

**Department of Law**  
**Maharishi Markandeshwar University , Mullana**

**Report on Legal Aid Training Programme**

MMU/LAW/15/1935-1

Dated:02/10/2015

A Legal Aid Training Programme was started on October 1,2015 with objective to create awareness amongst the students under the motto "From ignorance to Legal Empowerment" for implementation of the policy "Access to Justice for all". The main aim is to educate the people about their constitutional and statutory rights and duties through Students Community. This training programme is a part of the *preventive and strategic legal aid* programme contemplated under section 7(2) (c) of the Legal Services Authorities Act, 1987. The training programme was presided by Dr. Bindu Jindal, Head of Department of Law. Dr. Jindal emphasized the importance and objectives of training programme. She enlightened that ultimate objective of training is to help for bringing the voice of the voiceless to be heard and to get their grievances redressed. Then Dr. Seema Garg, Incharge of Legal Aid Clinic explained about the remedies available to women under the Protection of Women from Domestic Violence Act, 2005. She further explained the woman's right to reside in a violence free environment, both in her parental home as well as in her matrimonial home as provided under the statute. While speaking on the rights of maintenance Ms. Sonia Kamboj threw light on the rights of women available under Section 125 of the Criminal Procedure Code. She further stated that even a divorced Muslim woman can also avail right under this Section in addition to her rights under the Muslim Women (Protection of Rights Upon Divorce) Act, 1986.

*Total Number of Students present are 81.*

These addresses were followed by an interactive session.

*Seema* 2/10/15  
Legal Aid Incharge

*Bindu* 2/10/15  
Head of Department  
Deptt. of Law  
M.M. UNIVERSITY  
Mullana (Ambala)

**DEPARTMENT OF LAW  
MMU, MULLANA (AMBALA)**

**REPORT ON LEGAL AWARENESS CAMP**

MMU/LAW/15/1951

Dated: 24/10/2015

**Legal Aid Clinic, Department of Law, MM University, Mullana, Ambala**, organized **Legal Awareness Camp** in collaboration of NSS, MMU, Mullana on 23 October 2015 in village Suhana, Distt. Ambala to aware the people about the services provided by the Legal Aid Clinic run by the Deptt. Of Law, MMU, Mullana. Introducing the programme **Dr. Seema Garg, Incharge, Legal Aid Clinic**, made the villagers aware about their rights provided under **The Legal Services Authority Act, 1987** & various facilities provided by the Legal Aid Clinic, Deptt. of Law. In her address **Ms. Sonia Kamboj, Member, Legal Aid Clinic**, threw light on the Rights of the Women under various laws. She reiterated that objective of Legal Aid Clinic is to spread the Legal Awareness among the people especially to the women in rural areas. The queries raised by the villagers were satisfactorily answered in the Interactive Session. Total 110 people attended the program. The programme was very successful.

*Bind 24/10/15*  
**Head of Department**

Head  
Deptt. of Law  
M.M. UNIVERSITY  
Mullana (Ambala)

**Department of Law**  
**Maharishi Markandeshwar University**  
**Mullana- Ambala, Haryana (India)**  
(Deemed University established under Section 3 of the UGC Act., 1956)  
**(NAAC Accredited Grade 'A' University)**

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MMU/LAW/16/ 2064

Date: 28.03.2016

## REPORT ON LEGAL AWARENESS PROGRAMME

Legal Aid Clinic, Department of Law, MM University, Mullana, Ambala organized Legal Awareness Programme in the Department of Law on 28<sup>th</sup> March 2016 under District Legal Service Authority, Ambala. At the outset Prof. (Dr.) Bindu Jindal, Head & Dean, of the Department, in her address shared about the importance of Free Legal Aid and the Constitutional and Legal Provisions related to it. Mr. Shivam Bhardwaj, student of the Department as well as Para Legal Volunteer under DLSA, Ambala, addressed the students, staff and the faculty members about the services provided by the Legal Aid Clinic run by the Department of Law, MMU, Mullana. In his address Mr. Shivam threw a light on the programmes and facilities being run under the different schemes of the District Legal Service Authority, Ambala.

Total 63 students and 23 staff and faculty members attended the programme. The programme was very useful for spreading the awareness on Free Legal Aid and related issues.

*Bindu*  
28/3/16  
Head of Department

**Head**  
**Deptt. of Law**  
**M.M. UNIVERSITY**  
**Mullana (Ambala)**

**M.M.INSTITUTE OF NURSING MULLANA AMBALA**

**REPORT FOR BLOOD DONATION CAMP 2015-16**

On 10 September 2015 the NSS unit 4 (Including M.M.Institute of Nursing) Took Part in Blood Donation Camp on the occasion of Founder's Day celebration. 11 students from M.M.Institute of nursing donate the Blood. After Donation of Blood the student's response was very positive & they feel proud to be a donor of blood.

Sr. No	Class	Name Of Student
1.	B.Sc(N)1 <sup>st</sup> year	Ms.Barkha
2.		Ms.Diksha
3.	B.Sc(N)2 <sup>nd</sup> year	Ms. Amanpreet
4.		Ms.Sakshi
5.		Ms.Shikhadeep
6.	B.Sc(N)3 <sup>rd</sup> year	Ms. Mamta
7.		Ms. Prabhjot
8.		Ms Hemlata
9.		Ms. Nayani
10.		Ms.Preeti
11.		Ms.Pinki

*AKL*  
11/9/15  
**PRINCIPAL**  
Principal  
M. M. Institute of  
Maharishi Markandeya  
Mullana (Ambala)

**M.M. INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF GROUP PROJECT ON "HOME ACCIDENTS AND ITS PREVENTION"**

B.SC.(Nursing)3rd year students of M.M.Institute of Nursing organized group project on "Home accidents and its prevention" Under the supervision and guidance of Ms Manisha(Nursing Tutor), Ms Vijyeta(Clinical instructor) on 16<sup>th</sup> oct 2015. The theme of group project was "Apne Bachho Ki Suraksha Apne Hath,Nahi Hone Denge Koi Durghatna Inke Sath" Total 20 students were participated, out of these, 8 students participated in the role play, 7 students prepared AV aids, 2 students were in arrangements, 3 students participated in charts explanation. 25 charts were prepared including definition, causes, types, prevention of home accidents.

Around 25 patients and their care giver had attended the group project.

**COMMITTEE MEMBERS:**

**LESSON PLAN :** Nishi, Samjeet

**REFRESHMENT:** Shallu, Vishakha

**ARRANGEMENT:** Nikita, Neha kumari

**INVITATION:** Jyoti, Preeti

**MEDIA:** Nishi, Jyoti

**MONEY COLLECTION:** Renu

**CHARTS:** Priyanka, Samden, Vishakha, Samjeet, Neha sainsi, Shikha, Survi

**ROLE PLAY:** Survi, Navsheen, Shikha, Sheron, Sonam, Shagun, Neha sainsi, Pinki

**REPORT:** Renu, Samjeet

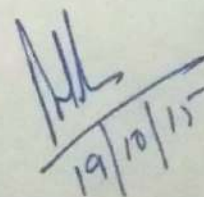
**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt the health pro prevent their child from home accidents.

All the people gave positive feedback for programme.

**VENUE :** Pediatric ward

**Arrangement:** Chairs for teachers, patients and their care givers.

**Date:** 16/October/2015

  
19/10/15

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Maharishi Markandeshwar University  
Mullana (Ambala)

**M.M .INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF GROUP PROJECT ON "ARTHRITIS"**

B.SC.(Nursing) 2<sup>nd</sup> year students of M.M.Institute of Nursing organized group project on "Arthritis" Under the supervision and guidance of Ms Priyanka (Nursing Tutor), Ms Vijyeta(Clinical instructor), on 19<sup>th</sup> Nov 2015 in Village Gola during the community posting. The theme of group project was "**Cure on time, keep away from Arthritis**". Total 40 student participated in the group. Around 45 Peoples had attended the group project. B. P monitoring and weight measuring were checked of the audience also.

**COMMITTEE MEMBERS:**

**LESSON PLAN :** Inderpreet Kaur , Ravinder Kaur

**REFRESHMENT:** Talwinder Kaur, Simranjeet Kaur

**ARRANGEMENT:** Kramanir kaur, Neha

**INVITATION: MEDIA:** shikhadeep , shruti shrama

**Anchoring :** Renu

**CHARTS Explanation:** Jyotsana, sweety, vandana sharma , jasmeet kaur gunjan , sakshi

**REPORT:** Sonia , sweety

**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt the health practices to maintain health.

All the people gave positive feedback for programme.

**VENUE :** Anganwardi

**Arrangement:** Chairs and Dari for patients .

**Date:** 19/November/2015

  
5/12/15

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M. M. Institute of Nursing  
Maharishi Markandeshwar University  
Mullana (Ambala)**

**M.M .INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF "WORLD AIDS DAY"**

(Nursing)4<sup>th</sup> year students of M.M.Institute of Nursing organized awareness programme on "WORLD AIDS DAY" under the supervision and guidance of Ms Priyanka (Nursing Tutor), Ms Vijyeta (Clinical instructor), Ms Megha (Clinical instructor) on 1<sup>st</sup> December 2015. The theme of World Aids Day was "Getting To Zero". Total 39 students were participated of these, 15 students participated in the role play, 8 students prepared AV aids, 2 students were in arrangements, 4 students participated in charts explanation. 25 charts were prepared including definition, causes, sign and symptoms, prevention, management.

20 teachers and 400 students had attended the awareness programme.

**FEEDBACK:** According to the audience, the programme was too motivating and inspiring, they learnt the health practices to maintain health and prevention of Aids.


People gave positive feedback for programme.

**VENUE:** Govt. Senior Secondary School, Nahoni (kalpi).

**ARRANGEMENT:** Chairs for teachers, mats for students.

01/December/2015



  
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**M.M.INSTITUTE OF NURSING, MULLANA,AMBALA**

**GROUP PROJECT ON "DRUG ABUSE"**

B.Sc (N) 3<sup>rd</sup> year students of M.M. Institute of Nursing had conducted a group project on Theme "NASHA CHHUDHAO, GHAR PARIWAR KO SUKHI BANAQ." Group project was held in male ward to educate the patients and attendants about the side effects of the drug abuse .Group project was held under the supervision of Mrs. Parul, Ms. Kritima and Mrs.Renuka

**VENUE AND TIME:**

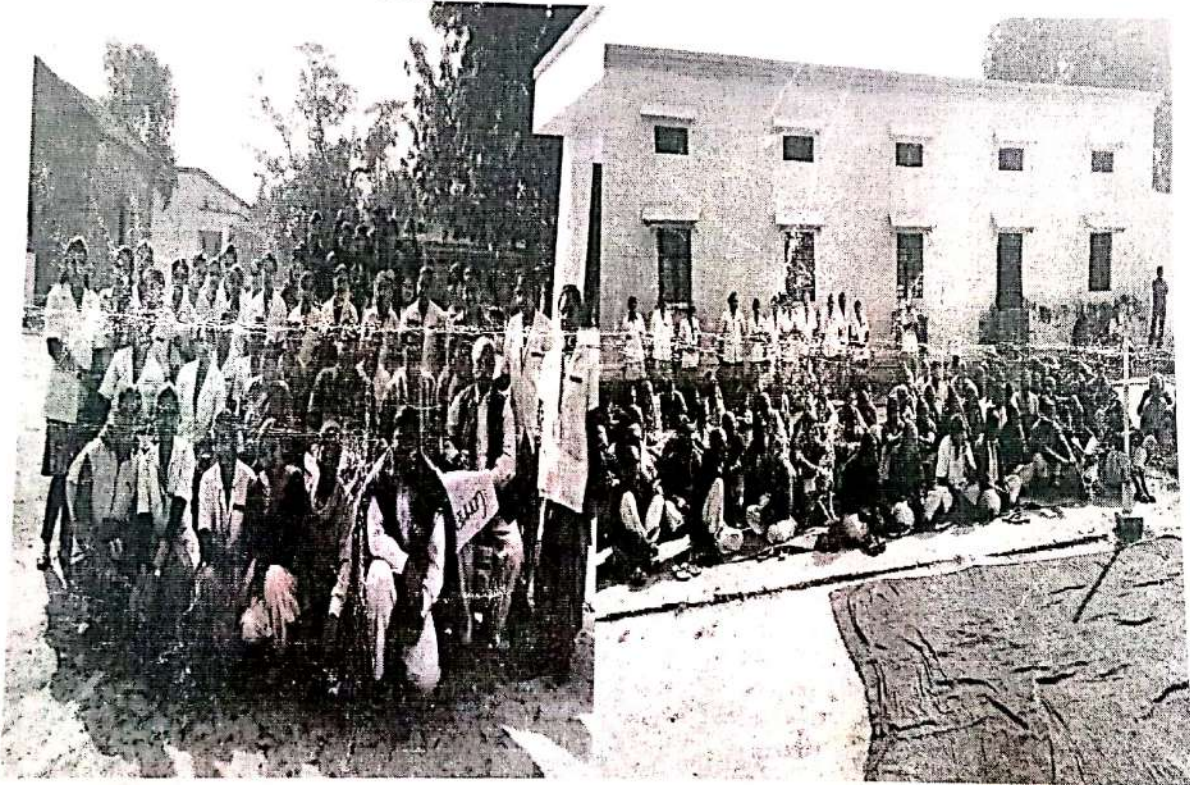
Date: 5<sup>th</sup> December, 2015.

Time: 10 AM

Venue: Institute of Mental Health and Hospital

Ward: Male Ward No.17

Group: Students, Patients and Attendants.



**GROUP PROJECT COMMITTEE**

**Management:**

- Bhumika
- Anjali
- Nikita

**Refreshment:**

- Diksha
- Diksha
- Nandini

- Mamta

**Lesson Plan:**

- Ankita
- Nishi
- Renu
- Survi
- Shikha



### Refreshment:

Biscuits were distributed to all patients. Snacks were distributed to the supervisor and staff nurse.

### Comments:

All the patients praised the participants and the supervisor also praised the students that they did a good job and have put their full efforts to educate the patients. Overall, it was very good attempt and all the audience enjoyed the role play and learnt from the charts.

### Summary:

Today, we students of B.Sc. (N) 3rd year conducted a group project on "Drug Abuse". We have discussed about the definition, causes, sign and symptoms and management of Drug Abuse.

At the end of the Group Project, it conclude that Drug Abuse is a most prevalent problem in our society and it can be prevented by educating the society and the number of the abuser can be reduced upto some extent. At last, B.Sc. (N) 3<sup>rd</sup> year have learnt about the definition, causes, sign and symptoms and management of the Drug Abuse. At the end of Group Project, the vote of thanks was given to the audience and supervisors.



*MM*  
3/12/15  
**Principal**  
**M. M. Institute of Nursing**  
Harishi Markandeshwar University

M.M .INSTITUTE OF NURSING  
MULLANA, AMBALA  
REPORT OF -: GROUP PROJECT ON HYPERTENTION

B.SC.(N) 4<sup>th</sup> year students of M.M. Institute of Nursing conducted the group project on hypertension in Gola village on Under the supervision and guidance of Ms. Priyanka (Nursing Tutor), Ms Vijyeta (Clinical instructor), Ms. Megha (Clinical instructor) on 1<sup>st</sup> January 2016. Total 39 students were participated ,out of these, 12 students participated in the role play, 6 students were in arrangements, 4 students participated in charts explanation. 25 charts were prepared including definition, causes, sign and symptoms, prevention, management.

**COMMITTEES:-**

**Anchorers:-**

- Akanksha
- Shivan
- Mamta Sherpa

**Charts explanation:-**

- Akanksha
- Nikki
- Amrit Pal
- Shivani Walia

**Role Play:-**

Monika  
Khushneet  
Ajinder  
Manpreet  
Sadhna Verma  
Sarita  
Jagriti Chauhan  
Manvit  
Shagun Parmar

Mandeep

Dilpreet

Shivani Dhatwalia

**Photography :-**

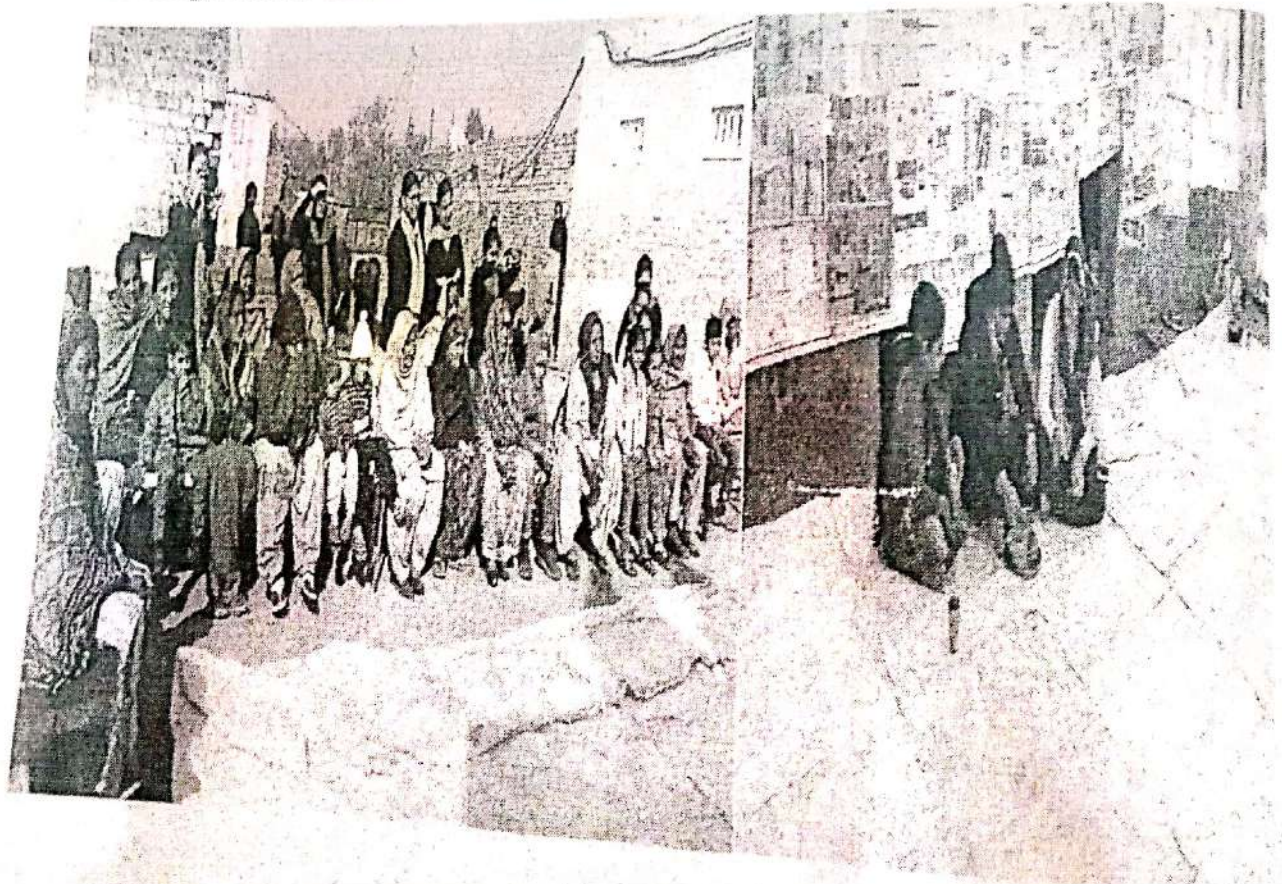
- > Nisha Gurung
- > Divya
- > Jaspal

**FEEDBACK:** According to the audience, the project was too motivating and inspiring, they learnt the health practices to maintain health .

