

  
6/5/17  
Principal

Principal  
Dr. M. Institute of Nursing  
Maharshi Markandeshwar University  
Murliena (Ambala)

# SCHOOL HEALTH PROGRAM

## INTRODUCTION-

Bsc. Nursing 4<sup>th</sup> year student did the School Health Programme on Stunted Growth. Malnutrition rate is high in school children due to stunted growth. We aware the school children and teacher about causes and prevention of stunted growth with the help of role play. School Health Programme is an integral part of community health. It is that phase of community health and family health services that promotes the wellbeing of the child his/her education for healthful living. School Health Programme can be a powerful influence for shaping health behavior.

Schools are densely populated places with many small children, who are one of the most vulnerable groups in the society. To reduce the vulnerability pativulaly for schools, school health programme is essential.



## **OBJECTIVES OF PROGRAMME:-**

1. To assess the students health from head to foot.
2. To provide general awaeness on prevention of stunted growth by using A.V. aids such as charts.
3. To conduct a role play.
4. To promote positive health.

**THEME:- “CRITICISM, LIKE STUNTED GROWTH SHOULD BE GENTLE ENOUGH TO NOURISH A MAN’S GROWTH WITHOUT DESTROYING HIS ROOTS.”**

**DATE:-** 28/09/2016

**VENUE:-** Govt.High School, Gola

**LANGUAGE:-** Hindi

## **COMMUNITY FIELD SUPERVISORS:**

- Ms. Uma Deaver
- Ms. Eenu
- Mr. Bankim
- Ms. Pooja Jaswal
- Ms. Annu Verma
- Ms. Jatinder
- Ms. Bhawna

## **TOTAL NO. OF GROUP MEMBERS:-**

Bsc. Nursing 4<sup>th</sup> Year students (1913065-1913106)

## **INCHARGES OF GROUP PROJECT:-**

- **Group Leader:** Pooja, Sunita
- **Treasurer:** Ramanjeet, Anjali
- **Invitation In Charges:** Parul, Savita
- **Content Making In Charge:** Sonia, Manju
- **A.V. Aids In Charges:** Kusum, Sunita
- **Role Play:** Manju, Kulwant, Parul, Ramanpreet, Priyanka, Punam, Savita, Pinki, Simranjeet, Anjali, Kajal, Virendra, Sufiyan
- **Refreshment In Charges:** Shweta, Rupinder
- **Narrator:** Pooja
- **Video And Photo Incharges:** Sonia, Sunita, Shweta
- **Chart Explanation:** Pinki, Kajal
- **Report Making In Charge:** Pinki, Virendra

## **GROUP:-**

There was approximately gathering of 80-100 members who include teachers and children of Gola High School.

## **PHASES:-**

### **[1] PRE SCHOOL HEALTH PROGRAMME:-**

On the previous day of the school health programme, we went to government high school, Gola, we met Mr. Principal Sir and seeks the permission for conducting school health programme on “STUNTED GROWTH” on 28<sup>th</sup> September 2016. We prepared all the A.V. Aids and did the rehearsal for role play and give the invitation to Principal Mam and all faculty member of M.M. college of Nursing for this programme.

## [2] SCHOOL HEALTH PROGRAMME:-

A School health programme on STUNTED GROWTH was conducted by 4<sup>th</sup> year students with the help of faculty members on 28<sup>th</sup> September, 2016 at the Government High School of Gola at 11:00 a.m. to 12:30 p.m.

**HEALTH ASSESSMENT:-** Health assessment is very important for infant, toddler, preschooler and for adult also. Height and weight is an index of persons continuing growth and development and measuring babies in home, clinic or children in school. In this school health programme, we assessed the:

- Height
- Weight
- BMI
- Any health problem

## ROLE PLAY:-

- Introduce about the topic Stunted Growth by the narrator
- Scene of Advertisement of milk on T.V. in the victim's house





- Scene of school (where teacher said to the victim to come with her mother on the next day)



- Scene of advertisement of Vidaya Balan on T.V. in the house



- Scene of school ( meeting of mother with the teacher and teacher tell about the school health programme on next day)



- Scene of school (where school health programme is going on)



- Chart explanation (on causes, sign & symptoms and prevention of Stunted Growth)



**REFRESHMENT:-** One pencil and one eraser is given to every student.

**VOTE OF THANKS:-** After role play and comments by the teachers. We thank to all teachers and students who carefully listen the role play and encouraging us to do these knowledgeable programme next time also.

### **SUMMARY AND CONCLUSION:-**

Because of this School Health Programme the School Children and teacher got enough knowledge regarding the Prevention of Stunted Growth. It was a knowledgeable and enriching experience, as the students got confidence in organizing the School Health Programme at community level.

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mulkana-Ambala, Haryana-India,130807

MMCON

Report  
On  
Role play

Submitted to:-  
Jyoti Maam  
(Nursing tutor)

*Jyoti*  
Submitted on:-  
18-10-16

Submitted By:-  
Group - 3  
Bsc(N) 3rd yr  
1914072-10-  
1914107.

# INTRODUCTION

र-पन्द और संतुलित आहार खाओ ।

और रोग दर घटाओ ॥

Food hygiene and Balance diet under the above started theme Role play is conducted by B.Sc(N) 3rd year students of MMCON at Arya Public School Mullana on "14 Oct 2016".

We are total 32 members. (Group-3)

Roll No      Name

1914072 → Ritu  
1914074 → Rubeen  
1914075 → Sechin  
1914076 → Sechin  
1914077 → Saravjeet  
1914078 → Sourabh  
1914079 → Sewite  
1914080 → Sikha  
1914081 → Shilpi  
1914082 → Shivani  
1914083 Subham.

Roll No.      Name

1914084 → Simran  
1914085 → Simran Dhalwal  
1914086 → Sonali  
1914087 → Sonia  
1914088 → Sarav.  
1914089 → Shriman Subham.  
1914091 → Naina  
1914092 → Sushma  
1914093 → Sweetsy  
1914094 → Tanya  
1914095 → Tanya Gandhi

Roll No →	Name	Roll No →	Name
1914096 →	Uma	1914105 →	Saima
1914097 →	Vestika	1914106 →	Veena
1914098 →	Vikram	1914107 →	Muskan.
1914099 →	Virendar.		
1914100 →	Priyanka		
1914102 →	Yavika		
1914104 →	Vidisha		

The project was carried out in Arjo Public School Mullana under the guidance of Ms Jyoti Phogat.

## Objective :->

To provide knowled to childrens regarding concept of "Food Hygiene and Balance Diet".

## PLANNING →

We decided to conduct a group project at the site of "Arjo Public School Mullana" on the topic of "Food Hygiene and Balance Diet".

On dated '14 oct 2016. We are the students of BSc(N) 3rd year come to the college at 8:30. We all were together in class room. We gave attendance to our

teacher. Then we go to school at Mullana and start our preparation.

Firstly we assess the suitable space for our role play. Then we clean the place after that we put the screen and attach the charts on the screen. Then we arrange mat for childrens and chairs for teachers. After that we arrange all necessary things on the stage then at 11:00 Am we started our role play.

## Organisation →

Group project is narrated by Sonali. She gave introduction about the topic to children (Audience) & teachers.