All the people gave positive feedback for programme.

**VENUE :** Anganwari , village Gola

**Arrangement:** Chairs for teachers, mats for students



*AK*  
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Mullana, Ambala

**M.M .INSTITUTE OF NURSING**

**MULLANA, AMBALA**

**REPORT OF -: SCHOOL HEALTH PROJECT ON DENTAL CARIES**

B.SC.(N) 4<sup>th</sup> year students of M.M. Institute of Nursing conducted the School health project on Dental caries in Govt Primary School , Bkara Market. Under the supervision and guidance of Ms. Priyanka (Nursing Tutor), Ms Vijyeta (Clinical instructor), On 15 January 2016.Total 39 students were participated ,out of these,10 students participated in the role play, 8 students were in arrangements, 4 students participated in charts explanation. 25 charts were prepared including definition, causes, sign and symptoms, prevention, management. Student measured the weight, Height including physical examination.

**COMMITTEES:-**

**Anchorers:-**

- Shivan
- Mamta Sherpa

**Charts explanation:-**

- Akanksha
- Nikki
- Amrit Pal
- Shivani Walia

**Role Play:-**

Monika

Khushneet

Ajinder

Manpreet

Sadhna Verma

Sarita

Jagriti Chauhan

Manvit

Shagun Parmar

Mandeep

Dilpreet

Shivani Dhatwalia

**Photography:-**

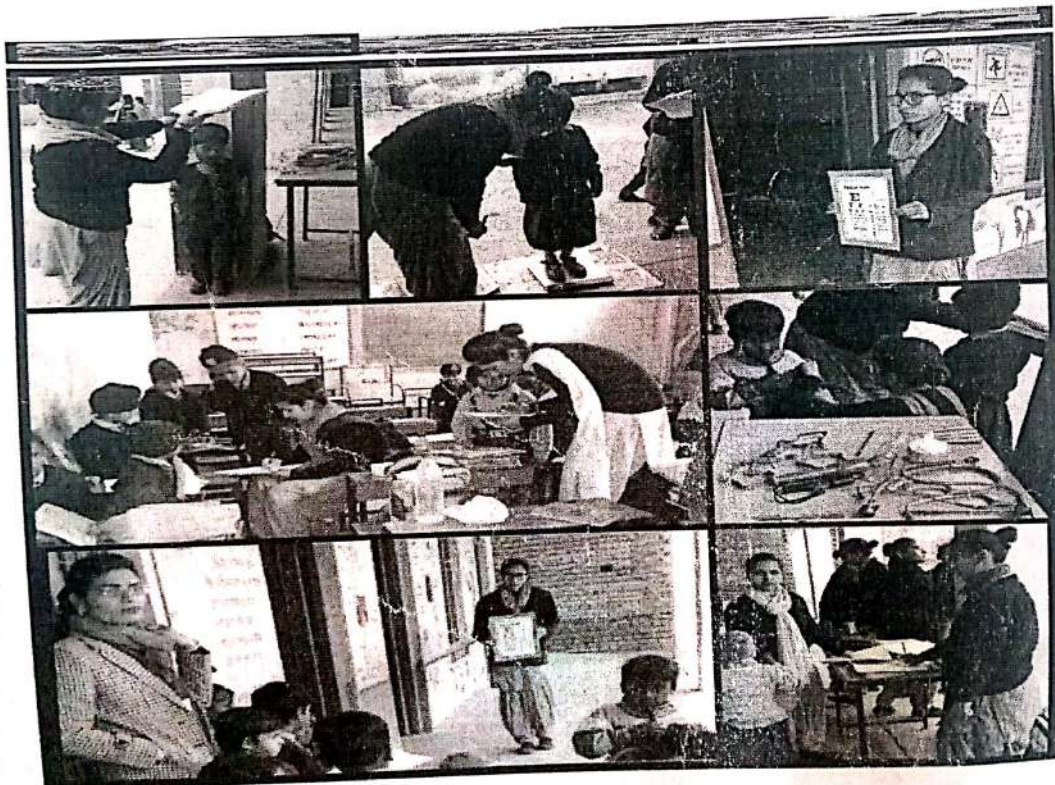
- Nisha Gurung
- Divya
- Jaspal

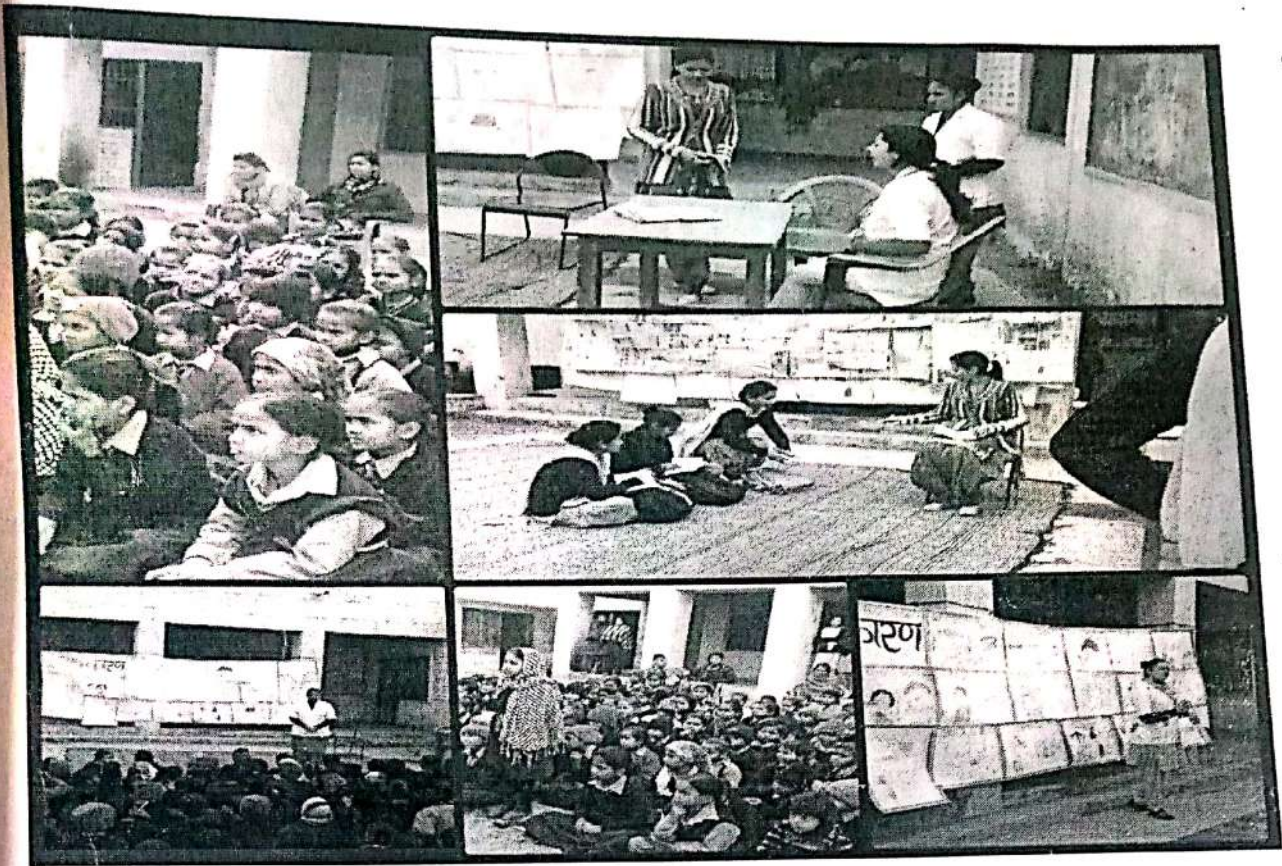
**FEEDBACK:** According to the audience, the project was too motivating and inspiring, they learnt the health practices to maintain oral hygiene .

All the people gave positive feedback for programme.

**VENUE :** Govt. Primary School , Bkara Market.

**Arrangement:** Chairs for teachers, mats for students





  
21/1/16  
PRINCIPAL

Principal  
M. M. Institute of Nursing  
Maharishi Markandeshwar University  
Mullana (Ambala)

M. M. INSTITUTE OF NURSING, MULLANA (AMBALA)  
REPORT OF GROUP PROJECT ON  
WORLD CANCER DAY

Students of B.Sc Nursing 3<sup>rd</sup> year given health education through the social drama & by the explanation of charts on "WORLD CANCER DAY" to patients in front of Medicine Block -B in M.M.I.S.R, Hospital, Mullana (Ambala) on 4<sup>th</sup> Feb 2016 under the supervision of Ms Ramandeep Kaur and clinical Instructors Miss Manpreet kaur & Miss.Charanjit kaur. The Theme of World Cancer Day 2016 is "We can, I can". Target group was those who are admitted in Oncology unit and their relatives.

Health education was given about the Cancer, causes of Cancer, clinical manifestation of Cancer, management of Cancer and how to prevent it. At last discussion was done with the audience and advice regarding prevention and treatment of Cancer. At the end of the program feedback was taken from the audience.



**ACTIVITIES:**

- Demonstration
- Health Education
- Social drama

**VENUE:** Medicine Block -B

**TIME :** 10:30 to 11:00 AM

**SITTING ARRANGEMENTS:** Chairs for audience, Chairs for staff, Chairs for guest

**THEME:** "We can, I can"

**COMMITTIES:**

**Narrator:** Jyoti, Neha Saini

**Role Play:** Prabhjot, Nayani, Ankita , Meenu, Luxami, Bhumika, Divya, Diksha, Sheoran, Shikha, Surbhi, Navsheen

**Chart Making:** Ankita, Bhawna, Hemlata, Kamaljeet, Meena, Shallu, Neha, Priyanka, Samden, Vishakha, Nishi, Gunjanpriya

**Script:** Nayani

**Content:** Renu, Luxami

**Chart Explanation:** Survi, Nayani, Hemlata

**Collection:** Diksha, Diksha

**Arrangement and Discipline:** Mamata, Nandani, Shagun

**Invitation:** Divya, Aparna

**Video And Imaging:** Anjali, Nikita, Jyoti Lather

**Report:** Jyoti



**Principal**  
M. M. Institute of Nursing  
Maharishi Markandeshwar University  
Mullana (Ambala)



**COMMUNITY HEALTH NURSING**  
**REPORT ON DIABETES MELLITUS**

**INTRODUCTION**

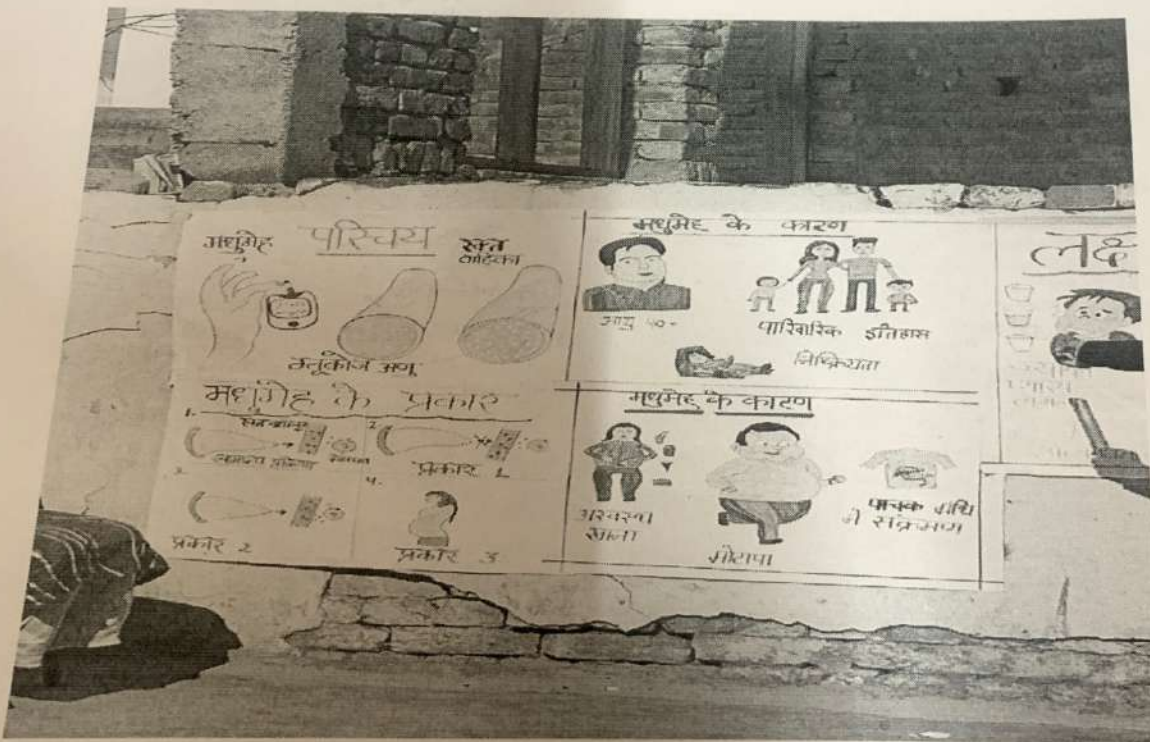
Under the theme of Diabetes mellitus a group project was done by B.SC Nursing 4<sup>th</sup> year students of MMIN, Mullana on 3 March, 2016 at budhion village under guidance of Mrs. Priyanka Chauhan (Assistant professor).

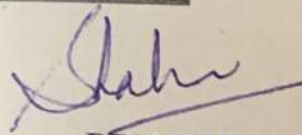
**ORGANIZATION**

- ✓ DATE - 3<sup>RD</sup> March, 2016
- ✓ VENUE - Budiyon village
- ✓ LANGUAGE - Hindi

**AIMS OF DIABETES MELLITUS**

- To improve knowledge of village people.
- To create awareness among village people.
- To conduct diabetes mellitus programme.



  
**PRINCIPAL**

**Principal**  
**M. M. Institute of Nursing**  
**Maharishi Markandeya University**  
**Mullana (Ambala)**

M.M.UNIVERSITY MULLANA (AMBALA)  
REPORT ON 7 DAY AND NIGHT NATIONAL  
SERVICE SCHEME CAMP



DATE- 5<sup>th</sup> MARCH, 2016-11<sup>th</sup> MARCH, 2016

SUBMITTED BY-NAYANI MALIK  
(Student Co-ordinator Unit - 4)

MMIN

Principal  
M. M. Institute of Nursing  
Maharishi Markandeya  
(Deemed to be University)  
Mullana, Ambala

# INTRODUCTION



The National Service Scheme sponsored public service program conducted by the Department of Youth Welfare and Sports of the Government of India.

- It is popularly known as NSS.
- This scheme was launched in 24<sup>th</sup> September 1969.
- The motto of National Service Scheme is NOT ME BUT YOU.
- Their aim is developing the student's personality through community service.
- NSS is the voluntary association young people in Colleges, Universities and at +2 level working for a campus community linkage.

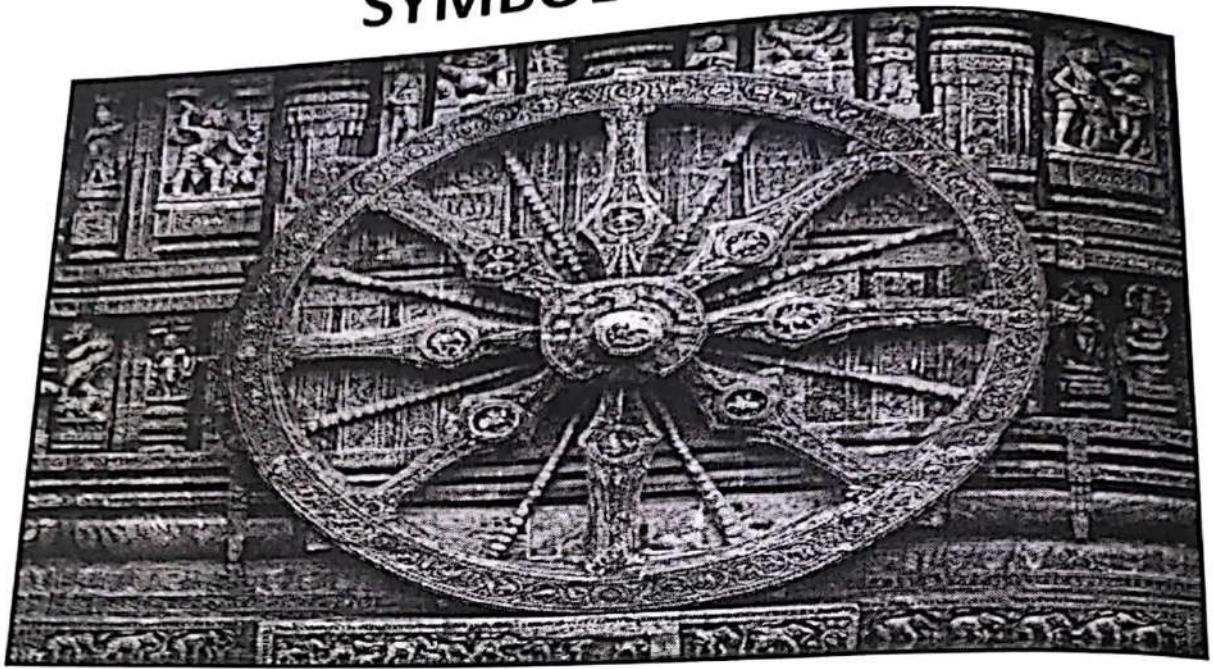
## LAUNCH OF NSS

In May 1968, a conference of student representatives convened by the Ministry of Education and the University Grants Commission agreed that a National Service Scheme could be the instrument for the NATIONAL INTEGRATION.