## INVITATION CARD →



दुस्काज = इसको फुड परसर्विंग हुई है जो कि अस्वस्थ  
 खाना खाने से होती है। इसलिए आपको इसको  
 स्वच्छ एवं संगठित आहार देना चाहिए।

### दूसरा दृश्य

एक परिवार -> इसमें माँ सुबह जल्दी उठ कर बच्चे  
 को अच्चे से तैयार कर, खाना - बनाकर स्कूल  
 भेजती है।

Shilpi - माँ आज क्या बनाया है।

वर्तिका - आह का पत्रों और बुझरा दीपक का

स्वप्ना भी उठ दिवा है।

दूसरा परिवार = इसमें माँ लेट उठती है और वह  
 अच्चे से खाना नहीं बना पाती, खाने को जला  
 देती है।

व सोनिया = ताज्या बैरा खाना खा लो चावल बनार है।

ताज्या = माँ, ये चावल जले हुए है।

सोनिया = बैरा में टी.वी देख रही थी, तो ये जल  
 गरा, मैं काल से ध्यान रखूंगी, आप आज  
 कार खाने में आप को जैसे देती हूँ।

### Narrator

देखा आप ने कैसे एक परिवार साफ और  
 स्वच्छ रहता है, और दूसरा स्वच्छ खाने का  
 बिल्कुल ध्यान नहीं रखता।


सारे बच्चे = स्वस्थ और संगठित आहार खाओ  
 सारे रोग दूर भगाओ।









  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana-India, 133207

# **M.M.C.O.N**

**REPORT  
OF  
SCHOOL HEALTH PROGRAM  
ON  
PREVENTION OF ROAD ACCIDENT**



**SUBMITTED TO:**

**MS.UMA DEAVAR**

**(Professor & HOD)**

**(Community Health Nursing)**

**SUBMITTED BY:**

**Group 2<sup>nd</sup> BSc (N) 4<sup>th</sup> yr**

**(Community Health Nursing)**

## SCHOOL HEALTH PROGRAM

INTRODUCTION: As a part of our curriculum we B.Sc. Nursing 4<sup>th</sup> year students of M.M college of nursing Mullana (Ambala). Conducted a school health programme for the students of the govt. primary school, Nohini, Ambala.

DATE OF SCHOOL HEALTH PROGRAMME: The project was conducted on 2<sup>nd</sup> sept. 2016

TOPIC: PREVENTION OF ROAD ACCIDENT

THEME: SAFETY TOLD, LIFE IS GOLD

TIMING: 10:00 AM TO 1:00 PM

SUPERVISED BY:

MS.UMA DEEVER (Professor)

MS. MANJLI MAM (Assistant professor)

MS. EENU MAM (Assistant professor)

MS. POOJA MAM (Assistant professor)

MS. ANNU MAM (Nursing tutor)

CONDUCTED BY:

Group 2<sup>nd</sup> of BSc nursing 4<sup>th</sup> yr

Roll no. 1913035-64, 72-74 and 76

OBJECTIVES OF PROGRAMME:

1. To assess the student health from head to foot.
2. To provide general awareness on prevention of road accident by using A.V. aids such as chart.
3. To conduct a role play on prevention of road accident.

## SCHOOL HEALTH PROGRAMME

School health programme is an integral part of community health. It is that phase of community health and family health services that promotes the well being of the child and his education for healthful living. School health programme can be powerful influence for shaping health behavior. There is a unique opportunity to promote, maintain and improve health of well being. A good school health programme contributes to all educational objectives.



### **DEFENITION**

#### SCHOOL:

School is defined as an educational institution where group of pupils pursue defined studies at defined levels, receive instructions from one or more teacher, frequently interact with other officers and employees such as principal, various supervisors/instructors, maintenance staff etc. usually housed in a single building.

#### SCHOOL HEALTH:

School health refers to a state of complete physical, mental, social and spiritual well being and not merely the absence of disease or infirmity among pupils, teachers and other school personnel.

#### SCHOOL HEALTH SERVICES:

These are refers to need based comprehensive services rendered to pupils, teachers and other personnel in the school to promote and protect their health, prevent and control diseases and maintain their health.

## OBJECTIVES OF SCHOOL HEALTH SERVICES:

### School health services aim to:-

1. Impart knowledge among community people and students regarding road accidents
2. Give awareness about the road safety.
3. Prevent road accident and hazards.
4. provide protected and safe environment for the all around development of child's physical, mental, social and moral well being.
5. Increased the basic knowledge and skills of children about road traffic rules.

## ACTIVITY OF SCHOOL HEALTH SERVICES:

The activity of school health services includes all the aspects which help to achieve its aims and objectives. The activity is enlisted as under:

### (1)Preschool health programme activity:

On the previous day of school health program. We went to the government school of NOHINI where we meet the principal of that school and seek the permission for conducting school health programme on sept. 2<sup>nd</sup> 2016

### (2) School health programme activity:

- A school health programme was conducted by 2<sup>nd</sup> group of 4<sup>th</sup> yr with the help of faculty members on 2<sup>nd</sup> sept. 2016 at the government school of Nohini at 10:30 a.m. Programme include student health assessment, role play on road accident and health education on road accident.
- We had done thorough health check up for all those students who were studying in that school. We were being supervised by our teachers. Assisted and guided us throughout the program.
- We reached to the school at 10:00 a.m. where we carried all the items which were necessary for health checkups. We were divided into 3 groups and each group allotted responsibility of health checkups, assessing knowledge and role play arrangement.
- Thorough physical examination has been done by group of students from our class we arrange the venue for charts and role play.
- To make the programme effective, pencils and eraser were given to all the students after participation in the project.

1<sup>st</sup> scene: This scene tells about don't play on road or footpath.



2<sup>nd</sup> scene: This scene shows that accident occur due to over speed.





Students of B.Sc (N) 4<sup>th</sup> yr performing role play





Chart were explaining by Miss Manpreet(B.Sc 4<sup>th</sup>yr)







Gifts distributed to participant students



## EVALUATION OF THE PROGRAMME

As a part of field duty we were posted in Nohini village for 4 weeks. The experience in the school was a very enriching experience to us.

We could gain knowledge regarding to the school health, and the school health programme. We could gain skill in organizing and conducting school health programme.

We had done assessment of students in the school by calculating height and weight. And recorded the findings.

Health education programme was organized on the bases of the identified health problems.

## CONCLUSION OF THE PROGRAMME

- To plan and conducted the school health programme was a great experience for us. It was a successful programme as we could achieve our set objectives. Our special and sincere gratitude towards teachers for their esteemed guidance and support.
- We appreciate the support and facilities provided by the principal and staff of school.
- We explain our sincere thanks to one and all too helped us during the programme.

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana-India, 133007

ON 18-11-2016

## INTRODUCTION

B.Sc Nursing 4<sup>th</sup> year student did the School Health Programme on Fire Management. The morbidity and mortality rate is high in the school children due to accidental factor. We aware the school children and teacher about Accidental fire with the help of mock drill and preparation of accidental fire and what response of teachers and children during fire to prevent the casualties during school time with the help of chart booklet.

School health programme is an integral part of community health. It is that phase of community health and family service that promotes the wellbeing of the child his\her education for healthful living. School health programme can be a powerful influence for shaping health behavior.

School are densely populated places with many small children , who are one of the most vulnerable groups in the society. It has been proven time to time that during fire school and schools children's are the most affected. To reduce the vulnerability particularly for schools, it is important to have a school fire prevention and management plan.

### **OBJECTIVES OF PROGRAMME:**

1. To assess the students health from head to foot.
2. To provide general awareness on the fire management by using A.V. aids such as chart booklet.
3. To conduct a mock drill on the fire.