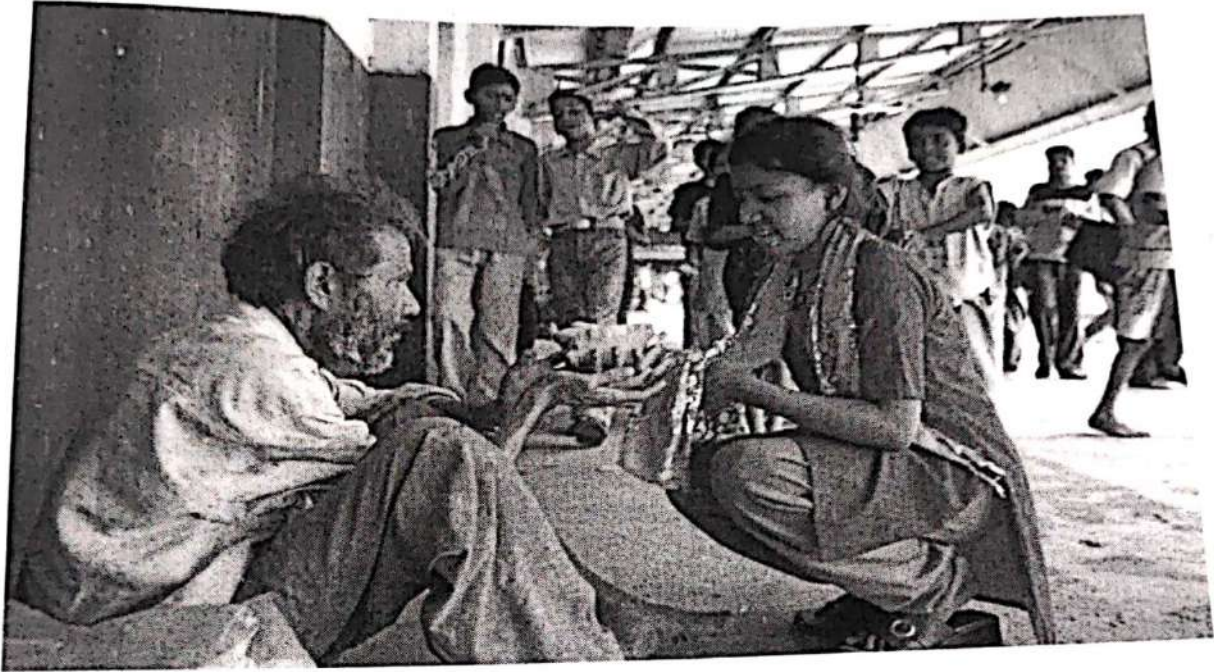
On 24<sup>th</sup> September, the Union Education Minister V.K.R.V.Rao launched the NSS at 37 universities and then it has been extended to all states.

## SYMBOL OF NSS



The symbol of NSS has been based on the GIANT RATH WHEEL of the world famous KONARK SUN TEMPLE situated in Orissa, India.

- This wheel signifies the cycle of creation, preservation and release.
- It signifies the movement of life across time and space thus stands for the continuity as well as change and implies for social change.
- The eight bars in the wheel represent 24 hours in a day. The red colour indicates that the volunteer is the full of the young blood that is lively, active, energetic and full of high spirit.



- The Navy blue colour indicates the cosmos of which the NSS is tiny part, ready to contribute its share for the welfare of the mankind.

# AIM OF NSS

The aims of the program are as follows-

- Social welfare of the student.
- Provide service to the society without biasness.
- Provide help to needy person
- Enhance the standard of living of the needy persons.
- Provides help in the natural and manmade disasters by providing food, clothing and first aid to the disaster victims.



# NSS CAMPS



सत्यमेव जयते

## Government of India

Camps are held annually funded by the government of India, are usually located in the rural area.

Volunteers may involve in the following activities-

- Cleaning.
- Afforestation
- Creating awareness on the social issues.
- Awareness Rallies.
- Inviting doctors for health camps.
- NSS resembles to Bharat scouts and Guides , National Cadet Corps and other programme for national welfare.



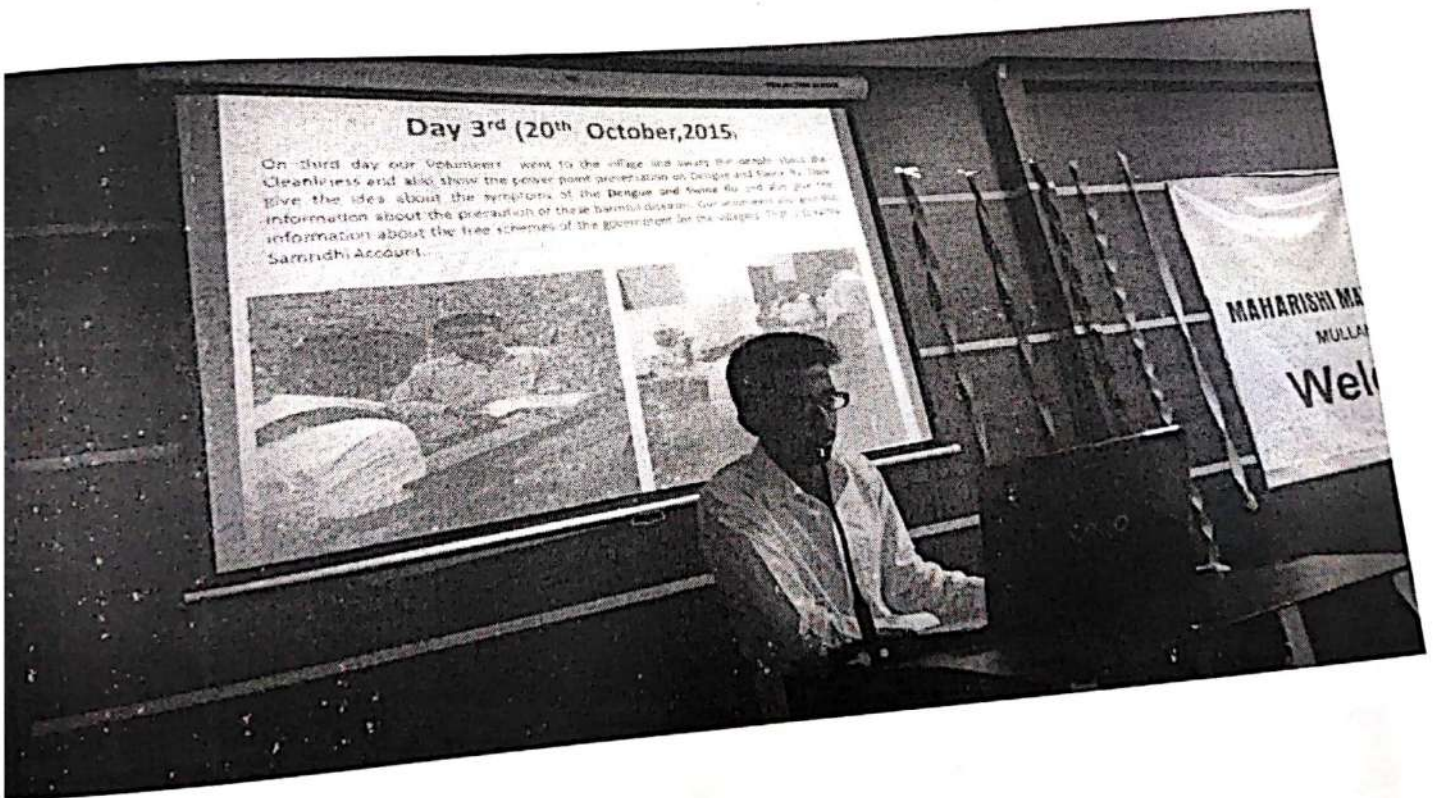
# **INTRODUCTION ABOUT THE CAMP**

Maharishi Markendeshwar University started a NSS 7 day and night camp in Budhiyo Village from 5<sup>th</sup> March, 2016 to 11<sup>th</sup> March, 2016. The camp was organised under the supervision of Mr. Adesh Tripathi, Mr. Karan Aggarwal , Ms. Simarjeet Kaur and Ms. Ramandeep Kaur

## **SCHEDULE OF THE NSS CAMP**

- DAY 1- Inauguration of the Camp and Survey of Budhiyo village.
- DAY 2- Cleaniness drive and kids drawing competition.
- DAY 3- Awareness drive regarding female foeticide.
- DAY 4- Medical camp.
- DAY 5- Dental camp.
- DAY 6- Nutritional camp.

# DAY 1



March 5, 2016, Saturday. First day of NSS Camp started at MMEC ENGG BLOCK -1 Seminar hall sharp at 9 am.

Chief Guests of the Seminar were –

- Dr. Anil Sharma
- Dr. Vandana Sharma
- Functional officer of the Seminar was Mr. Adesh Tripathi.

Co- coordinator of the Camp was Mr. Karan Aggarwal , Ms. Simarjeet Kaur and Ms. Ramandeep Kaur.

In that seminar Ved Bahura was taught regarding-

- What is NSS?
- How it works?
- What it significance?
- What are the benefits of this camp to the students and community people?
- What are the various schemes run by the Government for the welfare of the society?
- How NSS Camp helps the students for improvement of communication facilities and personality development?
- How to live healthy?

Then, we move to our NSS Camp spot Budhiya village.

We reach to Anganwadi of the village and then we further divided into groups to visit and do survey of the village under the guidance of –

- Mr. Rahul Raj (Unit-3)
- Ms. Shweta Kundu (Unit- 4)
- Ms. Nayani Malik (Unit 4)
- Mr. Rahul Gupta (Unit-5)

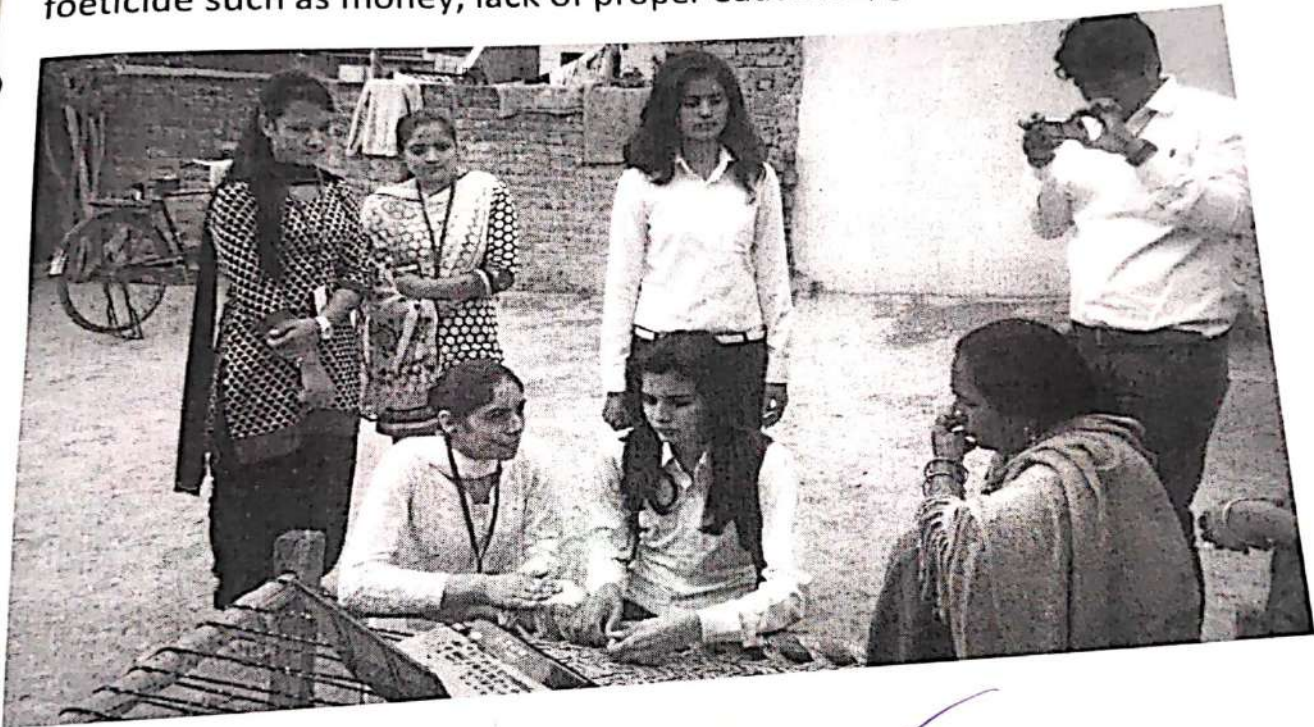


This survey was conducted for us to interact with the villagers and we collect the data regarding the –

- House no.
- Name of the head of the family.
- Total members in the family.
- Total number of males.
- Total number of females.
- Educational status.
- Occupational status.
- Toilet facilities.
- Sanitation facilities.

## DAY 3 – EDUCATIONAL DRIVE ON FEMALE FOETICIDE AND GIRL CHILD

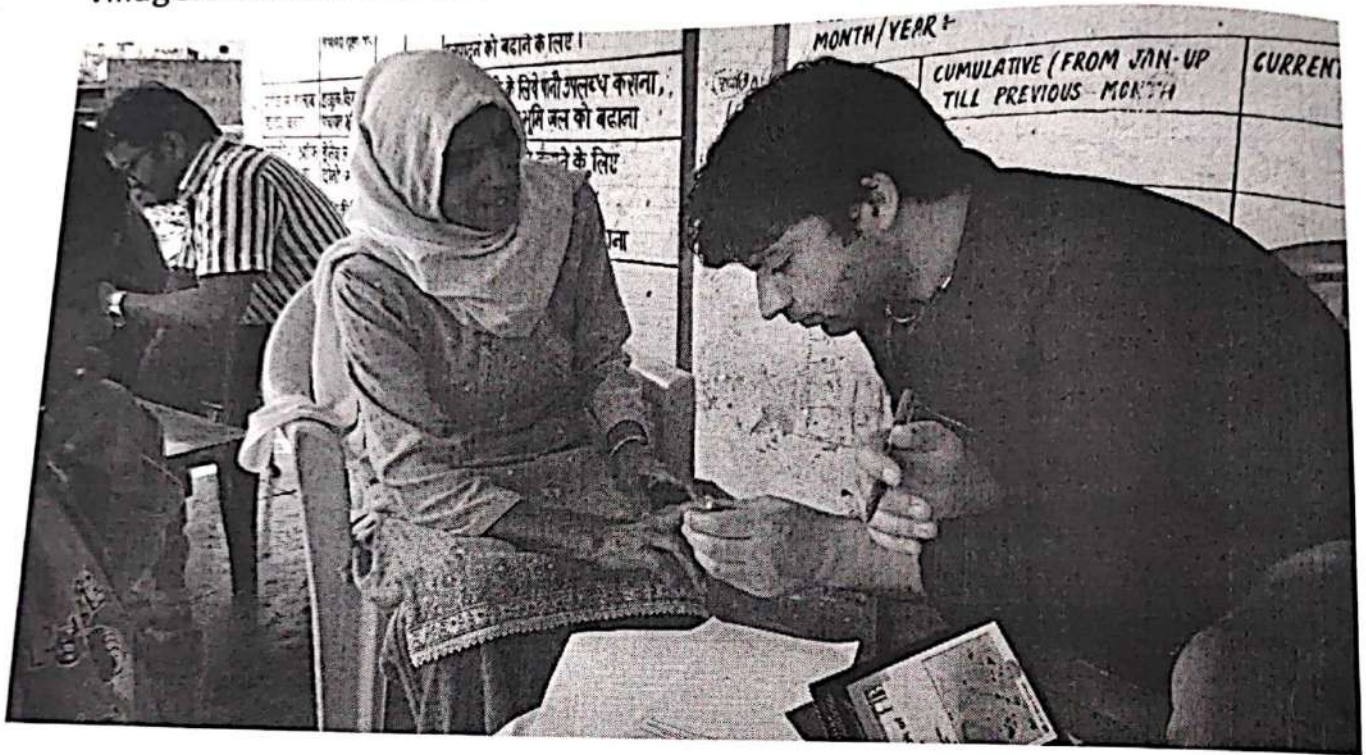
March 7, 2016, Monday. The third day of camp was started with as usual note of enthusiasm and overwhelming. The day was dedicated to educational drive regarding female foeticide and girl child. In this the people were made aware about the sex ratio of Haryana and its comparison with other states. We also educated people about the various factors which are responsible for female foeticide such as money, lack of proper education, gender discrimination, etc.



We educated the people about need and importance of girl child in our society. We also educated people about various government schemes started for the girl child as "SUKANYA SAMRIDHI SCHEME LAUNCH FOR GIRL CHILD EDUCATION".

## DAY 4 –MEDICAL CAMP

March 8, 2016, Tuesday. On the fourth day of camp a free medical checkup was organised at Budhiya village. The day was started with great enthusiasm. The doctors from various department namely ENT dept, gynecological dept, pediatrics dept, and general physician. The doctors interacted with the villagers and listened their voice.

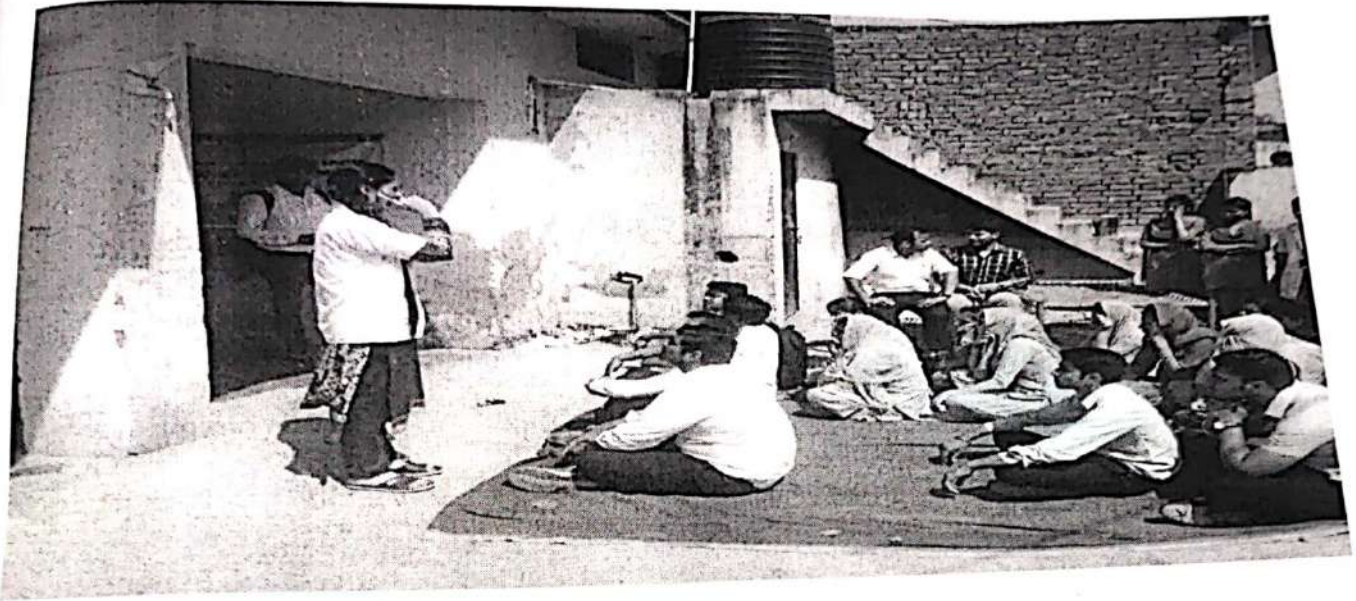


Various people came to the camp mainly with the complaints of backache, diabetes, hypertension, cough and cold. The camp concluded with a promise of better tomorrow for villagers and health education regarding the prevention and early detection of disease.

After the lunch the students organised a slogan competition and group discussion on the occasion of women's day.

## DAY 5 – DENTAL CAMP

March 9, 2016, Wednesday. On the fifth day of camp a free dental checkup was organised. The volunteers went to various houses of village and encouraged people to come for the checkup.



The dental checkup was coordinated by Dr. Ramandeep Kaur, Dr. Smriti Mittal and Dr. Vibhu Verma. The major complaints came under light were bacterial infection in teeth, sensitivity in teeth. The villagers were also provided with free medications.



After lunch we assembled in seminar hall for the discussion on health diet to guide the villagers to take proper diet. A presentation on " healthy living" was given by Shweta Kundu.



## DAY 6 – NUTRITION CAMP

March 10, 2016, Thursday. On this day of camp nutrition day was celebrated. The day was started with preparation of various dishes by the students, followed by conducting rallies with various slogans on the health, cleanliness and girl child.

After the rally the nukkad natak and dietary exhibition was organised. Various people attended the natak as well as exhibition. The exhibition consisted of various healthy dishes which add to one's health such as fruit salad, poha, pulav etc.

The nukkad natak focused on the healthy practices to be followed in our daily living.



**M.M.INSTITUTE OF NURSING, MULLANA, AMBALA**

**List of NSS Students of camp 5<sup>th</sup> march 2016 -11<sup>th</sup> march 2016**

SR.NO.	ROLL NUMBER	YEAR	NAME OF THE STUDENT
1.	2014001	B.Sc(N)2 <sup>nd</sup> year	Amanpreet
2.	2014006		Damini
3.	2014007		Gunjan Rajpoot
4.	2014008		Diksha
5.	2014011		Jyotsna
6.	2014017		Leena
7.	2014019		Mansi
8.	2014033		Riya
9.	2014034		Sakshi
10.	2014043		Shikhadeep
11.	2014045		Sonia
12.	2013009	B.Sc(N)3 <sup>rd</sup> year	Diksha
13.	2013015		Kamaljeet
14.	2013017		Luxmi
15.	2013018		Mamta

**M. M. INSTITUTE OF NURSING, MULLANA (AMBALA)**  
**REPORT OF GROUP PROJECT ON**  
**WORLD TUBERCULOSIS DAY**

Students of B.Sc Nursing 2<sup>nd</sup> year given health education through the social drama & explanation of charts on "WORLD TUBERCULOSIS DAY" to the patients in TB CHEST WARD of MMIS&R Hospital, Mullana (Ambala) on 23<sup>rd</sup> March 2016 under the supervision of Mrs. Sangita Devi (Asst. Prof.), Ms. Manpreet and Ms. Bandana (clinical Instructor). The Theme of World Tuberculosis Day 2016 is "Fine TB Treat TB working together to eliminate TB".

Health education was given about the Tuberculosis, causes of Tuberculosis, clinical manifestation of tuberculosis, management of tuberculosis and how to prevent it. At last discussion was done with the audience and advised regarding prevention and treatment of tuberculosis. At the end of the program feedback was taken from the audience.



**ACTIVITIES: Demonstration**

Health Education

Social drama



**VENUE : TB CHEST WARD**

**TIME** : 10:00 to 11:30 AM  
**SITTING ARRANGEMENTS** : Chairs for audience ,staff and guest  
**THEME** : "HATH SE HATH MILAO,, TB KO DOOR BAGAO"

**COMMITTIES:**

**ROLE PLAY:** Narrator : Simranjeet kaur

Sonia  
Sonia gupta  
Mansi  
Amanpreet kaur  
Riya Raghwa  
Annu saini  
Damini  
Leena

**CHART MAKING:** Amanpreet kaur

Karamanbir kaur  
Kawaljit kaur  
Lovepreet kaur  
Bawan  
Damini  
Gunjan  
Jyotsana Dogra

**SCRIPT:** Jyotsna Dogra  
Parwinder kaur

**CONTENT:**

Renu  
Vandana Sharma

**CHART EXPLANATION:** Gunjan

Jasmeet  
Bharti  
Mehak saini  
Talvinder Kaur  
Ravinder Kaur

**COLLECTION:** Kawaljeet  
Karamanbir

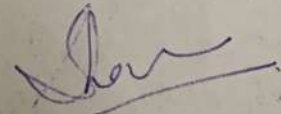
**ARRANGEMENT AND DISCIPLINE:** Inderpreet

Bawan  
Jaswinder  
Kawaljeet  
Priyanka  
Karmenbir Kaur  
Neelam  
Pooja

**INVITATION :** Riya  
Mehak Sharma

**VIDEO AND IMAGING:** Vandana Sharma  
Sakshi

**REPORT:** Shikha  
Shruti



**Principal**  
**M. M. Institute of Nursing**  
**Maharishi Markandeshwar University**  
**Mulana (Ambala)**

**M.M. INSTITUTE OF NURSING, MULLANA, AMBALA  
GROUP PROJECT OF MEDICAL SURGICAL NURSING  
TOPIC: MALARIA**

**THEME: A PUSH FOR PREVENTION**

Students of B.Sc. (N) 2<sup>nd</sup> year organized the group project on the celebration of Malaria Day on 26th April, 2016 to educate the patients about Malaria, Causes, mode of transmission, Sign and Symptoms and Prevention.

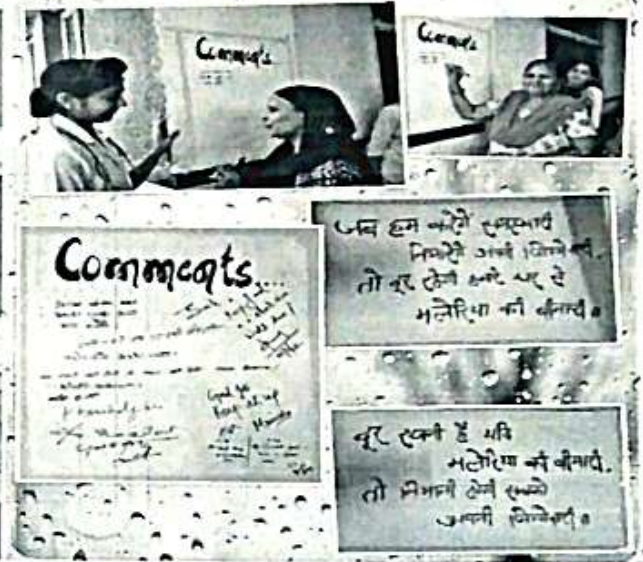
The group project was started with then introductory speech which was proceeded by the role play and explanation of charts.



Date	Time	Venue	Supervisors
26th APRIL, 2016	11:00AM to 12.30PM	MEDICINE WARD, MMIMS&R	<ul style="list-style-type: none"><li>• Ms.Ramandeep Kaur (Nursing Tutor, MMIN)</li><li>• Ms.Charanjit Kaur (Clinical Instructor, MMIN)</li></ul>

**The main objectives were:**

- To define Malaria.
- To enumerate the causes of Malaria
- To describe environmental factor responsible for Malaria.
- To explain mode of transmission of Malaria.
- To explain the sign and symptoms of Malaria.
- To describe the diagnostic evaluation of Malaria.
- To explain the management of Malaria.
- To describe the prevention of Malaria



After the role play the student provided refreshment to all the audience present there. Refreshment contained packet of biscuit for each member. At the end of the group project teachers and patients praised the student's efforts in execution of the group project. They gave positive comments. The concerned teachers also praised the students and also told the students about their shortcomings. It was an appreciating moment for the whole group. As all the students worked hard together for the group project. Students got a huge round of applause from the audience.


*ALL*  
*5/5/16*  
**PRINCIPAL**  
Principal  
M. M. Institute of Nursing  
Maharishi Manoj, Jeshwar Ur  
Mullana (Ambala)

## M.M.INSTITUTE OF NURSING MULLANA AMBALA

### REPORT FOR BLOOD DONATION CAMP 2015-16

On 10 September 2015 the NSS unit 4 (Including M.M.Institute of Nursing) Took Part in Blood Donation Camp on the occasion of Founder's Day celebration. 11 students from M.M.Institute of nursing donate the Blood. After Donation of Blood the student's response was very positive & they feel proud to be a donor of blood.

Sr. No	Class	Name Of Student
1.	B.Sc(N)1 <sup>st</sup> year	Ms.Barkha
2.		Ms.Diksha
3.	B.Sc(N)2 <sup>nd</sup> year	Ms. Amanpreet
4.		Ms.Sakshi
5.		Ms.Shikhadeep
6.	B.Sc(N)3 <sup>rd</sup> year	Ms. Mamta
7.		Ms. Prabhjot
8.		Ms Hemlata
9.		Ms. Nayani
10.		Ms.Preeti
11.		Ms.Pinki

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana India, 133207





# M.M COLLEGE OF NURSING

MULLANA AMBALA

## COMMUNITY HEALTH NURSING-I

### GROUP PROJECT REPORT ON

## DOMESTIC VOILENCE

**Date: 17/9/2015**

**Group Supervisor: Mrs. Uma jebamani deaver**

**Group member: 191270-1912103 (B.Sc.Nursing IV Year students)**

## **INTRODUCTION**

Domestic violence is defined in law as certain criminal acts committed between personnel and opposite sex who live together in the same household.

### **OBJECTIVES**

- ❖ **To impart knowledge among community people about DOMESTIC VOILENCE**
- ❖ **To give awareness about the DOMESTIC VOILENCE**

**DATE**-17/09/2015

**VENUE**-Holi village , Mullana

**LANGUAGE**-HINDI

### **COMMUNITY FIELD SUPERVISORS:**

- Mrs Uma Jebamani Deaver
- Ms Pooja Jaswal
- Mr. Prakash Jha

**Total no. of group members:** 30 Members  
(191270-1912103)

### **INCHARGES OF GROUP PROJECT**

**Group Leaders:** Shallu Rana

- ✓ **Treasurer:** Sushila devi
- ✓ **Invitation In charges:** Simranjeet kaur
- ✓ **A.V. aids In charges:** Rashmi, Robina Thakur
- Skit Leaders:* Shweta kundu
- ❖ **Refreshment In charges:** sushila devi
- ❖ **Narrators:** Shallu Rana
- ❖ **Video and photo incharges:** Sunny drall

**GROUP:** There was approximately gathering of 80-100 members who include childrens, elder, and eligible couples

### **ROLE PLAY:**

Role-play was the main attractive item in this group project, which increases the audience's interest to participate in the group project. It displayed the story of a of current trends which is phased by elderly, or young girls, most of the time female foeticide.

In between they have explained about the charts related to the "DOMESTIC VOILENCE" and the awareness ofdomestic violence. And the group project was concluded with the theme

## **"BREAK THE SILENCE TO THE VOILENCE "**

### **REMARKS:**

At the end of the group projects the people living in Holi village praised the students and given nice and positive comments on this group project and they have thanked the students for this group project.

At the end of the group projects the concerned community field supervisors also given positive comments and given advises about how to overcome their minute mistakes.

At the end of the group project the students got a huge round of applause from the audiences. This was a great credit to all the participants of this group project

### **PROBLEM FACED:**

The students have consumed a lot of time in the arrangements of place and gather people .

### **SUMMARY AND CONCLUSION**

Because of this group project the people of the community area got enough knowledge regarding the DOMESTIC VOILENCE .

Also they got enough knowledge regarding domestic violence .

It was a knowledgeable and enriching experience, as the students got confidence in organizing the group project at community level.

# MAHARISHI

# MARKENDESHWAR

# COLLEGE OF NURSING

# MULLANA

You are heartily invited to the Group project which is going to be organised by student of B.Sc (Nursing) 3<sup>rd</sup> year II Group on the topic SCHIZOPHRENIA on 10 Oct 2015 on the OCCASSION OF:-

NA WORLD MENTAL HEALTH DAY [10 Oct 2015]

# GROUP PROJECT "SCHIZOPHRENIA"

VENUE :- OPD

TIMING :- 10:00 AM - 11:00 AM

- \* Director Sir
- \* Medical Superintendent
- \* MATTERON
- \* OPD Incharge
  - Dr. Br̄jesh
  - Dr. Anil Gaur
  - Dr. Avichal
  - Dr. Adī
  - Dr. Sandhya Mohanti
  - Miss. Renuka Mam
  - Sister Rekha Rani & OPD Staff
  - Miss. Gurwinder Mam
  - Mr. Shreenivasan Sir
  - Miss Navneet Mam.

**M.M. COLLEGE OF NURSING,**  
**MULLANA, AMBALA**

**REPORT OF GROUP PROJECT**  
**ON**

**“DEMENTIA”**

**SUBMITTED TO**

MS MANPREET SHARMA

ASSISTANT PROFESSOR

MENTAL HEALTH NURSING

**SUBMITTED BY**

BSC.(N) 3RD YEAR

BATCH 2014-18

**INTRODUCTION:- Dementia**, is a chronic neurodegenerative disease that usually starts slowly and gradually worsens over time. It is the cause of 60–70% of cases of dementia. The most common early symptom is difficulty in remembering recent events. As the disease advances, symptoms can include problems with language, disorientation (including easily getting lost), mood swings, loss of motivation, not managing self-care, and behavioural issues. As a person's condition declines, they often withdraw from family and society.

**ACTIVITIES CARRIED OUT:-**


Bsc .Nursing 3rd year students of M.M.College of Nursing conducted group project on the topic # DEMENTIA # at Institute of Mental health and Hospital in the Family ward under the supervision of Ms. Ranuka David (programme coordinator of IMHH )in October 2016 under the supervision of Mr. Bibin Mathew (Assistant Professor at M.M.C.O.N)and Ms.Ravneet Kaur (Assistant Professor at M.M.C.O.N). Total 93 students were participated in the group project.

**ROLE PLAY: - 10-10.30 A.M**

**EXPLANATION OF CHARTS: - 10.30-11 A.M**

**FEEDBACK: - 11-11.15 A.M**

**REFRESHMENT: - 11.15-11.40 P.M**

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana-India, 132007

# M.M COLLEGE OF NURSING

MULLANA AMBALA

## COMMUNITY HEALTH NURSING-I

### GROUP PROJECT REPORT ON

## Environmental Sanitation

**Date: 20/10/2015**

**Group Supervisor: Mrs. Uma Jebamani Deaver**

**Group member: 1912001-1912032(B.Sc.Nursing IV Year students)**



## **INTRODUCTION**

School health programme is an integrated part of community health. It is that phase of community health and family health service that promotes the well being of the child and the education that is very healthful. School health programme can be a powerful influence for shaping health behavior. There is a unique opportunity to promote, maintain and improve health of well being. A good school health programme contributes to all educational objectives.

## **OBJECTIVES**

- ❖ **To impart knowledge among community people and students regarding environmental sanitation**
- ❖ **To give awareness about the environmental sanitation**

**DATE**-17/09/2015

**VENUE**-Mullana, government senior secondary school

**LANGUAGE**-HINDI

## **COMMUNITY FIELD SUPERVISORS:**

- Mrs Uma Jebamani Deaver
- Ms Pooja Jaswal
- Mr. Prakash Jha

**Total no. of group members:** 30 Members  
(1912001-1912032)

## **INCHARGES OF GROUP PROJECT**

- ✚ **Group Leaders: Aparna,Arti**
- ✚ **Treasurer: Arti**
- ✚ **Invitation In Charges: Beant Kaur, Avtar Kaur**
- ✚ **A.V. Aids In Charges: Darshan, Jai Laxmi, Astha**
- ✚ **Skit Leaders: Bhawna, Dikhsa, Astha, Jai Laxmi,**
- ✚ **Refreshment In Charges: Harshmeet,Harjeet**
- ✚ **Narrators: Jyoti, Pushpa**
- ✚ **Video And Photo Incharges: Gurkaran**

**GROUP:** There was approximately gathering of 80-100 members who include teachers and childrens.

**ROLE PLAY:**

Role-play was the main attractive item in this group project, which increases the audience's interest to participate in the group project. It displayed the story of a Environment, that how we are making or destroying the earth or are surrounding by misusing the nature and our main focus was on air pollution, water pollution, and soil pollution .

In between they have explained about the charts related to the “ENVIRONMENTAL SANTITATION” and the awareness of ENVIRONMENTAL SANTITATION . And the group project was concluded with the theme

**“SAVE ENVIRONMENT, HEALTHY LIFE ”**

**REMARKS:**

At the end of the group projects the teachers praised the students and given nice and positive comments on this group project and they have thanked the students for this group project.

At the end of the group projects the concerned community field supervisors also gave positive comments and given advises about how to overcome their minute mistakes.

At the end of the group project the students got a huge round of applause from the audiences. This was a great credit to all the participants of this group project

**PROBLEM FACED:**

The students have consumed a lot of time in the arrangements of charts.

**SUMMARY AND CONCLUSION**

Because of this group project the people of the community area got enough knowledge regarding the **environmental sanitation**.

Also they got enough knowledge regarding environmental sanitation .  
It was a knowledgeable and enriching experience, as the students got confidence in organizing the group project at community level.



Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana-India,133207

# **REPORT ON SCHOOL HEALTH PROGRAMME ON DISASTER MANAGEMENT**

## **INTRODUCTION-**

B.sc. Nursing 4<sup>th</sup> year student did the School Health Programme on Disaster Management. The morbidity and mortality rate is high in the school children due to natural calamities. We Aware the school children and teacher about Earthquake with the help of mock drill and preparation for earthquake and what response of teachers and children during earthquake to prevent the casualties during school time with help of charts.

School health programme is an integral part of community health. It is that phase of community health and family health service that promotes the wellbeing of the child his/her education for healthful living. School health programme can be a powerful influence for shaping health behavior.

Schools are densely populated places with many small children, who are one of the most vulnerable groups in the society. It has been proven time to time that during disasters especially in earthquake school and schools children's are the most affected. To reduce the vulnerability particularly for schools, it is important to have a school disaster management plan.

## **OBJECTIVES OF PROGRAMME**

1. To assess the students health from head to foot
2. To provide general awareness on disaster management by using A.V. aids such as charts
3. Disaster management plan and first aid training
4. To conduct a mock drill on earthquake

**Theme: - "BE ALERT, DON'T GET HURT"**

**DATE-**20/11/2015

**VENUE-** Govt. High School, Ganganpur

**LANGUAGE-HINDI**

## **COMMUNITY FIELD SUPERVISORS:**

- Mrs Uma Jebamani Deaver
- Ms Pooja Jaswal
- Ms.Pooja Devi
- Mr. Prakash Jha

**Total no. of group members:**B.Sc. Nursing 4<sup>th</sup> Year 18 students (1912034-1912069)

## **INCHARGES OF GROUP PROJECT**

**Group Leaders:** Monika

**Treasurer:** Jyotika

**Invitation In Charges:** Navneet

**A.V. Aids In Charges:** Mahesh, karitika, meena ,naincy, Lovepreet, Navdeep, karamjot

**Mock Drill:** nishant, punit , Kuldeep, Rajan, Mahesh

**Refreshment In Charges:** Kuldeep , Nisha, Poojan

**Narrators:** Nishant

**Video And Photo Incharges:** Rajan and Navnnet

**GROUP:** There was approximately gathering of 80-100 members who include teachers and children of Ganganpur High School.

### **PHASES:-**

#### **[1] PRE SCHOOL HEALTH PROGRAMME:**

On the previous day of the school health programme, we went to government high school ganganpur, we met Mr. Bhalla Principal Sir and seeks the permission for conducting school health programme on "DISASTER MANAGEMENT "on 20<sup>th</sup> nov.2015.we prepared all the A.V.Aids and did the rehearsal for mock drill and give the invitation to principal Mam and all faculty member of M.M. college of nursing for this programme.