**THEME: FIRE SAFETY SAVES LIVES**

DATE: 18-11-2016

VENUE: Govt. High School, GOLA

LANGUAGE: HINDI

### **COMMUNITY FIELD SUPERVISORS:**

- Mrs. Uma Jebamani Deaver
- Mrs. Ennu
- Ms. Manjari
- Mr. Bankim
- Ms. Pooja Jaswal

- Ms. Annu
- Ms. Jitender Kaur
- Ms. Bhawna

**TOTAL NO.OF GROUP MEMBERS:**

B.Sc Nursing 4<sup>th</sup> year 34 students (1913001-1913034)

**INCHARGES OF GROUP PROJECT:**

- Group Leaders: Karman Kaur
- Invitation in Charges: Geetu and Harpreet
- A.V. Aids In Charges: Aarti, Diksha, Amanpreet, Ayush, Dheeraj, Anita, Abhinay, Diksha
- Mock Drill: Ankur, Avinash, Angela, Geetu, Jasneet, Gurpreet, Amanpreet, Ahrar, Karanpreet
- Refreshment In Charges: Dalip, Dinesh
- Narrators: Angela
- Video and Photo In Charges: Abhinay, Dheeraj, Ayush, aAmanpreet
- Report Making: Aarti, Anita

**GROUP:**

There was approximately gathering of 80-100 members who include teachers and children of Govt. High School GOLLA.

**PHASES:**

**[1]-PRE SCHOOL HEALTH PROGRAMME**

On that day of school health programme given the invitation to principal mam and all the faculty member of M.M College of Nursing for this programme .Then, we went to government high school Gola and seeks the permission for conducting school health programme on “FIRE MANAGEMENT” on 18<sup>th</sup>Nov 2016. We prepared and do the arrangement of all the A.V. Aids and did the rehearsal for mock drill.

**[2]- SCHOOL HEALTH PROGRAMME**

A school health programme on “FIRE MANAGEMENT” was conducted by 4<sup>th</sup> year students with the help of faculty member on 18 November 2016 at the Govt. High school of GOLLA at 10:00am to 1:00pm.

**HEALTH ASSESSMENT:**

We reached community at 10:00am where we carried all the articles which we were necessary for the health checkups. We had done health checkup for all those students

who were studying that school. In this we checked age group, height, weight, BMI, personal hygiene, health problem of the students.

Through physical examination and health assessment done of all the students.



Group members taking the height of school children.



Group members taking the weight of the children.

### **MOCK DRILL:**

After this we selected 6<sup>th</sup>-10<sup>th</sup> students for mock drill., one naughty children burn the cracker and throw in the dry grass which creates fire. After that divide the students into three groups in which first group know how to response during fire i.e some children throw water on the fire some throw sand on the fire and others bring the fire extinguisher, second group helps the small children to safe exit



Third group helps the injured children and provided the first aid services, call the ambulance and local community people help.

## HEALTH EDUCATION

We give the health education with the help of chart booklet.



The topics covered definition of fire, causes of fire, effect of fire and prevention and management of fire.



Angela and Bharti explained the charts.



School principal and Sanskrit teacher appreciated the group memb



and our Astt.proff. Ms.Manjari and Mr.Bankim Chandra nursing tutor (community health nursing department) given the comments on programme.

At the end of the programme cultural activities shown by the school children and our group mates.

Vote for thanks given by the whole group.



We distributed the pen to all the student said thanks for active participation.

We were being supervised by Ms.Pooja Jaswal (nursing tutor of community department) and helped us in making our programme a great success. We thankful to Mrs.Uma Deaver(HOD of community health nursing), Mrs.Ennu(Astt.proff.), Ms.Manjri Rana(Astt. Proff.) Mr. Bankim Chandra (nursing tutor), Ms. Jitender kaur and Ms.Bhawna Sharma(clinical instructors) are the faculty members who accepted our invitation and attended the programme and also helped us in making our programme a great success and guided us through out the programme.



## **POST SCHOOL HEALTH PROGRAMME:**

The programme got over at around 1:00pm and we gave our greetings and THANKS to all the faculty members of the school and we picked up all the articles and were back to the college. Make the report of the programme and submitted to our HOD Mam.

## **REMARKS:**

At the end of the Programme our teacher and School Principal and teachers has gave their feedback and praised the mock drill and said it is very useful information for student and teacher's to manage the fire accidents.

At the end of the programme the concerned community field supervisors also gave positive comments and given advises about how to overcome their minute mistakes.



At the end of the programme the students got a huge round of applause from audiences. This was a great credit to all the participants of this programme.

## **SUMMARY AND CONCLUSION:**

Because of this School Health Programme the School children and teacher got enough knowledge regarding the "FIRE MANAGEMENT". It was a knowledgeable and enriching experience, as the students got confidence in organizing the School Health Programme at community level.

ON 25-11-2016

## GROUP PROJECT ON HIV AIDS

### INTRODUCTION:

B. Sc Nursing 4th year students did the group project on HIV AIDS in GOLA village on 25-11-2016. We have organised this programme in ANGANWADI of this village. We aware the village people about the HIV AIDS definition, causes, sign and symptoms, prevention and treatment.



### OBJECTIVES OF THE PROGRAMME:-

- To assess the knowledge about the HIV AIDS of the group.
- To provide general awareness on causes, sign and symptoms, prevention and treatment of the HIV AIDS by using A.V. aids such as charts.
- To conduct a role play on HIV AIDS.

**THEME:- "ACCESS EQUITY RIGHT NOW"**


**DATE-25-11-2016**

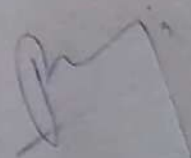
**VENUE-ANGANWADI GOLA VILLAGE**

**LANGUAGE-HINDI**

### COMMUNITY FIELD SUPERVISORS:

- Mrs. Uma Jebamani Deaver
- Mrs. Ennu
- Ms. Manjari
- Mr. Bankim
- Ms. Pooja Jaswal
- Ms. Annu
- Ms. Jitender Kaur
- Ms. Bhawna

  
Dr. (Mrs.) Jyoti Sami  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Wazirpur-Ambala, Haryana India 133007



## TOTAL NO.OF GROUP MEMBERS:



B. Sc Nursing 4<sup>th</sup> year 34 students (1913001-1913034)

## INCHARGES OF GROUP PROJECT:

- Invitation in Charges: Geetu and Harpreet
- A.V. Aids In Charges: Aarti, Diksha, Amanpreet, Ayush, Dheeraj, Anita, Abhinay, Diksha, Aarti, Deepak
- Role play: Ankur, Avinash, Angela, Geetu, Jasneet, Gurpreet, Amanpreet, Ahrar, Karanpreet, Dinesh
- Refreshment In Charges: Dalip, Refreshment
- Narrator: Angela
- Video and Photo In Charges: Dheeraj, Ayush, Amanpreet
- Report Making: Aarti, Anita
- Budget in charges: Dalwinder
- Charts explanation: Karman, Bharti, Angela

## PRE PROJECT ACTIVITY:-

On the previous day of group project we take permission of village Sarpanch for group project. And select the venue for group project.

## GROUP PROJECT ACTIVITY:-

The group takes the permission from the Anganwadi worker and made the arrangements for the project including sitting plan and putting charts etc.

After this we presented a role play on prevention of the HIV AIDS for the awareness of the village people.

### Primordial Prevention 1



Awareness regarding HIV AIDS

### Primary prevention :



We shown the causes of spreading HIV AIDS, in which the barber using the same blade on many people.

### Secondary prevention:





In this scene they had shown that how the person is infected with HIV infection And day to day sign and symptoms appear and due to lack of proper treatment the condition get worsen and the person died.