#### **[2] SCHOOL HEALTH PROGRAMME:**

A school health programme on DISASTER MANAGEMENT was conducted by 4<sup>th</sup> year students with the help of faculty members on 20<sup>th</sup> NOVEMBER, 2015 at the government high school of Ganganpur at 10 a.m. to 1 p.m.

**Health Assessment:** We reached community at 10 a.m. where we carried all the articles which were necessary for the health check -up. We had done health check up for all those students who were studying in that school. In this we checked Height, Weight, BMI, Immunization status, Health Problem, personal hygiene, dietary pattern of student.

Thorough physical examination and health assessment done of all the students, the results are:

-25% of the students have dental caries

-75% of the students are malnourished

-10% Of the students are not completely immunized.

**Mock drill:** After this we selected 6<sup>th</sup> -10<sup>th</sup> student for mock drill. Divide the students into two groups one group know how to response during earthquake and other group don't know about the response after

earthquake. Mr. Mahesh and Punit explained the complete scenario to the School Students.



They shake the wall and tell the student earthquake loudly and first group's student run carefully outside in safe place, half student sit below the batch, hold the batch, cover their heads and their school bags.



And second group's run here and there start shouting, fall and get hurt.

After this student teacher and some students help the injured student and provide the first Aid, call the ambulance and local community people for help.



**Health Education:** We gave the Health Education with help of charts.

The topics covered definition of disaster, type of disaster, cause of Disaster, effect of Disaster, Prevention of Earthquake, and prevention of casualties after earthquake. Monika, Punit and Mahesh explained the charts. School Principal and Our HOD given the comments on Programme.



Vote of thanks given by Nishant. We distribute the Pen to all student said thanks for active participation.

We were being supervised by Ms. Pooja Jaswal, Nursing tutor of community department and helped us in making our programmeme a great success. We were thankful to Mrs. Uma Deaver, HOD of community health nursing , Miss Manjari Rana, Assistant Professor, Mr. Bankim Chandra , Nursing Tutor, Mr. Parkash Jha and Miss Pooja Devi , Clinical Instructors are the faculty members who accepted our invitation and attended the programme and also helped us in making are programmeme a great success and guided us throughout the programme .

### **[3] POST SCHOOL HEALTH PROGRAMME :**

The programme got over at around 1 :00 pm and we gave our greetings and THANKS to all the faculty members of the school and we picked up all the articles and were back to the college . Make the report of programme and submitted to our HOD Mam.

### **REMARKS:**

At the end of the Programme the our Teacher and School Principal and teachers praised the students and given nice and positive comments on this and School Principal have thanked the students for this programme.

At the end of the programme the concerned community field supervisors also gave positive comments and given advises about how to overcome their minute mistakes.

At the end of the programme the students got a huge round of applause from the audiences. This was a great credit to all the participants of this programme.

### **SUMMARY AND CONCLUSION**

Because of this School Health Programme the School children and teacher got enough knowledge regarding the **Disaster Management**. It was a knowledgeable and enriching experience, as the students got confidence in organizing the School Health Programme at community level.



# M.M.C.O.N.

## COMMUNITY HEALTH NURSING

### School Health Programme

On


### Disaster Management

(20/11/15)



*SUBMITTED TO : Ms. Uma Deaver (HOD, Community Health Nursing)*

*SUBMITTED BY: B.Sc. nursing 4<sup>th</sup> year (2<sup>nd</sup> group)*

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana-India.133207

# M.M COLLEGE OF NURSING

MULLANA AMBALA

## COMMUNITY HEALTH NURSING-I

### GROUP PROJECT REPORT ON

## ELDERLY DAY

Date: 16/10/2015

Group Supervisor: *Mrs. Uma jebamani deaver*

Group member: 1912001-1912032(B.Sc.Nursing IV Year students)

## INTRODUCTION

B.sc. Nursing 4<sup>th</sup> year student did the group project on elderly care. On the occasion of INTERNATIONAL ELDERLY DAY, it was celebrated on 1<sup>st</sup> October year. Elderly are aged over 60 years, in our fast ageing world older people will increasingly play a critical role – through volunteer work, transmitting experience and knowledge, helping families with caring responsibilities and increasing their participation in the paid labour force.

## OBJECTIVES

- ❖ To impart knowledge among community people and students regarding ELDERLY DAY
- ❖ To give awareness about the elderly day

DATE-16/09/2015

VENUE- HOLI COLONY, Mullana

LANGUAGE- HINDI

## COMMUNITY FIELD SUPERVISORS:

- Mrs uma jebamani deaver
- Mr bankim chandra
- Ms pooja jaswal
- Mr. prakash jha

Total no. of group members: 30 Members  
(1912001-1912032)

## INCHARGES OF GROUP PROJECT

**Group Leaders: Aparna, ARTI**

- ✓ **Treasurer: Arti**
- ✓ **Invitation In charges: Beant kaur, Avtar kaur, Astha**
- ✓ **A.V. aids In charges: Darshan, jai laxmi, Astha**  
*Leaders for organizing game- jyoti dalal, Bhawna*
- ❖ **Refreshment In charges: Harshmeet, Harjeet**
- ❖ **Video and photo incharges: Gurkaran**

GROUP: There was approximately gathering of 40-50 members who include teachers and childrens.

## ROLE PLAY:

The celebration of elderly day was good as the main focus was on elderly people regarding physiological changes on elderly and how we can help the elderly people. An attractive game was decided in this group project for elderly people, which increases the audience's interest to participate in the group project.

In between they have explained about the charts related to the "ELDERLY DAY" and the awareness of elderly day. And the group project was concluded with the theme

## **"SUSTAINABILITY AND AGE INCLUSIVENESS IN URBAN ENVIRONMENT"**

## REMARKS:

At the end of the group projects the community people praised the students and given nice and positive comments on this group project and they have thanked the students for this group project.

At the end of the group projects the concerned community field supervisors also given positive comments and given advises about how to overcome their minute mistakes.

At the end of the group project the students got a huge round of applause from the audiences. This was a great credit to all the participants of this group project

## PROBLEM FACED:

The students have consumed a lot of time in the arrangements and gathering old age people .

## SUMMARY AND CONCLUSION

Because of this group project the people of the community area got enough knowledge regarding the **ELDERLY PEOPLE** .

Also they got enough knowledge regarding elderly people .It was a knowledgeable and enriching experience, as the students got confidence in organizing the group project at community level.

# MMCON AN OBSERVATION REPORT ON :

## HIV-AIDS

(Group Project)



79  
100

~~50/100~~  
4/3/16

**SUBMITTED TO:**

Miss Sakshi

**SUBMITTED BY:**

Roll No. 1915 217 to  
1915235

Post BSc. Ist Yr.

<sup>Msg.</sup>  
**SUBMITTED ON:**

4 March 2016.

# INTRODUCTION

"समझदारी और सुरक्षा करें एड्स संरक्षा"  
"जन-जन को बतलाना है, बतलाना है"  
एड्स से मुक्त करना है, करना है" !!

HIV-AIDS the above started theme, mass education programme was celebrated by post Basic BSc. Nursing 1st year student of MMCON in M.M hospital Mullana. on 26<sup>th</sup> Feb. 2016 in the Medicine ward.

We are in total members (Group-B).

Roll No.	Name	Roll No.	Name.
1915217	Pawanpreet	1915232	Hemlata
1915218	Poonam	1915233	Bharnashwari
1915220	Raman	1915234.	Attika.
1915221	Sakshi		
1915222	Simran		
1915223	Sukhjeet		
1915224	Suman		
1915225	Veenu		
1915226	Alka		
1915227	Menika		
1915228	Sujata		
1915230	Yogita		
1915231	Tanu		

The project was carried out in medicine ward under the guidance of Miss Sakshi Mam and Miss Kanika Mam.

## OBJECTIVE

To provide knowledge to the patient and their family members regarding the concept of "HIV-AIDS"

## PLANNING

We decided to conduct a group project at the site of MMCON & MMIMRS hospital on the topic of HIV-AIDS. Firstly we invited staff members, Nursing superintendent mam.

On dated to 26<sup>th</sup> Feb, 2016 we all the student of post Basic B.Sc. I<sup>st</sup> Year came to the hospital at 8:30 am. We all were together in Demo-room. We gave attendance to our clinical Instructor. Then we started the preparation.

Firstly we assess the suitable space for our role play then we clean the place after that we put the screens on that place and attach the chart on the screen. Then we arrange the chairs for audience and for the teachers. After that we arrange all necessary articles and things on the stage. Then after 10:30 am we started the play

# ORGANIZATION

The group project is organised by Monika and Suman. Monika gave introduction about the topic to audience and after that gave brief summary about the HIV-AIDS.

## INVITATION CARD

- Principal Mam.
- NS mam. (Nursing Suprident)
- HOD of medicene ward.
- Nursing staff and Nursing Tutors.



CONTENT

# IDENTIFICATION DATA

- Class - 1st Basic BSc. Nursing I<sup>st</sup> Year.
- Name of the subject - Medical Surgical.
- Name of the topic - HIV - AIDS.
- Group of the people - Patient and their family members.
- Date and Time - 26<sup>th</sup> Feb, 2016 and 10:30 am.
- Venu - Medicine Ward.
- Duration of Teaching - 1 hour.
- AV - Aids - Charts.
- Teaching Material - Role Play.

## General Objectives :-

At the time of teaching group will be able to understand the topic of HIV - AIDS and to give the more knowledge about the HIV - AIDS & its prevention.

Time	Specific Objective	Content	Teaching & Learning activities	AV-AIDS	Evaluation
1.min.	Define HIV-AIDS	<p><u>Definition</u> :-</p> <p>HIV stands as Human Immuno Deficiency Virus.</p> <p>AIDS stands as Acquired Immuno Deficiency syndrome.</p> <p>HIV- AIDS is a immunological diseases which is characterised by → loss of appetite, body ache, Nausea, vomiting, blister on mouth, rashes etc. In this HIV effect on the CD-4-cells. If CD4-cell decrease upto 200 then it cause AIDS.</p>		C H A R T S	
2min.	Discuss etiological factors of AIDS.	<p><u>Etiology</u></p> <ul style="list-style-type: none"> <li>• Infected Needle prick injury.</li> <li>• Sex - intercourse with HIV infected person.</li> <li>• HIV mother to their fetus.</li> <li>• Tattooing.</li> <li>• Infected Blood Transfusion.</li> </ul>	learning.	AV-AIDS.	Evaluation

Time	Specific Objective	Content	Teaching & learning.	AVIDS.	Evaluation
3 min.	discuss the risk factors of AIDS.	<p><u>Risk factors</u></p> <ul style="list-style-type: none"> <li>• Prostitution</li> <li>• Mother to foetus.</li> <li>• Health workers.</li> <li>• family history.</li> <li>• Drug abuses with same syringes.</li> <li>• Smoking, Alcohol.</li> </ul>		C	
3 min.	Discusses the clinical manifestation of HIV-AIDS.	<p><u>Clinical Manifestation</u></p> <ul style="list-style-type: none"> <li>• Cough &amp; chest pain.</li> <li>• Nausea / vomiting.</li> <li>• Malaise.</li> <li>• Diarrhoea.</li> <li>• Body ache.</li> <li>• Blisters in the mouth.</li> <li>• Rashes on the body.</li> <li>• Swollen Lymph nodes.</li> <li>• Dizziness.</li> <li>• Weight loss.</li> <li>• Head Ache.</li> </ul>		H A R T S.	

Time	Specific Objective	Content	Teaching & Learning -	AV-AIDS-	Evaluation
2 min.	Discuss complication of HIV-AIDS.	<u>Complications :-</u> <ul style="list-style-type: none"> <li>• TB.</li> <li>• Kidney Disease.</li> <li>• Cardiac Disease.</li> <li>• Immunological Disorders.</li> <li>• Death.</li> </ul>		C H A R T S.	
2 min	Discuss the Diagnostic Evaluation of HIV-AIDS.	<u>Diagnostic Evaluations:</u> <ul style="list-style-type: none"> <li>• Blood Test.</li> <li>• Serum Test</li> <li>• Montex Test</li> <li>• ELISA Test.</li> <li>• CD-4 cell Test.</li> </ul>			
2 min.	discuss the medical mgt. of HIV-AIDS.	<u>Medical Management</u> <ul style="list-style-type: none"> <li>• Antiretroviral Therapy.               <ul style="list-style-type: none"> <li>→ Nucleoside reverse transcriptase Inhibitors.</li> <li>→ Protease Inhibitors.</li> <li>→ NNRTIs.</li> </ul> </li> </ul>			

Time	Specific Objective	Content	Teaching & Learning	AV AIDS	EVAL
		<ul style="list-style-type: none"> <li>→ Anti depressant therapy</li> <li>→ Appetite stimulant should be used.</li> <li>→ Antibiotics.</li> <li>→ Antidiarrheal therapy.</li> <li>→ Chemotherapy.</li> <li>→ <u>NG feeding</u></li> </ul>		C  H  A  R  T  S.	

अथ नाटिका





# HIV AIDS

Nanatar → नमस्कार में Monika Post Bante 10 year की

द्वारा आप सब का स्वागत करती हूँ। आज हम आपके सामने एक लघु नाटिका प्रस्तुत करने जा रहे हैं। जिसका विषय है HIV AIDS। इस लघु नाटिका के माध्यम से हम यह जानेंगे कि AIDS क्या होता है, क्यों होता है और यदि इससे बचाव न किया जाए तो हमारे जीवन पर क्या प्रभाव पड़ता है।

→ तो आइए सबसे पहले में इस लघु नाटिका के पात्रों से आपका परिचय करवाना चाहूँगी।

## पहला परिवार

- साक्षी - विद्या के रूप में
- सुखजीत - विद्या के पिता के रूप में
- तनु - विद्या की माँ के रूप में

## दूसरा परिवार

- श्रमण - रमेश के रूप में
- पवन - रमेश के रूप में

## अन्य पात्र

- भावना - स्वास्थ्य सलाहकार के रूप में
- हेमलता - रमेश के दोस्त के रूप में
- वीजू - डॉक्टर के रूप में
- सिमरन - नर्स के रूप में

• जीनिका - पात्रपरिचय के रूप में

• अलका - प्रेस ह्यूमर के रूप में

→ यह लघु नायिका मुख्यता विद्या और रमेश की कहानी पर आधारित है जिनकी शादी होने वाली है और रमेश जोकी पहले से ही HIV से पीड़ित है। और उसने यह बात अपने परिवार वसों और विद्या से छुपाई। जिसका परिणाम उसे और विद्या को अपने जीवन में गमगता पड़ता है।

तो आइए देखते हैं HIV AIDS क्या होता है, यह क्यों होता है और गीव इसके लिए सुरक्षा न ली जाए तो यह कैसे हमारे जीवन पर दुष्प्रभाव डालेगा।

पहला दृश्य

विद्या का घर

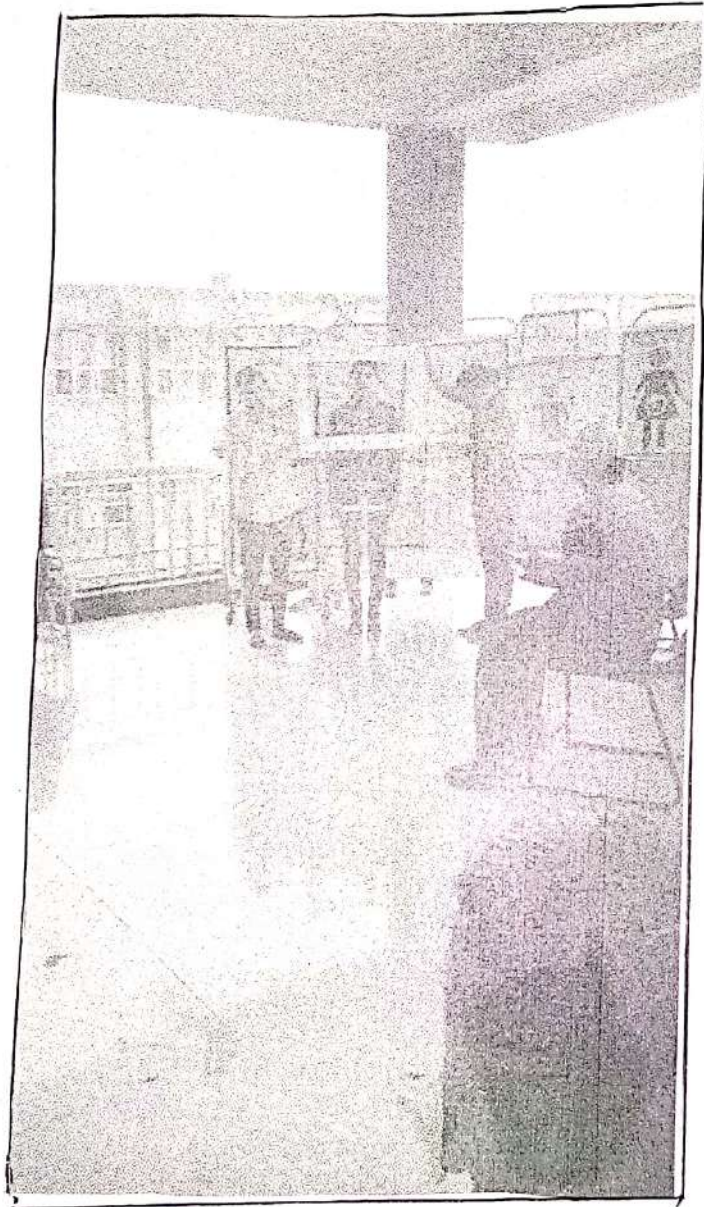
विद्या :- काम करते हुए।

पिता :- उसे देखते हैं इरवरीन जी आज क्या नया सा पहना है।

विद्या तुमने TV का Remote देखा। विद्या इधर उधर देखते हुए।  
हंजी पिताजी ये लो।

TV on किया।

अलका :- नमस्कार सौरु हुए हो जाग जाइए आज हम आपको AIDS के विषय में जानकारी देंगे। AIDS यानी Acquired Immuno deficiency syndrome. जो कि असुरक्षित यौन सम्बन्ध, संक्रमित सुई के प्रयोग से फैलता है।



अधिक जानकारी के लिए अपने मोबाइल के इनबॉक्स में जाइए और डायल करें 594595।

माँ → मुझे से रिपोर्ट लेते हुए। अरे यह क्या सुबह-2 राम का नाम लेते हैं ये क्या लगा रखा है। इससे बच्चों का क्या असर पड़ेगा।

पिता → अरे यह लेकर की बात नहीं है यह तो AIDS के बारे में महत्वपूर्ण जानकारी दी जा रही है जो जरूरी है।

माँ → बस-बस रहने दो तुम अपनी जानकारी अपने पास ही रखो, जा विद्या अन्दर अपना काम करे।

पिता → इन औरतों का भी सम्झ नहीं आता।

पात्र परिचयक →

इनकी बेटी तो अनजान है  
पर ये बिमारी एक शैतान है  
पर आप सब तो बुद्धिमान हैं

तो कृपा करके इस बिमारी के विषय में अपने बच्चों से न हथपार अपितु उन्हें शिक्षित करें। तो जाइए अब देखते हैं शमेश जो कि विद्या का दौने वाला पति है वो कैसे अपने जीवन में इस बिमारी का शिकार होता है।

दूसरा दृश्य

शमेश और उसका परिवार

शमेश → माँ के पिछे-2 माँ, माँ मुझे पैसे दो, मरका लगाते हुए तु तो मेरी प्यारी है दे न पैसे।

माँ → मैं पैसे क्यों चाहिये।

शमेश → ~~मैं~~ अपनी फीस भरनी है।

माँ → अभी तो भरी थी।

शमेश → तो वो तो आवी भरी थी अब पूरी भरनी है।

माँ → मुझे से ले पर अब नहीं दूगी इसी बार भर लेना। और हाँ आते हुए *friendly* खत्म हो गई वो लेकर आना।

शमेश → हाँ, हाँ ले आऊंगा। अरे मजा आ गया अब तो पकी करवा।

# तिसरा दृश्य

## रमेश और उसके दोस्त

सिन्धु → अरे रमेश कद रघा था कि आज पार्टी करेंगे और अभी तक आया भी नहीं पता नहीं कहा रह गया। अरे लौ आ गया।

रमेश → अरे सिन्धु रिसकी कैसे है।

रिसकी → ठिकथार सब ठिक। आज पार्टी करनी है।

रमेश → हाँ, थार।

रिसकी → अरे अहाँ सिन्धु, रिसकी रमिया वहाँ मरफिला जमिया। अरे राकू तेरी म्या लौटरी लगी है।

रमेश → हाँ बस समझ लो, माँ ने आज पैस दिए हैं।

रिसकी → अरे थार रमेश सुना तु निमार था बडा खुन चडा तुझे अब कैसा है।

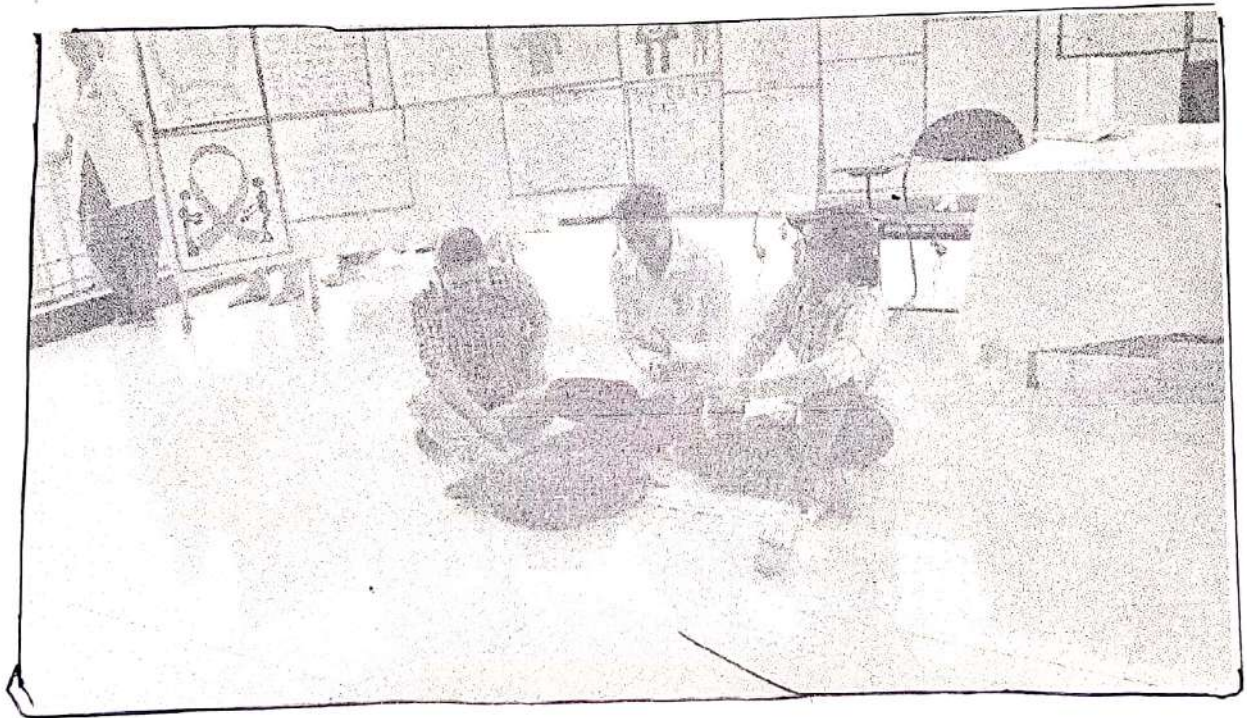
रमेश → अरे वो तो बहुत पहला चडा था अब तो ठिक है सब।

(सब नशा करते हुए)

रमेश → अरे थार माँ ने काम दिया था वो मुझे थार आगवा तो मैं चलता हूँ और शायी मैं आना मत भूलना।

सिन्धु → चल थार हम भी चलते हैं।

पात्र परिचयक → तो आप अब ने देखा कि रमेश जो कि दूफ्त खुन के चढ़ाने से HIV से ग्रसित हुआ। और यह बात उसने अपने दोस्तों और माँ से छुपाई। और अपनी नासमझी और अज्ञानता के कारण अपनी ही दाय प्रयोग कि गई शुई को अपने मित्रों को भी प्रयोग करने दिया जो कि HIV के फैलने का एक मुख्य कारण। इसके कारण उसके दोस्तों को भी इस निमारी का सामना करना पड सकता है। तो आइए अब देखते हैं उसके



शादी शुदा जीवन में इस बिमारी का क्या प्रभाव पड़ता है।

## शादी का दृश्य

पात्र परिचयक → तो आइए अब देखते हैं शादी के कुछ समय बाद का दृश्य।

विद्या की सास → शी बहुत, अरे पानी तो पिना दे, शी बिपनी।

विद्या → पानी का गिलास लाते हुए और गिर जाती है।

सास → क्या हुए उगते हुए कुर्सी पर बैठा देती है।

विद्या → माजी चम्कर आ रहे है, कमजोरी भी हो रही है।

सास → अरे तैय तो रोज का काम है जब से आई है बस प्रारिया पर लगी है। मेरे तो भाग ही फूट गए और अब तो थक पेट से है। अब तो ये कोई काम न करेंगे। शैश जा इसे इसके घर दौड़ आ आराम करेगी तो ठिक हो जायगी।

शैश → अरे हाँ माँ इसे काफी दिनों से बुखार हो रहा है। ठिक है मैं इसे इसके घर दौड़ आवा हूँ।

## विद्या और उसका

### परिवार

विद्या की माँ → अरे विद्या तु, कोई खबर भी नहीं कि सब ठिक है न तु बिना बताए ही आ गई और दामन जी नहीं आए।

विद्या → वो मुझे बाहर तक दौड़कर चले गए।

विद्या के पिता → अरे पिता कैसी है क्या हुआ तुझे।

विद्या → पिता जी मुझे बुखार है कमजोरी है और शरा शरीर दर्द कर रहा है।

पिता → चलो पहले इसे डाक्टर के पास ले चलते है।

पत्र परिचयक → सही समय पर डाक्टरों से सलाह और डाक्टरों का इलाज से किसी भी विमारी का इलाज सम्भल है। जैसा कि विद्या और उनके माता पिता ने किया और उसे अस्पताल ले गए। तो आइए अब देखते हैं -

### अस्पताल का दृश्य

माता-पिता → नमस्ते सिस्टर जी।

नर्स → नमस्ते।

पिता → देखिए न हमारी बेटी को क्या हो गया है।

नर्स → क्या हुआ आपको?

विद्या → मुझे चक्कर आ रहे हैं, कमजोरी और बुखार है।

नर्स → बुखार चेक करती हैं। और प्लेन भी चेक करती हैं। और विद्या आपका वजन तो काफी कम है। स्कॉर्म में डॉक्टर को बुलाती हूँ।

डॉक्टर →

नर्स → डॉक्टर बाहर रख मरीज आया है अब कैसे देख लीजिए।

डॉक्टर → आप चलिए मैं आता हूँ।

माता-पिता → नमस्ते डॉक्टर साहब।

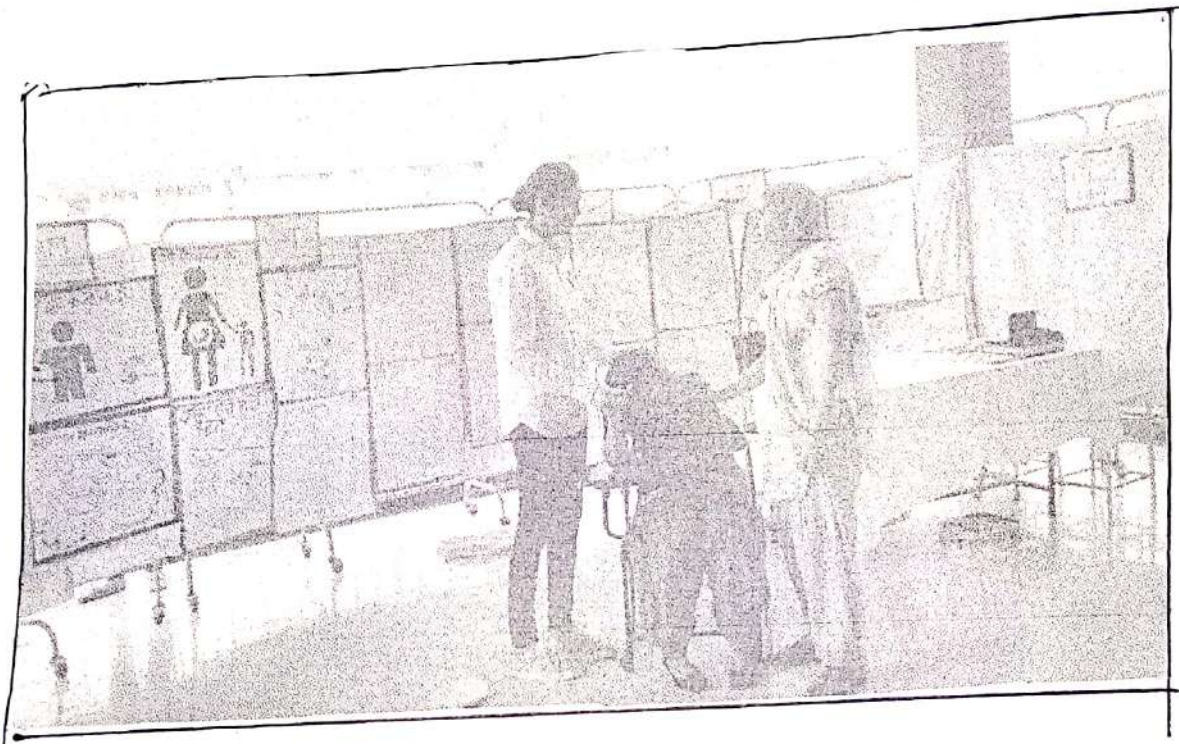
डॉक्टर → नमस्ते। क्या हुआ इनको।

नर्स → लक्षण बताते हुए।

डॉक्टर → पुनः निरीक्षण करता है और बताता है कि विद्या तुम में यून की कमी हो गई है तो मैं तुम्हारे कुछ Test करवाऊँगा। सिस्टर मैं कुछ Test लिख रहा हूँ आप

नर्स → जो डॉक्टर। चलिए विद्या मैं आपको उद्योग शाला में लेकर चलती हूँ। आप दोनों (माता-पिता) बाहर बैठिए।





डामर → वैयिक धरारइय मत आपकी बेटी को HIV+ है।

माँ → HIV ये क्या होता है।

डामर → यह एक लाइलाज विमारी है जो कि असुरक्षित यौन सम्बन्ध से असुरक्षित सुई के प्रयोग से होता है।

विद्या → अब मेरे बच्चे का क्या होगा? पता नहीं मुझे यह कैसे हो गया? शैते हुए चली जाती है।

माँ → अरे विद्या रुक।

डामर → पिता से - वैयिक आप बेटी धरार गइ है उसे समझाइय कि उसके बच्चे को बचाया जा सकता है ये लिजिय ART Centre का पता यहाँ आप अपनी बेटी को ले जाइय यहाँ HIV AIDS के बारे में मुफ्त जानकारी दि जाती है और दवाइयाँ भी मुफ्त में पि जाती है।

पिता → धन्यवाद डाक्टर साहब।

विद्या →

पात्रपश्चिक → जो आपने देखा रमेश की लाइपरवाही के कारण आज विद्या को भी इस लाइलाज विमारी का सामना करना पडा। तो आइय अब देखते है उनके जीवन में इस विमारी का क्या प्रभाव पडता है।

रमेश → विद्या अरे तुम से क्यों रही हो क्या हुआ तुम्हें?

विद्या → शैते हुए मैं HIV+ हूँ।

रमेश → क्या तुम भी।

विद्या → हाँ मैं। अब हमारे बच्चे का क्या होगा? मैंने न असुरक्षित सुई का प्रयोग किया। नहीं सुन। पर मैंने तो तुम्हारे साथ, इशका मतलब तुम —

रमेश → हाँ, हाँ मुझे खडस है, है मुझे खडस। दुपाया मैंने सलसे क्योंकि मैं इरता था कही ये समाज मुझसे बेप भाव न करे। मुझे धर मैं न निकाल पिया जाय। इसलिये नहीं बलाया।

विद्या → तो मुझे तो बला सकते थे।

पात्र परिचय → तो आइए अब देखिए जब विद्या कुछ समय बाद अपनी रिपोर्ट लेने आती है तो क्या होता है।

माता पिता → नमस्ते सिस्टर जी। क्या हमारी बेटी की रिपोर्ट आ गई है।

नर्स → जी हाँ आ गई है। आप रुकिए मैं डायरी से कुछ कर बताती हूँ। डायरी साहब विद्या और उसके माता पिता रिपोर्ट लेने आए हैं।

डायरी → ठिक है विद्या तो अकेले अन्ध भेज दो।

विद्या → नमस्ते डायरी साहब।

डायरी → नमस्ते विद्या आओ बैठो। मैंने तुम्हारे टेस्ट कर लिए हैं। और अब मैं तुम्हें एक महत्वपूर्ण बात बताने जा रहा हूँ। ध्यान से सुना। तुम्हें ~~एच~~ विद्या तुम HIV+ हो।

विद्या → इतने डर। क्या HIV ये कान सा बुझा रहा है।

डायरी → यह बुझा नहीं है यह एक लाइलाज विमारी है जो हमारे शरीर की रोग प्रतिरोधक क्षमता को खत्म कर देता है।

विद्या → पर यह मुझे कैसे हो गई।

डायरी → यह असुरक्षित यौन सम्बन्ध, संक्रमित व्यक्ति द्वारा प्रयोग कि गई सुई या संक्रमित व्यक्ति के शून से होती है।

विद्या → और मेरा लच्छा डायरी।

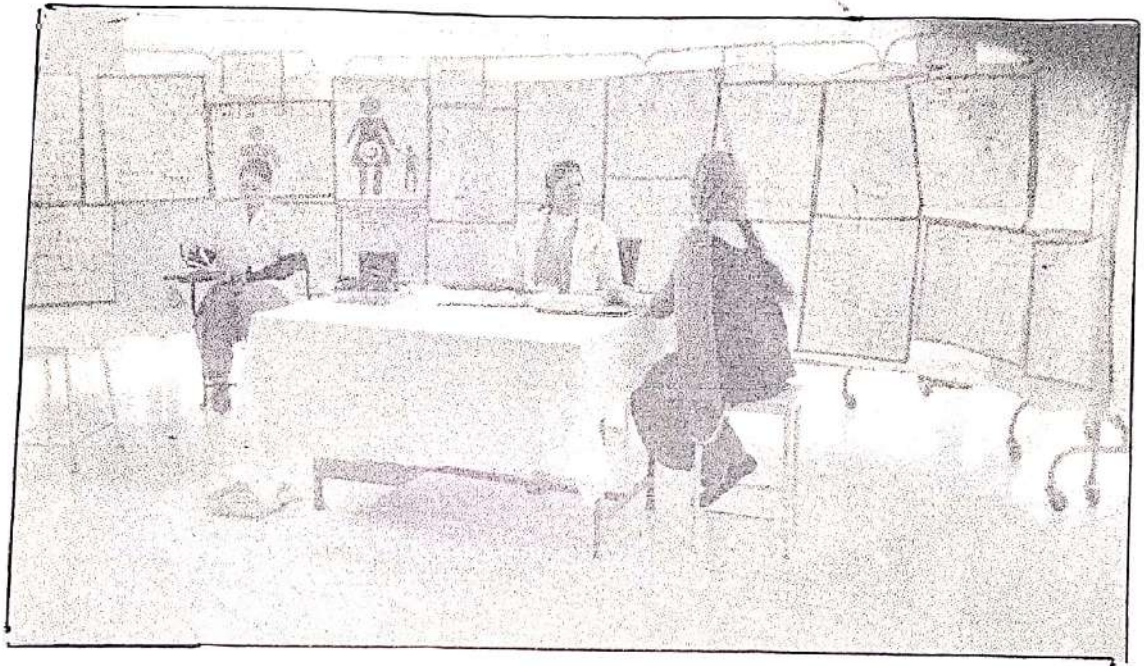
डायरी → तुम्हारे बच्चे को बताया जा सकता है अगर तुम सही दवाइ लो और परेज करो। क्या तुम अपने माता-पिता को यह बात बताना चाहेगी।

विद्या → शैत डर जी डायरी।

डायरी → सिस्टर इनके माता पिता को अन्ध बुलाओ।

नर्स → (माता पिता) आपको अन्ध बुलाया है।

माता पिता → और डायरी साहब क्या हमारी बेटी को और यैरेमिया रही है। विद्या तु ठिक है न।



रिसकी → अरे यह रमेश के घर से कैसी रौने की आवाज आ रही है। देखता हूँ। अरे रमेश, भाभी स्पू रो रहे हैं? क्या हुआ?