### **Tertiary prevention:**



Nurse taking the blood sample of the anaemic patient, doctor diagnosis new case of HIV AIDS.



Nurse is providing counselling and health education regarding the HIV AIDS.

**GROUP:** There was approximately gathering of 40-50 members who includes males and females and girls of 10th class of Govt. High School GOLA.

At the end of the group project we gave the refreshment to elderly people and respected teachers.

We have done this project under the supervision and guidance of Mrs. Uma J. Deaver (HOD), Mrs. Ennu (Asth. Professor), Ms. Manjari (Asth. Professor), Mr. Bankim (Nursing tutor), Ms. Pooja Jaswal (Nursing tutor), Ms. Annu (Nursing tutor), Ms. Jitender Kaur and Ms. Bhawna (clinical instructor).

### **CONCLUSION:**

We are posted at GOLA village for our rural community posting from 1-11-2016 to 30-11-2016. We were 32 students in number and 96 houses were allotted to all. From 1-11-2016 onwards these students visited their allotted houses and identified certain problems which were faced by community people.

The certain problems are hypertension, diabetes, diarrhea, stress, improper hygiene, arthritis, asthma and backache etc.

These students used various methods to tackle the problems like giving health education regarding certain disease aspects, showed all procedures like bag technique, urine analysis, under five assessment, yoga, hydrabadi mix, wound dressing etc.

We organized the role play in community area on topic HIV AIDS and also assess the knowledge of the community people and provide the health education and counseling regarding the HIV AIDS.

**MUMCON**

*Mullana, Ambala, Haryana*

***GROUP PROJECT REPORT***

***ON***

***ANTIVOLENCE AGAINST***

***WOMEN***

**BY:**

**MENTAL HEALTH NURSING**

**DEPARTMENT\_ 2016-17**

Mental Health Nursing Department of M.M.College of Nursing had conducted a group project on the topic ANTI VIOLENCE AGAINST WOMEN under the theme of “SHASHKAT NAARI” on 9<sup>th</sup> December, 2016,by MSc. Nursing first year. Three teachers are involved in the supervision of the group project. Number of students participated were 6. Objectives of the group project were to provide knowledge to the patients and their family members regarding the important all sorts of violence against women. Role play along with chart explanation was done and at last feedback was taken from the audience.



**M.M COLLEGE OF NURSING, MULLANA, AMBALA**

**DATE OF GROUP PROJECT:** 09/12/2016

**VENUE:** MMIMS&R Hospital, Mullana

**TIME:** 10:00 AM TO 11:00 AM

**NO. OF TEACHERS INVOLVED:** 03

**NO. OF STUDENTS:** 30

**THEME OF THE GROUP PROJECT:** "DENGUE"

**ACTIVITES:**

At first the introduction was given regarding the theme of Dengue "Jan Jan Ka Hai Ye Nara, Dengue Mukta Ho Desh Hamara" then a short role play was done. At last health education was given with the help of charts. Feedback was taken from participants as well as supervisors.

  
Dr. (Mrs.) Jyoti Sarin  
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Mullana-Ambala, Haryana-India, 133007

## **GROUP PROJECT REPORT ON ENVIRONMENTAL SENITATION**

B.Sc. Nursing 4<sup>th</sup> Year students did the Group Project on Environmental Sanitation. We aware the urban people regarding the Environmental Sanitation and how to prevent our environment from pollution.

Environmental Sanitation means the art and science of applying sanitary, biological and physical science principles and knowledge to improve and control the environment and factors there in for the protection of the health and the welfare of the public.

### **OBJECTIVES OF GROUP PROJECT-S**

- To assess the health status of Community People.
- To assess the health problem of Community People.
- To provide general awareness on anemia by using A.V. aids.
- To conduct role play on “Prevent our environment from pollution”.

### **THEME:-JOIN THE RACE TO MAKE WORLD A BETTER PLACE**

**DATE:-**17/01/2017

**VENUE:-** Shiv Mandir

**LANGUAGE:-**Hindi

### **COMMUNITY FIELD SUPERVISORS:**

- Ms. Uma Deaver
- Ms. Eenu
- Mr. Bankim
- Ms. Pooja Jaswal
- Ms. Annu Verma
- Ms. Jatinder

- Ms. Bhawna

## **TOTAL NO. OF GROUP MEMBERS:-**

Bsc. Nursing 4<sup>th</sup> Year students (1913069-1913106)

## **INCHARGES OF GROUP PROJECT:-**

- **Group Leader:** Parul
- **Treasurer:** Kusum, Sunita and Savita
- **Invitation In Charges:** Parul, Sonia
- **Content Making In Charge:** Pooja
- **A.V. Aids In Charges:** Kusum, Sunita
- **Role Play:** Virendra, Sufiyan, Rupinder, Parul, Suprit, Anjali, Kajal, Sonia, Manju, Pinki, Simranjeet, Kulwant, Samdeep, pinki
- **Refreshment In Charges:** Kusum, Sunita
- **Narrator:** Pooja
- **Video And Photo In charges:-** Shweta, Vikas
- **Chart Explanation:** Kajal, Parul, Anjali
- **Report Making In Charge:** Sonia

## **PARTICIPANT GROUP:-**

There was approximately gathering of 60-70 members who include teachers of MMCON, people of Deena ki Mandi.

## **PHASES:-**

### **[1] PRE GROUP PROJECT:-**

On the previous day of the Group Project, we surveyed the Urban Community Deena ki Mandi for conducting the Group Project, then we decided to conduct Group Project at Shiv Mandir in Deena ki Mandi. So, we met Pundit G and seeks the permission for conducting Group

Project on “ENVIRONMENTAL SANITATION” on 17<sup>TH</sup> Jan 2017. We prepared all the A.V. Aids and did the rehearsal for role play and give the invitation to Principal Mam and all faculty member of M.M. college of Nursing for this Group Project.

## [2] GROUP PROJECT:-

The Group Project on “ENVIRONMENTAL SANITATION” was conducted by 4<sup>th</sup> year students with the help of faculty members on 17<sup>th</sup>Jan, 2017 at the Shiv Mandir Deena ki Mandi Ambala Cantt at 11:00 a.m. to 12:30 p.m.

## ROLE PLAY:-

- Introduce about the topic “ENVIRONMENTAL SANITATION” by the narrator.



- Introduce the characters of the role play to the participant group.



- **Scene I**-it was about starting of earth. Soil, water and air are sitting together and they are very happy. Suddenly pollution came and said, I will pollute you, then three said we have man power.



➤ **Scene II**-After sometime, earth get polluted in many ways.



➤ **Scene III**-A lady wash clothes in the river and her husband said to throw the garbage in the river too. Their daughter came and stop them to do so.



➤ **Scene IV**-A father and daughter going to a road and father throw waste here and there. Meanwhile his daughter stop them to do so. After sometime, daughter saw a man cutting the tree, she stop him, but her father said it's none of your business.



➤ **Scene V**-Two ladies are sitting and gossiping meanwhile daughter of one of lady ask permission to go for open air defecation.

The another lady offer medicine to the lady and said your daughter going to be sick. The first lady ask why and then the lady reply if she is going for open air defecation, it will make her sick. She also explained the importance of toilet and maintaining hygiene.



- **Scene VI**-Soil, water and air are sitting sad and then pollution came and said I have broken your manpower and polluted you. Then two children came and said we will stop you pollution. And in this task we will be helped by tree, dustbins and chimneys. And finally, they kill the pollution and make earth pollution free.



- **Health education** on causes, sign & symptoms and how to prevent the environment from pollution was given.





**REFRESHMENT:-** One packet of biscuits is given to every village people, who were attended the Group Project.

**VOTE OF THANKS:-**After role play and comments by incharge of dharamshala and the people of Dena Ki Mandi. We thank to all teachers and community people, who carefully listen the role play and encouraging us to do these knowledgeable project next time also.



## SUMMARY AND CONCLUSION:-

- Because of this role play on “ENVIRONMENTAL SANITATION”, Community People got enough knowledge regarding how clean our environment. It was a knowledgeable as the Community people knew about environmental sanitation, its causes, sign & symptoms and how to prevent the environment from pollution.

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
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Maharshi Markandeshwar (Deemed to be University)  
Mukana-Ambala, Haryana-India, 136007

GROUP

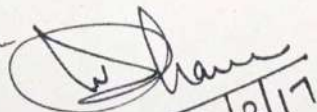
PROTECT

REPORT

ANTENATAL CARE

SUBMITTED TO:-

Mrs. Neetu ma'an  
Asst. Professor  
MMCON

  
30/3/17

SUBMITTED BY

Raj baharat  
1916212  
Post Basic Bsc (W)  
1st year.

SUBMITTED ON:- 22.3.17.

# Introduction

We are the students of P.B Bsc nursing 1st year conducted a role play on "Antenatal Care" at 11:30 AM at M. Hospital Mullaneer (Ambale) on the topic of

We invited CMO, staff members, doctors, clients relatives of the patient. Total gathering of people was around 80-100

## Settings =

Role play was held outside the maternity ward OPD near to registration centre.

# Brief Introduction of The topic

Safe motherhood encompasses a series of initiatives, practices, protocols, and services delivery guidelines designed to ensure that women receive high quality gynaecological, family planning, prenatal delivery and post partum care in order to achieve optimal health for the mother, fetus and infant during pregnancy.

## Objectives: =>

To enhance the quality and safety of girl and women's lives.

To improve women's health through social community and economic interventions.

## Components: =>

There are the three components: -

-

## INTRODUCTION

- We are the students of B.Sc. Nursing 2<sup>nd</sup> year Roll no [1915069-1915109], were posted at Barara village from 20<sup>th</sup> Feb, 2017 to 18<sup>th</sup> March, 2017 under supervisor of Ms. Annu verma, Mr. Bankim , Ms. Sonam, Ms. Shagun , Ms. Jitender. It was found that majority of people were at hypertensive. So, we performed role play on Hypertension.
- The date of group project was 17<sup>th</sup> march 2017. The invitation was given to principal and faculty members of M.M. College of Nursing.

## OBJECTIVES:

- To identify the people at risk of hypertension during community survey.
- To create among the community people regarding hypertension.

**DATE:** 17-03-2017

**VENUE:** Brara village

**LANGUAGE:** Hindi

**THEME:** "Healthy Diet, Healthy Blood Pressure"

**METHOD OF TEACHING:** Role play

## COMMUNITY FIELD SUPERVISORS

- Mrs. Uma Jebamani Deaver [HOD]
- Ms. Manjari rana [ASSISTANT PROFESSOR]
- Ms. Eenu [ASSISTANT PROFESSOR]
- Ms. Annu [NURSING TUTOR]
- Mr. Bankim [NURSING TUTOR]
- Ms. Jitender [CLINICAL INSTRUCTOR]
- Ms. Sonam [CLINICAL INSTRUCTOR]
- Ms. Shagun [CLINICAL INSTRUCTOR]
- Mr Rajan [CLINICAL INSTRUCTOR]

**TOTAL NUMBER OF GROUP MEMBERS :** 25 B.Sc. Nursing 2<sup>nd</sup> year students [1915069-1915109]

## INCHARGES OF GROUP PROJECT

- **GROUP LEADER:** Mr. Navneet Jaglan
- **LESSON PLAN :** Ms. Prabhjot kaur

- **A.V AIDS INCHARGE** : Ms. Prabhjot kaur, Ms. Navpeet, Ms. Ramneet, Ms. Ridhi, Ms. Prerna, Ms. Vini, Ms. Pinky, Ms. Nikita, Ms. Pooja, Ms. Priyanka chandel, Ms. Navjeet
- **ROLE PLAY**: Ms. Prabhjot kaur, Mr. Tushar, Mr. Navneet, Mr. Shakti, Mr. Shwet, Mr. Nissan, Mr. Rajeev, Ms. Benza, Ms. Sonia, Ms. Prerna, Ms. Ridhi
- **NARRATOR** : Ms. Shabnam, Ms. Sharan
- **VIDEO AND PHOTO INCHARGE** : Mr. Vikram, Ms. Shivani
- **REFRESHMENT INCHARGE** : Ms. Priyanka, Ms. Neha
- **CHART EXPLANATION** : Ms. Navjeet, Ms. Shalini, Ms. Sonia
- **REPORT MAKING** : Ms. Prabhjot kaur

## **GROUP**

There was approximately gathering of 30 community people who include house wives, young man, children, old women and young girls.

## **ROLE PLAY**

The main purpose of role play was to create awareness in the community people regarding hypertension.

A display of story is based on two family in the first family person is already suffered from hypertension and, in second family person was at the risk stage of hypertension. They take treatment from the doctor and attend health education given by the students of M.M. college of nursing.

## **MEMBERS**

### **Family 1**

- Tushar : Hari
- Shakti : Hari's friend
- Navneet : Hari's friend
- Shwet : Hari's friend
- Prerna : Hari's wife

### **Family 2**

- Nissan : husband
- Prabhjot : wife
- Benza : daughter
- Rajeev : brother in law

Prerna : ji hana didi m leke jati hu inhe

Kusum : bhut achi baat h ab aap bhut jldi theek ho jaoge..

## PROBLEM FACED

Main problem that was encountered that difficulty in finding suitable place for group project , gathering of people.



## SUMMARY AND CONCLUSION

By this role play community people got enough knowledge regarding hypertension . It was a knowledgeable and enriching experience as the students we got.



M.M. COLLEGE OF NURSING

GROUP PROJECT

REPORT

ON:

"PERSONAL HYGIENE"

DEPARTMENT: COMMUNITY HEALTH NURSING

SUBMITTED TO:

MS. EENU

(ASSISTANT PROFESSOR)

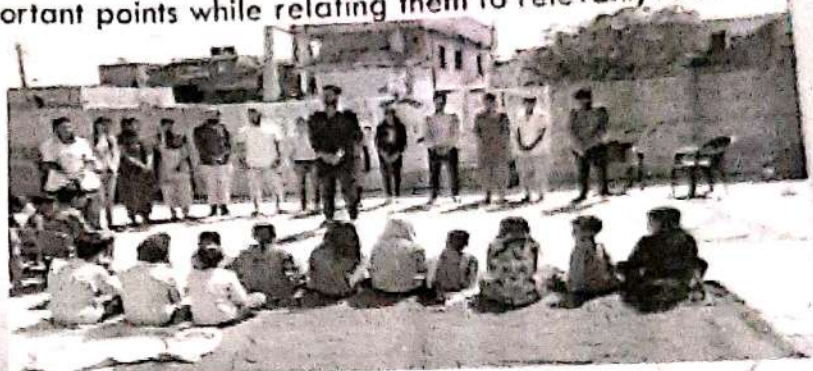
SUBMITTED BY:

GROUP B (1915034-68)

(B.SC(NSG), 2<sup>ND</sup> YEAR)

## INTRODUCTION

We are students of B.Sc nursing 2<sup>nd</sup> year, roll no. 34-68 were posted in Barara Village for community posting in rural area. The main aim was to educating the people regarding the personal hygiene. Thus the group project Topic was decided as the project has a theme of "TAKE A BATH, BRUSH YOUR TEETH, WASH YOUR HANDS, AND ALWAYS KEEP YOUR HEAD TO FOOT CLEAN" As a group, we want to address the important points while relating them to relevant, real life experience.