रमेश → मुझे रुझ है दोस्त।

रिसकी → क्या? तुझे रुझ है इतनी खतरनाक बिमारी और तुने बताया भी नहीं। दूर रह मुझसे दूर रह।

रमेश → अरे रुक दोस्त मेरी बात तो सुन। देखा इसी बात से डरता था मैं। ऐसा व्यवहार होगा मेरे साथ। इसलिए मैं डरता था।

विद्या के पिता → अरे विद्या तुम डॉक्टर की पूरी बात सुने बिना ही आ गई। डॉक्टर ने मुझे बताया कि ART Centre में जाकर तुम इस बिमारी के विषय में मुफ्त में जानकारी प्राप्त कर सकती हो और मुफ्त में छेदारा और तुम्हारे बच्चे का इलाज हो सकता है। जो जाओ और जानकारी प्राप्त करें।

## ART Centre

विद्या और रमेश → नमस्ते जी।

सलाहकार → नमस्ते।

विद्या और रमेश → हम यहाँ HIV रुझ के बारे में जानकारी प्राप्त करने आ रहे हैं। हम HIV से ग्रसित हैं।

सलाहकार → देखिए HIV AIDS एक ऐसी बिमारी है जो असुरक्षित यौन सम्बन्ध, सक्रमित सुई से या सक्रमित व्यक्ति के द्वारा-चमच गरु खुन से होती है इसमें हमारी रोग प्रतिरोधक क्षमता खत्म हो जाती है। परन्तु यदि इन बातों का ध्यान रखा जाए और परहेज किया जाए तो हम इस बिमारी से बच सकते हैं। इसलिए समय-समय में अपने स्वत की जाँच करनी आवश्यक कारण। और क्षिप्त सुई व असुरक्षित यौन सम्बन्ध से बचें।

विद्या → और हमारा बच्चा।

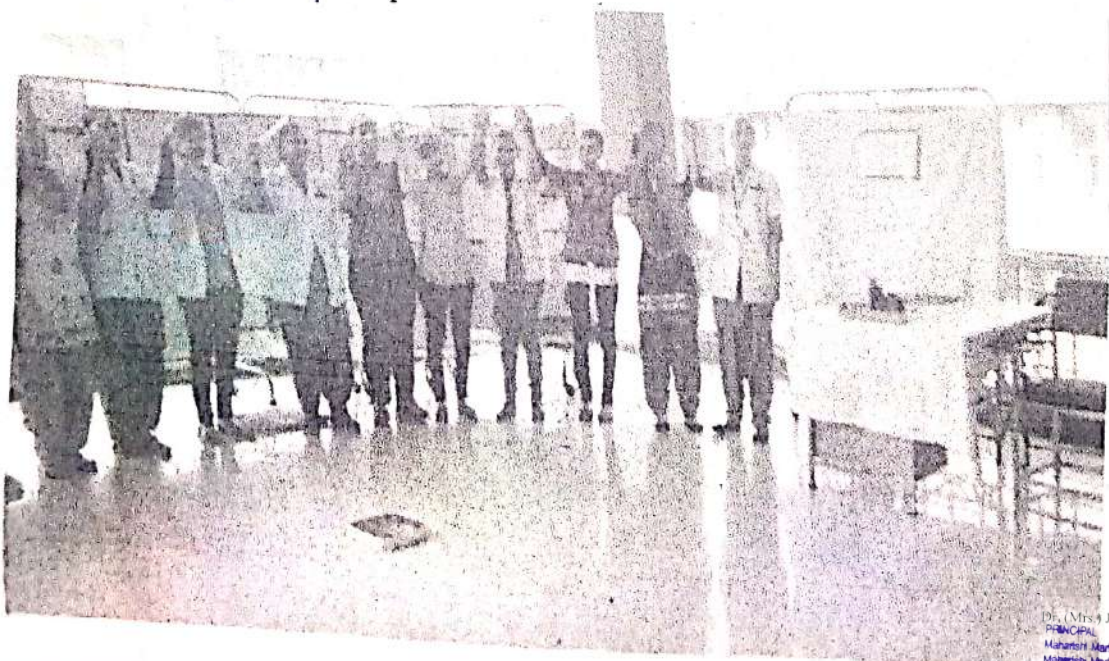
सलाहकार :- आपके बच्चे को बताया जा सकता है यदि आप समय पर इलाज करवाए। आप अपने जीवन को दूसरे लोगों की तरह जी सकते हैं यह साथ लेने से, साथ खाने से दाय मिलाने से नहीं मिलता। बस हम सबको परहेज रखना पड़ता है। आप समय पर सही सलाह देवाइ लें तो बच्चे को बताया जा सकता है।

विद्या → च-चवाय।

पात्र परिचयक → तो आप सबने देखा कि विद्या और रमेश जिन्की शादी हो चुकी थी और रमेश जो कि पहले से ही HIV से ग्रस्त था परन्तु उसने यह बात अपने परिवार से दोस्तों से व विद्या से छुपाई जिसके कारण विद्या और उसके बच्चे को इस बीमारी का सामना करना पड़ा।

पर समय पर डाक्टरों की सलाह लेने पर विद्या के बच्चे को बताया जा सकता है। और विद्या और रमेश भी अपना जीवन सामान्य तौर पर जी सकते हैं। अब के समय पर ART लेते हैं और सही इलाज कराते हैं दवाइयाँ भी समय पर लेते हैं तथा खाने पीने का ध्यान भी रखते हैं।

तो आइए अब इससे आगे की जानकारी हम आपको chart के माध्यम देंगे।



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GROUP  
PROJECT  
REPORT  
ON  
BREASTFEEDING

SUBMITTED TO - RESPECTED MISS VANDNA MAM

SUBMITTED ON - 29.4.2016

SUBMITTED BY - POST BASIC B.Sc NURSING 1<sup>st</sup> YEAR

SUBJECT - MATERNAL HEALTH NURSING



# INTRODUCTION

“माँ का दूध है, सभी गुणों से युक्त।  
जिससे बच्चा रहे, बीमारियों से मुक्त॥”

Breast feeding under the above started theme Mass education programme was celebrated by post basic Bsc Nursing 1st Year student of MHCON & Hospital Mullana on "16th April 2016" at obstetric OPD.

"We are in total 32 members"

Roll No. :-	Name	Roll No.	Name
1915201	Amandeep	1915215	Nisha
1915202	Anshu	1915216	Nisha
1915203	Charu	1915217	Pawanpreet
1915204	Gurpreet Kaur	1915218	Pooam
1915205	Harmeet	1915219	Leet
1915206	Harpreet	1915220	Ramandeep
1915207	Heena	1915221	Sakshi
1915208	Kavita	1915222	Gimaran
1915209	Manisha	1915223	Bujata
1915210	Mamtesh	1915224	Monika
1915211	Monika	1915225	Atlika
1915212	Ncha	1915226	Bharneshwari
1915213	Nidhi	1915227	Hemlata
1915214	Nitika	1915228	Shilpi

1915230

1915231

1915232

1915233

1915234

1915235

The project was carried out in obstetric OPD and the guidance of Mrs. Simarjeet Mam.

## OBJECTIVE ⇒

To provide knowledge to the parents regarding concept of "BREAST FEEDING"

## PLANNING ⇒

We decided to conduct a group project at the site of MMCON and hospital on the topic of Breast feeding. firstly we invited staff members, Nursing Superintendent Mam.

On dated 16th April 2016. We are the students of Post Basic BSc Nursing 2nd Year came to the hospital at 9:00 AM. We all were together, & we gave the attendance to our clinical instructor. Then we started our preparation.

firstly we assess the suitable space for our project i.e. OPD. Then we clean the space after that we arrange the screens on that place and attach the charts on the screen. Then we cover

arrange the chairs for audience and for teachers. We arrange our necessary articles and things on the stage. then at 10:30 AM we started our role play.

## ORGANISATION ⇒

The Group Project is organised by Monika. She gave an introduction about the topic to audience and after that gave brief summary about the Breast feeding.

## INVITATION CARD ⇒

- Principal Mam
- Nursing Superintendent Mam.
- Nursing staff and all Nursing Patrons

SCRIPT

Narrator :

भास्कर । गैरा नाम गौनिका है । मैं m.m college की डिग्री  
Basic BSc Nursing की प्रथम वर्ष की छात्रा हूँ । आज  
हम आपको एक लघु नाटिका के माध्यम से स्तनपान  
के बारे में बताना चाहते हैं । कि स्तनपान क्या है ।  
स्तनपान कथो जरूरी है । स्तन पान करने से बच्चे को  
क्या लाभ मिले है और ना करने से क्या क्या हानिया  
होती है । स्तनपान करने के क्या क्या सही तरीके है ।  
स्तन की स्वच्छता , स्तनपान के दौरान आहार , स्तनपान  
एक प्राकृतिक गर्भ निरोधक है , निष्पल की परिश्रानियों  
और समाजिक अवधारानांरुं इत्यादि ।  
अब मैं आपको इस लघु नाटिका के किरदारों से परिचित  
करवाती हूँ ।

कलाकार नाम

Student name

(पहला परिवार )

वीणा (बहू)

Vanu

राजू (बेटा)

Veenu & Sukhjeet

लक्ष्मी (दादी)

Harpreet

(कुम्भा)

Nisha

(दूसरा परिवार )

राधा (बहू)

Simran

सुरेश (बेटा)

veenu

जमुना (दादी)

Harneet

गंगा (कुम्भा)

Nisha

शरद्वती कुम्भा की (बहू)

Heemlata

( 811211 वरकर )  
( डॉक्टर )  
( नर्स )

NHKA  
Bhavenswari  
NHKA




Number of people :- 25-30 people attended.

# MMCON LESSON PLAN ON CANCER (Group Project)

Submitted To  
Mrs. Kanika  
Asstt. Professor  
MMCON

Submitted On  
04-02-2016

  
Dr. (Mrs.) Jyoti Sarin  
PRINCIPAL  
Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mutlana-Ambala, Haryana-India, 13307

Submitted By  
Group-2  
1913077 to 1913106  
BSc Nursing 3rd Year

# INTRODUCTION

# IDENTIFICATION DATA

Group number: 2

Roll Number: 1913077 to 1913106

Class: BSc Nursing 3rd Year

Topic: World Cancer Day

Venue: Surgery Ward

Guide: Mrs Kanika (Asst. Professor)

Co-guide: Ms. Sakshi (Nursing Tutor) and Ms. Priyanka (Clinical Instructor)

Group: Teenagers and elders.



# GENERAL OBJECTIVE

At the end of group project, people will come to know about cancer, its causes, sign and symptoms, warning signs, treatment, prevention and rehabilitation. Knowledge about cancer will be increased.

# SPECIFIC OBJECTIVE

People will be able to —

- 1) Define the cancer
- 2) Define benign and malignant tumor
- 3) Explain causes of cancer
- 4) Enumerate symptoms of cancer
- 5) Enlist the warning signs of cancer
- 6) Classify the cancer
- 7) Enlist the diagnostic tests
- 8) Explain treatment of cancer
- 9) Enumerate preventive measures of cancer.

S.No	Time	Specific Objective	Content	Teaching Learning Objective activity	Evaluation
				<p><b>INTRODUCTION</b></p> <p>We are the students of Bsc Nursing 3rd Year from roll no. 1913077 to 1913106. Today we are going to present our group project on cancer.</p> <p>Through this group project you all will come to know about cancer, causes, sign &amp; symptoms, warning signs, prevention, treatment and cancer rehabilitation.</p>	

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S.No	Time	specific objective	Content	Teaching activity/objective	Evaluation
1	1min	To introduce about the cancer	<p><b>INTRODUCTION</b></p> <p>Cancer is not a single disease with a single cause; rather it is a group of distinct diseases with different causes, manifestations, treatments and prognosis. Because cancer can involve any organ system and treatment approaches have the potential for multisystem effects.</p>	Group participants introduced the topic.	
	2min	To define the cancer	<p><b>DEFINITION</b></p> <p>Cancer is the uncontrolled growth of abnormal cells anywhere in a body. The abnormal cells are termed cancer cells, malignant cells or tumor cells.</p>	Participants defined the topic	what is cancer?

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Teaching  
 Evaluation

SNo	Time	specific objective	Content	Teaching Learning activity objective	Evaluation
2	2 min	To define benign and malignant tumor	<p>→ Cancer harms the body when damaged cells divide uncontrollably to form lumps or masses of tissue called tumors.</p> <p>→ Tumors can grow and interfere with the digestive, nervous &amp; circulatory systems and they can release hormones that alter body function</p> <p>→ <b>BENIGN TUMOR</b></p> <ul style="list-style-type: none"> <li>• Tumors that stay in one spot and demonstrate limited growth are generally considered to be benign.</li> </ul> <p>→ <b>MALIGNANT TUMOR</b></p> <ul style="list-style-type: none"> <li>• Tumors that spreads to body</li> <li>• Malignant tumors form when two things occur —:</li> </ul>	Participants defined the types of cancer.	Define benign and malignant tumors.

S/No	Time	specific objective	Content	Teaching Learning Objectives	Evaluation
		To define metastasis	<p>— a cancerous cell manages to move throughout the body using the blood or lymph systems, destroying healthy tissue in a process called invasion.</p> <p>— that cell manages to divide and grow, making new blood vessels to feed itself in a process called angiogenesis.</p> <p>→ <b>METASTASIS</b></p> <p>When a tumor successfully spreads to other parts of the body and grows, invading and destroying other healthy tissues, it is said to have metastasized.</p> <p>• This process is called metastasis. &amp; results in a serious condition that is very difficult to treat.</p>	the	what is metastasis?

Mrs. Jyoti Sarin  
 Maharashtra Mahatma College of Nursing  
 Maharashtra Mahatma College of Nursing  
 Maharashtra Mahatma College of Nursing

Sl.No	Time	Specific objective	Content	Teaching/learning objective	Evaluation
3.	5 min	To explain causes of cancer	<p>→ <b>ONCOLOGISTS</b></p> <ul style="list-style-type: none"> <li>• physicians and researchers who specialize in the study, diagnosis, treatment and prevention of cancer are called oncologists.</li> </ul> <p><b>CAUSES OF CANCER</b></p> <ul style="list-style-type: none"> <li>• Cancer is ultimately the result of cells that uncontrollably grow and do not die.</li> <li>• Programmed cell death is called apoptosis and when this process breaks down, cancer begins to form.</li> </ul> <p>1) <u>Genes - the DNA type</u> Cells can experience uncontrolled growth if there are damages or mutations to DNA &amp; therefore damages to the genes involved in cell division.</p>	Group participants explained the causes of cancer.	What are the causes of cancer?

Sno	Time	specific objective	Content	Teaching Learning objective	Evaluation
			<p>Cancer occurs when a cell's gene mutations make the cell unable to correct DNA damage and unable to commit suicide. Cancer is a result of mutations that inhibit oncogene and tumor suppressor gene function, leading to uncontrollable cell growth.</p>		
			<p><u>2.) Carcinogens</u>  Carcinogens are a class of substances that are directly responsible for damaging DNA, promoting and aiding cancer. Tobacco, asbestos, arsenic, radiation such as gamma and X-rays, the sun and compounds in car exhaust fumes are all examples of carcinogens. When our body exposed to carcinogens,</p>		

S.No	Time	Specific Objective	Content	Teaching Learning Objective	Evaluation
			<p>free radicals are formed that try to steal electrons from other molecules in the body. These free radicals damage cells &amp; affect their ability to function normally.</p> <p>3) <u>Genes - the family type</u>  Cancer can be the result of a genetic predisposition that is inherited from family members. It is possible to be born with certain genetic mutations or a fault in a gene that makes one statistically more likely to develop cancer later in life.</p> <p>4) <u>Other medical factors</u>  As we age, there is an increase in the number of possible cancer-causing mutations in our DNA. This makes age an important risk factor for cancer. Several viruses have also been linked to cancer such as human papillomavirus, hepatitis B &amp; C and</p>		



S.No	Time	Specific objectives	Content	Teaching Learning activity/objective	Evaluation
			<p>Epstein-Barr viruses . Human immunodeficiency viruses (HIV) - and anything else that suppresses or weakens the immune system - inhibits the body's ability to fight infections &amp; increases the chance of developing cancer.</p> <p><b>SYMPTOMS OF CANCER</b></p> <ul style="list-style-type: none"> <li>• Symptoms of cancer depend on the type and location of the cancer.</li> <li>• for example - lung cancer can cause coughing, shortness of breath, or chest pain.</li> <li>• Colon cancer often causes diarrhea, constipation and blood in the stool.</li> </ul>	<p>Group participants enumerated the symptoms of cancer.</p>	<p>Enumerate the symptoms of cancer.</p>

SNO	Time	Specific Objective	Content	Teaching Learning Objective	Evaluation
5.	1 min	To enlist the warning signs of cancer	<p>The following symptoms can occur with most cancers:</p> <ul style="list-style-type: none"> <li>• Chills</li> <li>• Fatigue</li> <li>• Fever</li> <li>• Loss of appetite</li> <li>• Malaise</li> <li>• Night sweats</li> <li>• Weight loss</li> </ul> <p><b>WARNING SIGNS OF CANCER</b></p> <ul style="list-style-type: none"> <li><b>C</b> change in bowel or bladder habits</li> <li><b>A</b> a sore that does not heal</li> <li><b>U</b> unusual bleeding or discharge from body orifice</li> <li><b>T</b> Thickening or a lump in breast or elsewhere</li> <li><b>I</b> Indigestion or difficulty in swallowing</li> <li><b>O</b> Obvious change in a wart or mole</li> <li><b>N</b> Nagging cough or hoarseness.</li> </ul>	Group participants enlisted the warning signs of cancer	What are the warning signs of cancer?


SNo	Time	Specific objectives	Content	Teacher learning objective	Evaluation
6.	4 min	To classify the cancer	<p><b>CLASSIFICATION OF CANCER</b></p> <p>1) Carcinomas are characterised by cells that cover internal and external parts of the body such as lung, breast and colon cancer.</p> <p>2) Sarcomas are characterised by cells that are located in bone, cartilage, fat, connective tissue, muscle &amp; other supportive tissues.</p> <p>3) Lymphomas are cancers that begin in the lymph nodes and immune system tissues.</p> <p>4) Leukemias are cancers that begin in the bone marrow and often accumulate in the bloodstream.</p>	Group participants explained the classification of cancer.	What is the classification of cancer?

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Sno	Time specific objective	Content	Teaching Learning objective	Content
7.	1min To enlist the diagnostic tests	<p>5) Adenomas are cancers that arise in the thyroid, the pituitary gland, the adrenal gland and other glandular tissues.</p> <h3>DIAGNOSTIC TESTS</h3> <ul style="list-style-type: none"> <li>• Biopsy of the tumor</li> <li>• Blood tests (which look for chemicals such as tumor markers)</li> <li>• Bone marrow biopsy</li> <li>• Chest X-ray</li> <li>• Complete blood count</li> <li>• CT Scan</li> <li>• MRI scan.</li> </ul>	Group participants enlisted the diagnostic tests.	What are the methods to diagnose the cancer?
8.	3min To explain stages of cancer.	<h3>STAGES</h3> <p>After a diagnosis is made, stage of the cancer is determined.</p>	Group participants explained the stages of cancer.	How stages of cancers diagnosed.

SNO	Time	Specific objectives	Content	Teaching Learning objectives	Evaluation
			<ul style="list-style-type: none"> <li>• The most common cancer staging method is called the TNM (Tumor, Node &amp; Metastasis) system.</li> <li>• T (1-4) indicates the size and direct extent of the primary tumor.</li> <li>• N (0-3) indicates the degree to which the cancer has spread to nearby lymph nodes.</li> <li>• M (0-1) indicates whether the cancer has metastasized to other organs in the body.</li> </ul>		

S.No	Time	Specific objective	Content	Teaching Learning objects	Evaluation
9.	10 min	To explain the treatment of cancer.	<h2 style="text-align: center;">TREATMENT OF CANCER</h2> <ul style="list-style-type: none"> <li>• Cancer treatment depends on the type of cancer, the stage of the cancer, age, health status and additional personal characteristics.</li> <li>• There is no single treatment for cancer, and patients often receive a combination of therapies &amp; palliative care.</li> <li>• Treatments usually fall into one of the following categories:               <ul style="list-style-type: none"> <li>- surgery, radiation, chemotherapy, immunotherapy, hormone therapy or gene therapy.</li> </ul> </li> </ul>	Group participants explained the treatment of cancer.	What is the treatment for cancer?