### • PLANNING:

- Our first step to meet the goal was to meet as a group. We utilized in-class meeting to get to know each other. We threw out ideas on what we were thinking and what other think about the personal hygiene. We divided the project in two sections: one in skit and one was charts explanation.
- After to play a skit, we selected the students who would play better and rest a skit, we selected the students who would play better and rest of the students organized the other activities such as invitation card, charts etc...
- During the session, some duties were re-assigned according to leader, division of several committees, and committees incharge , anchor. We split the group into several committees in order to done the work systematically and easily.

- The date of the group project was 17<sup>th</sup> march, 2017. All were invited for the group project Mrs. Uma, Ms. Eenu, Ms. Pooja, Ms. Annu, Ms. Manjari, Ms. Sonam, Mr. Bankim, Mr. Rajan, Ms. Shagun, Ms. Jitender were the coordinator of group project.
- The programme was started with the introductory speech, which was proceeded by the role play and charts explanation.

## • OBJECTIVES:

- To create awareness among the community people regarding personal hygiene
- To impart knowledge regarding the personal hygiene
- Date : 17<sup>th</sup> march 2017
- Venue : Aanganwadi, Barara
- Language : hindi , Haryanvi
- Time : 11:00a.m.-12:00pm

• Total number of group member- 34

• COMMUNITY FIELD SUPERVISOR- Ms. Eenu

Ms. Pooja

Ms. Sonam

## -INCHARGE OF ACTIVITIES :

Group leader- Komalveer

Content and report- kajal, Mansi

Invitation card- Mahira

Refreshment- Mohit, Narender

Narrator: kamal, Mandeep kaur

Skit committee: Jasleen, Jeevan, Meenakshi, Komal saini, Megha, Manish, Mandeep singh, Manpreet kaur, Jony, Jaspreet, Mahira

Chart committee: Jaswinder, kulwinder, lovepreet, jesika, manu, kulpreet, manpreet, monika, jaspreet, karamveer, mehak, komal

Photos and vedios: Kajal, Komalveer

## • GROUP.

- There was approximately gathering of 30-35 people which included marginalized children, school going children, house wives, old ladies, panchayat members, community men.
- **ROLE PLAY:**
- The main purpose of the role play was to create awareness in the community people regarding the personal hygiene.
- The topic of role play was personal hygiene. Through this we tried to educate the people how to be maintain the hygiene in daily activities. By playing a role play, this was show that personal hygiene is so important for us it helps to promote the health and prevent from various disease.



## SCRIPT:

### • CHARACTERS:

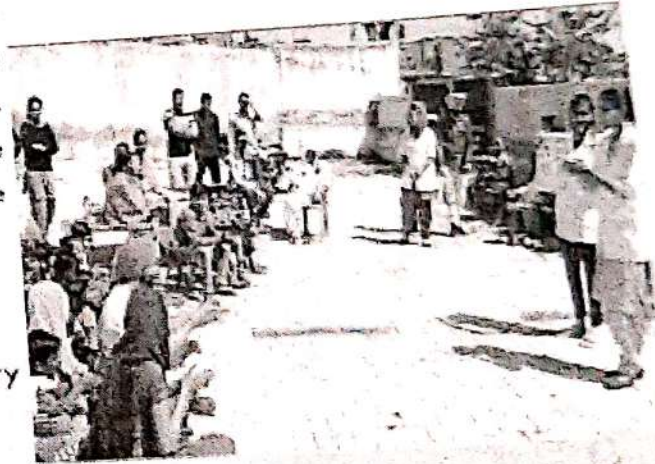
- Narrator: kamal, mandeep kaur
- Babli: meenakshi
- Jasleen: babli ki mami
- Teacher: komal saini
- Pintu: jeevan singh
- Raju: megha
- Chintu: mandeep kaur
- Gollgappay wala: manish
- Doctor: manpreet kaur
- Bacteria: mahira, jaspreet, jony

## EVALUATION:

At the end of the group project the community group appraised the students efforts in execution of the group project. They gave positive comments. The concerned teachers also praised the students and also make them aware regarding their shortcomings. It was appreciating moment for the whole group as all of the students worked hard and together for the group project. A huge round of applause was given from the audiences.

## PROBLEM FACED:

- The main problem which was encountered was the unnecessary noise coming from the surroundings.



# M.M.C.O.N

## GROUP PROJECT ON HYPERTENSION


**SUBJECT: COMMUNITY HEALTH NURSING**

**SUBMITTED TO:**

Mr. Bankim  
[Nursing Tutor]

**SUBMITTED BY:**

B.Sc. Nursing 2<sup>nd</sup> Year  
[1915069-1915109]  
Batch: 2015-19

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mulkana-Ambala, Haryana-India-133007

# M.M.C.O.N

DEPARTMENT:- COMMUNITY HEALTH NURSING

GROUP PROJECT REPORT

ON

"SUBSTANCE ABUSE"

9/10  
Annu Verma  
23/3/17  
Checked

SUBMITTED TO:- MS. ANNU VERMA

(NURSING TUTOR)

MMCON

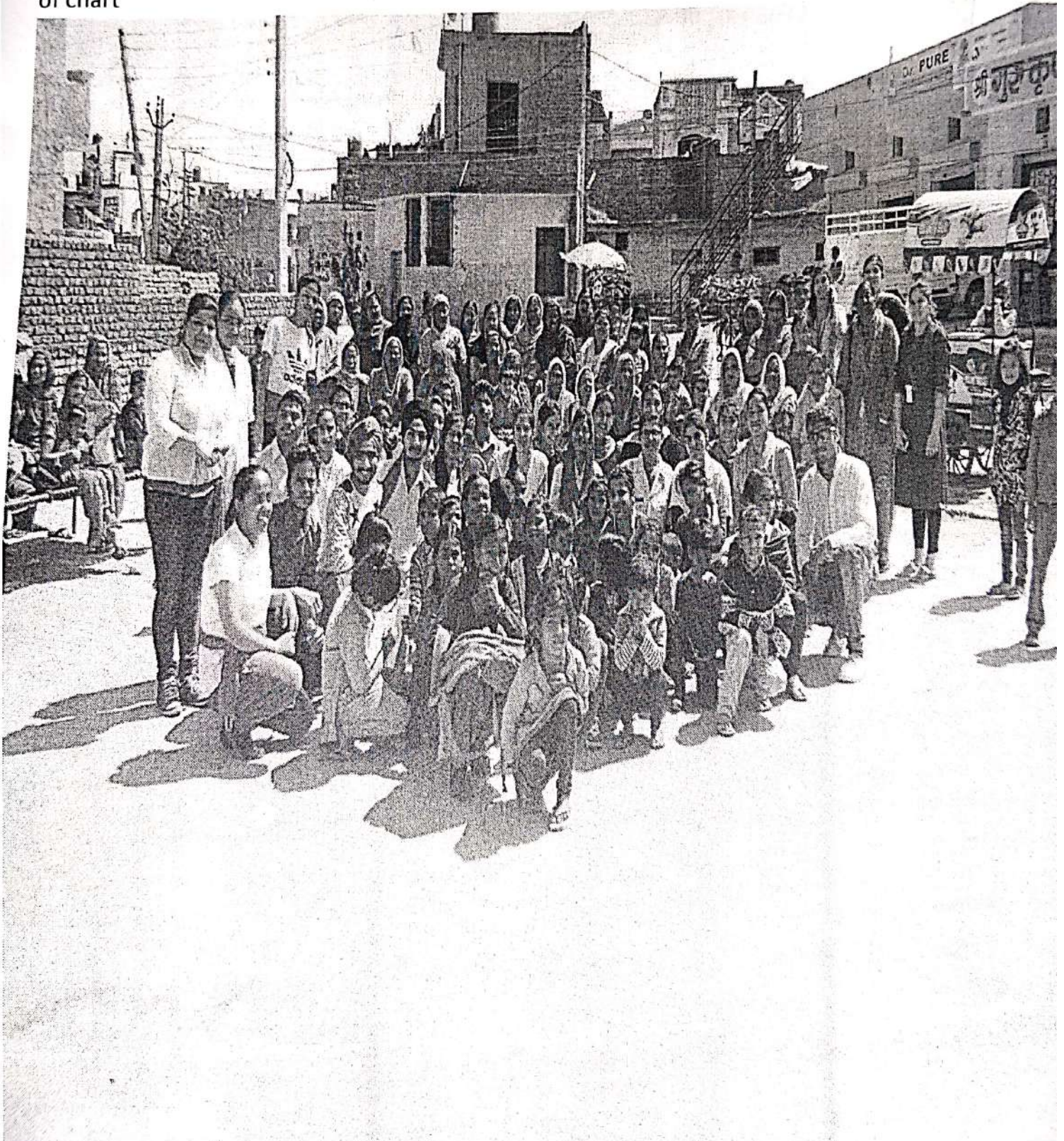
SUBMITTED BY:- B.Sc (N) 2<sup>nd</sup> YEAR

(1915001-1915033)

# **INTRODUCTION**

We are the students of BSc. Nursing 2nd year, Roll no (1915001-1915033) were posted at Barara village for their Community Health Nursing I posting at rural area. The need observed during posting was awareness regarding Substance Abuse. We conducted group project on 17th March 2017 under the theme of "JAN JAN KA YAHİ SANDESH, NASHA UKT HO APNA DESH."

All the teachers of M.M. college of Nursing were invited for the group project. The programme was started by the introductory speech which was proceeded by nukkad natak and after that explanation of chart





# OBJECTIVES

To create awareness among the community people regarding substance abuse and its prevention and its impact on health.

- DATE :17<sup>TH</sup> MARCH 2017
- VENUE : BARARA VILLAGE
- TOPIC: SUBSTANCE ABUSE
- THEME:JAN JAN KA YAH! SANDESH,NASHA MUKT HO APNA DESH.
- GROUP: ADOLESCENTS AND ADULTS
- LANGUAGE: HINDI
- METHOD: NUKKAD NATAK
- TOTAL NUMBER OF GROUP MEMBERS: 33
- TIMING: 10 AM

## COMMUNITY FIELD SUPERVISOR

1. Mrs.Uma (Head of Department)
2. Miss.Manjari (Asst.Prof.)
3. Mrs.Eenu [Asst.Prof]
4. Miss.Annu (Nursing Tutor).
5. Mr.Bankim (Nursing Tutor).

## INCHARGES OF GROUP PROJECT

- **Invitation card committee:** Bhawana , Anaya
- **Refreshment committee:** Ashish, Akriti
- **Lesson plan and report committee:** Jasdeep,Harmanpreet
- **Charts committee :**Ankita,Amandeep,Ajuni ,Archana,Aarti,Anjana
- **Anchors:**Deepmala,Hardeep
- **Charts explanation committee:**Anjali,Ankita,Amandeep,Anjana
- **Role play:**Anshul,Bhawna,Angrej ,Goldenjeet ,Gurleen ,Deeksha ,Anuradha, Deepak and Ankush.

## GROUP

There was gathering of 40-45 members which include house wives, old ladies, panchayat members school going children adults and adolescents.

## NUKKAD NATAK

The main purpose of nukkad natak was to create awareness among the community people regarding substance abuse.

The topic of nukkad natak was substance abuse. Through this we tried to show the effect of substance abuse on health of individual families as well as the community members and society.

### ROLE PLAY

Aao Aao natak dekho (3 times)

Halla bol, or mooh khol (3 times)

Nasha hai kya sabko bata (3 times)

### INTRODUCTION

**Deepak:** Ruk jao Jane wale ruk ja.

**Anshul:** Lal dupatte wali tera naam toh bata.

**Hardeep:** Arrey! bhai sahib kya batamizi hai ye aapki roj sharab pike ate ho or galli mai dhange krte ho kya batamizi hai yeh.

**Deepak:** Tere paise ki pite hai kya? Apne paise ki pite hai.

**Hardeep:** Sharab pine se kya hota hai? Sharab pine se banda barbaad ho jata hai.

**Anshul:** Banda barbaad woh kaise ?

**Hardeep:** Ghar barbaad ho jate hai.

**Anshul and Deepak:** Ghar woh kaise barbaad ho jate hai?

**Hardeep:** Kaise? Aao doston aaj mai tumhe aaj teen kahaniyaan dikhati hu jisse sirf or sirf Nashe ki karn 3 ghar kaise barbaad huye aaj mai tumhe dikhati hu.

**Deepak:** hum bhi dekhte hai konse ghar barbaad huye hai.

**Anshul:** ha dikha dikha.

**Hardeep:** ab mai dikhati hu aap ko phehli kahani or dekhti hu aapko kya sikh milti hai isse.

Halla bol, Or mooh khol (3 times)

## PROBLEM FACED

The main problem which was encountered was the unnecessary noise coming from the surrounding and due to overcrowding and arrangements of charts.

## SUMMARY AND CONCLUSION

It was knowledgeable and encouraging experience as the students got confidence in organizing the group project on community as it may help the community people in creating awareness regarding equality and they will impart this knowledge in their daily lives.

## CHARTS



# M.M.C.O.N

## COMMUNITY HEALTH NURSING

### GROUP PROJECT REPORT ON

### GERIATRIC CARE



**SUBMITTED TO:-**

MS. EENU MAM

(ASSISTANT PROFESSOR)

M.M.C.O.N

**SUBMITTED BY:-**

P.B.Bsc.Nursing 2<sup>nd</sup> year

(1915201-1915235)

## INTRODUCTION

We are the students of Post Basic Bsc. Nursing 2<sup>nd</sup> year, we were posted in Bengali mohalla ,Ambala cantt. urban area from 14dec.2016 to 14Jan.2017 under supervision of Mrs.Eenu mam, Miss Anu mam, Mr. Sanasam Bankim sir, Ms. Bhawana mam, & Ms. Jitender Kaur. As the result of community assessment conducted it was found that large group of people were senior citizen. There is lack of awareness about problems occurring in old age & about the geriatric care in the community. Thus the group project was decided on "Geriatric care".

The date of group project was 12<sup>th</sup> Jan 2017. The invitation was given to Principal & all the faculty members of M.M.College Of Nursing for the group project. The programme was started with introductory speech which was proceeded by the role play & after that explanation of charts.



**OBJECTIVES:**

To create awareness among the community people regarding geriatric care.

**Date:** 12-01-2017

**Venue:** Bengali maholla ,Ambala cantt

**Language:** Hindi

**Slogan:** Jan jan ko ye batana hai vridho ko samaan dilana hai.

**COMMUNITY FIELD SUPERVISORS:**

- Mrs. Uma Jebamani Deaver
- Ms. Manjari
- Mrs. Eenu
- Mr. Bankim
- Ms. Pooja jaswal
- Ms. Annu
- Ms. Jitender Kaur
- Ms. Bhawana

## **TOTAL NUMBER OF GROUP MEMBERS(STUDENTS)**

Post Basic Bsc. Nursing 2<sup>nd</sup> Year 32 students (1915201-1915235)

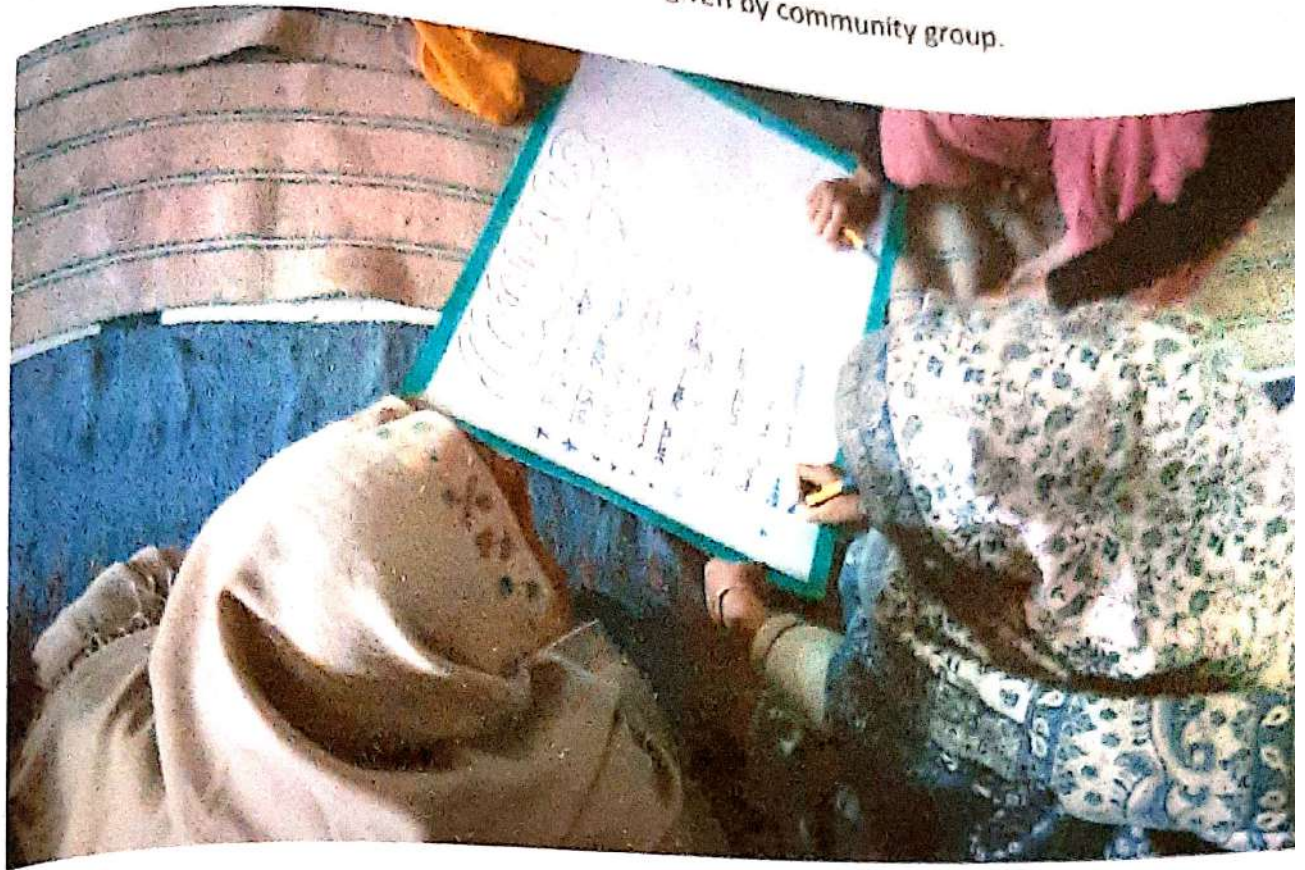
## **INCHARGES OF GROUP PROJECT:**

- **Lesson Plan:** Sakshi and Nitika.
- **Invitation Incharge:** Charu & Monika.
- **A.V. Aids Incharge:** Anshu, Gurpreet, Amandeep, Tanu, Nisha Rani, Attika.
- **Role Play:** Harmeet, Nisha, Sujata, Pawanpreet, Kavita, Poonam, Sakshi, Sukhjeet, Veenu, Shilpi, Neha, Yogita, Simran.
- **Narrator:** Kavita.
- **Vedio & Photo incharge:** Monika & Charu.
- **Refreshment Incharge:** Nidhi, Alka, Suman .
- **Chart explanation:** Harpreet and Neha.
- **Report Making:** Manisha and Nidhi Pathania





At the end of the programme comments was given by community group.




### **PROBLEM FACED:-**

Main problem that was encountered that gathering of people and arrangement of charts.

### **SUMMARY & CONCLUSION:-**

By this role play community people got enough knowledge regarding geriatric care. I knowledgeable & enriching experience as the student got confidence in organizing the pro community level.

  
Dr. (Mrs.) Jyoti Sarin  
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Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana-India, 133207

## Report- Clothes Donation- 2016-17

Maharishi Markandeshwar University, Mullana, Ambala Started a Cloth donation Campaign in 2014 onwards. The Campaign was initiated and organized by Dr. Munishwar Rai under the guidance of Chancellor of Maharishi Markandeshwar University Shri Tarsem Garg, This time the faculty who played vital role were Ms. Vinita Rajput (Director), Ms. Radhika and Mr. Arvind kumar from MMIS, Mullana and Ms. Neha from MMIS, Sadopur.

The clothes (Summer and Winter) were collected by the volunteers from the different places of Mullana and Sadopur like staff quarters, hostels and from the students of MMIS. A small gesture of our volunteers and teachers will be a boon for poverty stricken, deprived people to stay happy during the cruel summer and winter season. The volunteers' collected total 85 cartoons having around 600 clothes (both woolen and summer clothes) were collected. Prof. Munishwar Rai with his team organizing this cloth donation campaign at various locations.

After collection of clothes, volunteers and the teachers distributing the clothes, to the needy persons that bring smiles to hundreds of children.

The clothes donation arrives is exclusively meant for the children and adults living near railway tracks, under flyovers, children of daily wages at construction sites, under privileged children nearby.

The clothes collected were distributed by Prof. Munishwar Rai in various places. These places are-

Sr.no	Place	Dated
1	Dariya krisht ashram, near shashi colony	24 Jan 2016
2	Mercy Home, Near depuue colony	26-jan-2016
3	Near Medical Market, MMU Mullana	22-Jan-2016
4	Bandhu nagar rangia Mandi, ambala cantt	31-Jan-2016
5	SD college, Ambala	26-Jan-2016
6	Near LIC	30-Jan-2016
7	Briks King, Near Mullana	5-Feb-2016
8	Goushala, Shabhad	4-Feb-2016
9	Bhaganpur villege, ambala	1-Feb-2016

This whole campaign was working under the community of MMU, Mullana National Community and development are.