  
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S.No	Time	Specific objectives	Content	Teaching Learning objective	Evaluation
			<p>1) <u>Surgery</u></p> <p>Surgery is the oldest treatment. If a cancer has not metastasized, it is possible to completely cure a patient by surgically removing the cancer from the body.</p> <p>Surgery may also be instrumental in helping to control symptoms such as bowel obstruction or spinal cord compression.</p> <p>2) <u>Radiation</u></p> <p>Also known as radiotherapy, destroys cancer by focusing high-energy rays on the cancer cells. This causes damage to the molecules that make up the</p>		

S.No	Time	Content	Teaching Learning objective	Evaluation
		<p>cancer cells and leads them to commit suicide.</p> <p>Radiotherapy is used as a standalone treatment to shrink a tumor or destroy cancer cells and it is also used in combination with other cancer treatments.</p>		
		<p><u>3. Chemotherapy.</u></p> <p>Chemotherapy utilizes chemicals that interfere with the cell division process - damaging proteins or DNA - so that cancer cells will commit suicide.</p> <p>Chemotherapy is generally used to treat cancer that has spread or metastasized because the medicines travel throughout the entire body.</p>		



S.No	Time	Specific objective	Content	Teaching Learning objective	Evaluation
			<p>Side effects of chemotherapy include hair loss, nausea, fatigue &amp; vomiting.</p> <p>4. <u>Immunotherapy</u></p> <p>Immunotherapy aims to get the body's immune system to fight the tumor. Local immunotherapy injects a treatment into an affected area, e.g. to cause inflammation that causes a tumor to shrink. Systemic immunotherapy treats the whole body by administering an agent that can shrink tumors. Immunotherapy can also be considered non-specific if it improves cancer-fighting abilities by stimulating the entire immune system.</p>		

Sno	Time	Specific objective	Content	Teaching Learning objective	Evaluation
			<p>5) <u>Hormone Therapy</u></p> <p>Hormone therapy is designed to alter hormone production in the body so that cancer cells stop growing or are killed completely. Breast cancer hormone therapies often focus on reducing estrogen levels &amp; prostate cancer hormone therapies often focus on reducing testosterone levels.</p> <p>6) <u>Gene Therapy</u></p> <p>The goal of the gene therapy is to replace damaged genes with ones that work to address a root cause of cancer; damage to DNA. Other gene based therapies focus on further damaging cancer cell DNA to the point where the cell commit suicide.</p>		

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SNo	Time	Specific objective	Content	Teaching Learning objects	Evaluation
10	5min	To enumerate preventive measures of cancer.	<p>Prevention of Cancer</p> <p>One can reduce the risk of getting a cancerous tumor by -</p> <ul style="list-style-type: none"> <li>• Eating a healthy diet</li> <li>• Exercising regularly</li> <li>• Limiting alcohol</li> <li>• Maintaining a healthy weight</li> <li>• Minimising your exposure to radiation and toxic chemicals</li> <li>• Not smoking or chewing tobacco</li> <li>• Reducing sun exposure</li> <li>• Cancer screenings, such as mammography and breast examination for breast cancer, may help catch these cancers at their early stages when they are most treatable.</li> </ul>	Group participants enumerated the preventive measures of cancer.	

Sno	Time	specific objectives	Content	Teaching learning objectives	Evaluation
11.	10 min.	To explain cancer rehabilitation	<p><u>Cancer Rehabilitation</u></p> <p>Oncology rehabilitation describes a wide range of therapies designed to help you build strength &amp; endurance, regain independence, reduce stress &amp; maintain the energy you need to participate in daily activities that are important to live.</p> <p><u>Therapies of rehabilitation</u></p> <p>1) <u>Physical therapy!</u> It include range of motion training with light resistance exercises. aims to reduce fatigue &amp; optimize physical function, safety &amp; well-being.</p> <p>2) <u>Occupational therapy!</u> It helps with daily activities that are important to routine &amp; quality of life such as dressing, showering &amp; eating.</p>	Group participants explained cancer rehabilitation.	What is cancer rehabilitation?

Sl No	Time	Specific objectives	Content	Teaching activity Learning objective	Evaluation
			<p>3) <u>Speech and language pathology</u>: Many cancer patients benefit from speech &amp; language pathology. Therapists address problems including dry mouth, difficulty swallowing, loss of voice &amp; cognitive changes that can result from cancer treatment.</p> <p>4) <u>Manual therapy</u>: Helps to reduce cancer-related pain and improve quality of life during cancer treatment.</p> <p>5) <u>Auriculotherapy</u>: This painless, non-invasive form of oncology rehabilitation stimulates the auricle of external ear to help alleviate side effects of cancer treatment, such as pain, nausea or fatigue.</p>		

S.No	Time	Specific objectives	Content	Teaching Learning activity	Evaluation
				<p><u>Summary.</u></p> <p>Today we have discussed about cancer, its definition, causes, sign and symptoms, warning signs, treatment, prevention and cancer rehabilitation.</p> <p><u>Conclusion.</u></p> <p>Cancer is not a single disease with a single cause, rather it is a group of distinct diseases. Cancer is ultimately the result of cells that uncontrollably grow &amp; do not die.</p>	

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## Objectives :-

- ① To provide knowledge to the patients/clients and their family members regarding cancer, its causes, sign & symptoms, warning signs, treatment, prevention and rehabilitation.

## Planning :-

We decided to conduct a group-project at the site of MMIMS & R Hospital on the topic of cancer. Firstly, we invite staff members, nursing superintendent main

on 4 Feb, 2016, we students of Bsc Nursing III<sup>rd</sup> Year came to hospital at 8:30 am. We all were together in Demo room. We gave the attendance to our clinical Instructor, Ms. Priyanka main. Then we started our preparation.

Firstly, we assess the suitable space for our role-play. Then we clean the place. After that, we put the screens on that place and attach the charts on the screens. Then, we arrange the chairs for audience and for teachers. After that, we arrange all the necessary articles and things on the stage. Then, At 10:30 am, we started our role play.

  
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## Invitation Card :-

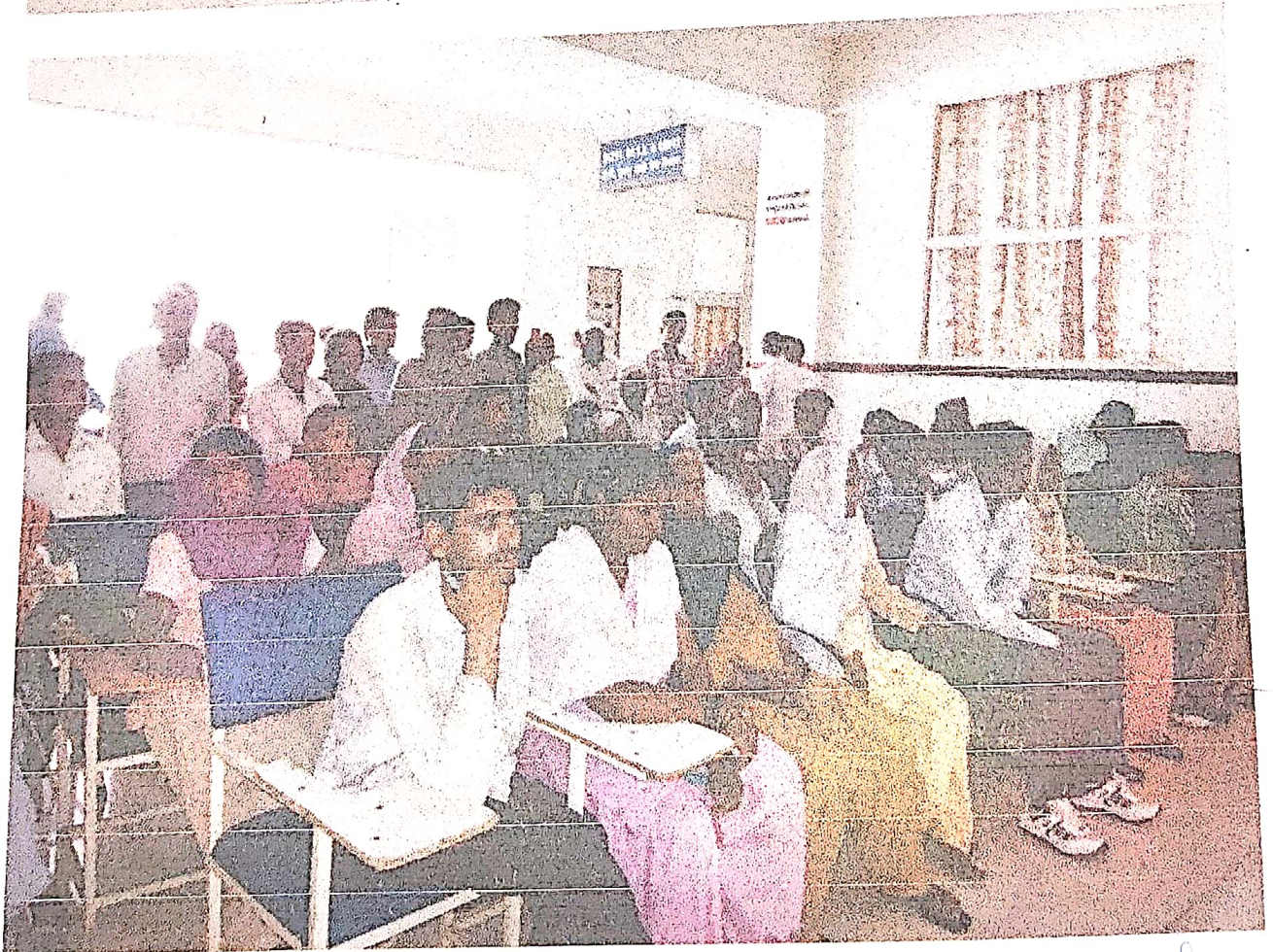
Invitation was give to


- Principal man
- NS Man ( Nursing superintendent)
- Nursing staff and all teachers

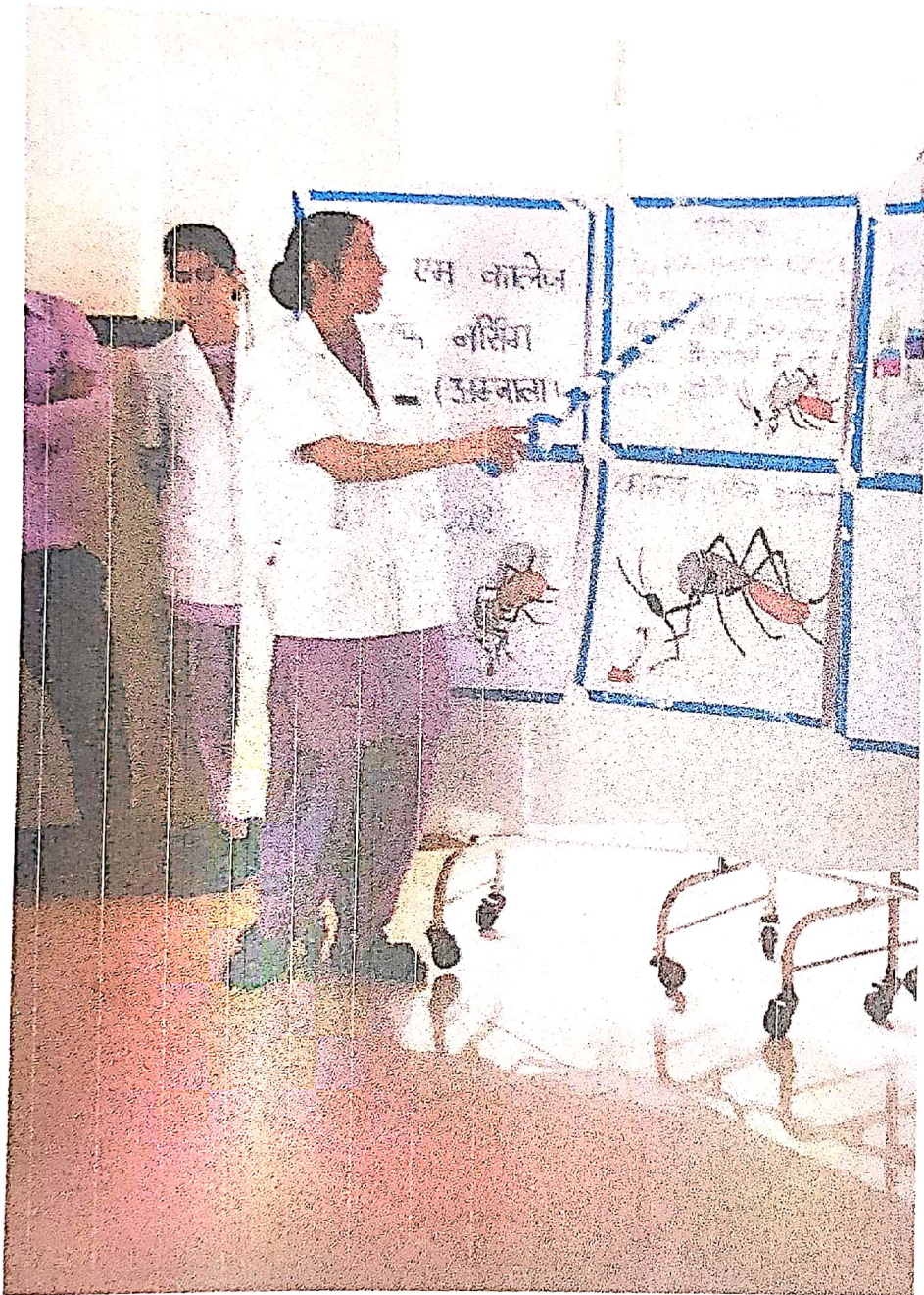
## Organisation -

The group project is organised by Pooja and Sunita. Sunita takes the responsibility of chart and Pooja gave introduction about the topic to the audience and after that, she give brief summary about the breast cancer.

  
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# Chart Explanation :-

1) परिभाषा

2) सिफे स्तनपान कराये

3) मां के दुध में तत्वों की मात्रा

- प्रोटीन 2.20 ग्राम
- वसा 4.2 ग्राम
- कार्बोहाइड्रेट्स 7.5 ग्राम
- पानी की मात्रा 88%
- खनिज पदार्थ 0.15%

4) दुध के प्रकार :

- पहलागादा पीला दुध
- फौर दुध
- हिन्द दुध

5) शारीरिक स्वच्छता

- 1) स्थिति
  - लेट कर पिलाना
  - क्रॉसफैडल
  - फुट बॉल

2) फैंडल

3) दुध पिलाने का सही तरीका

4) शारीरिक विकार

- भावनात्मक लगाव
- मानसिक विकार
- बिमारियों से बचाव

5) बेबी फ्रेंडली हॉस्पिटल इनिशियेटिव

6) गर्भावस्था का गर्भावस्था से पूर्व की स्थिति में आना

7) कैंसर से बचाव :

- 1) स्तन का कैंसर
- 2) बच्चे दोनों का कैंसर
- 3) बच्चे कम करने से सहायक
- 4) प्राकृतिक गर्भ निरोधक



- 1) समाज की लपल
- 2) पौरखिक अग्रहार
- 3) सामाजिक आवधानार
- शहद न दे
- पहला पीला गाढा
- दूध ना केके
- 4) निष्पल की परेशानियाँ
- उसका निष्पल
- 5) खूजा हुआ निष्पल
- 6) अन्धर धरंसा हुआ निष्पल
- 7) फाटा हुआ निष्पल

इस लघु नाटिका में दो परिवार होते हैं, पहले परिवार में, वीना (बह), राजू (बेटा) और दादी) होते हैं। वीना गर्भावस्था में होती है और थोड़ी परेशान होती है, दूसरे परिवार में, राधा (बह), बेटा और दादी) होते हैं। और राधा और उसका परिवार बहुत खुश होते हैं। राधा की गर्भावस्था से उसका परिवार उसका पूरा ध्यान रखते हैं।

(पहला परिवार) दृश्य - 1

वीना :- (चिड़चिड़ी होकर) मैं बच्चा अब आरम्भ में सावधानी से रखना है। मैंने शादी ही क्यों की मुझे पता ही था कि शादी के बाद पूरी पुरे बर्बाद हो जाती है।

राजू :- अरे कोई बात नहीं कुछ ही दिनों की बात है। सब ठीक हो जायेगा।

साखन :- मैंने तो अपने पाते का इंतजार कर रही हूँ। वह मैंने उसके लिए एक स्वेटर बनाया है। देख लो जरा।

वीना:- बुढ़िया को तो सही काम ही अच्छा, अच्छा बख



(दूसरा परिवार)

राधा : (खुशी से)

पति : बच्चा बात है, बड़ी खुश लग रही है।

राधा : बस खुशी की तो बात है ही हमारा बच्चा इस दुनिया में आने वाला है।

राधा (जमुना): बहुत मैन तो मन्नत मांगी है ठीक ठीक मेरा पौता हो. जार तो मैं पूरे ॥ १३ का प्रसाद चढ़ा के आऊंगी शिव जी भगवान के मंदिर में।



दृश्य - II

डिलवरी के बाद, अरुणालाल में,  
Narrator: आइए अब देखते हैं कि दोनों माताएँ

जाती हैं (पहला परिवार)  
नर्स :- आपकी डिलवरी को 1/2 घंटे से अपर ही गया है आप बच्चे को अब तो दूध पिला दो।

वीना की सास: बहू बच्चे को दूध पिला दे, बच्चा भ्रूषा होगा

वीना: अभी तो मुझे नींद आ रही है और मुझे दर्द भी हो रहा है। आप इसे डिब्बे का दूध पिला दो

वीना की सास: जा बेटा जा के डिब्बे का दूध ले आ, तब बहू तो पिलाती नहीं है।  
(दूसरा परिवार)

राधा: (दूध पिलाने दुर)

जमुना (राधा की सास): और और बहू रक्क जाओ इसकी बुझा को आने दो वो पहले तुम्हारे स्तन को धोएगी फिर दूध पिलाना

पति: क्या माँ आप भी ना, अब ऐसा सोचते हो आपके जमाने में रहे कर।

राधा की सास: बेटा तुम्हें बड़ा पता है तुम चुप करो, Asha worker राधा के पार माली है।

'Asha worker': आपने बच्चे को दूध कितनी बार पिलाया?

राधा: जी अभी तो एक बार भी नहीं पिलाया।

राधा की सास: जी अभी तो इसकी बुझा आरगी लें दूध धोने के बाद ही पिलाते हैं हमारे में तो।





Asha worku : बतनी देर हो गई है आपको पता नहीं कि  
बच्चे को दूध पिलाना है। बच्चा कब से भूख है। माँ  
का दूध आपको आगे पेटे के अंदर ही पिलाना चाहिए  
क्योंकि माँ का पहला गाढ़ा दूध बच्चे के लिए बहुत  
फायदेमंद होता है। यह बच्चे को विमारियो से लड़ने  
में मदद करता है।

राधा की सास : ठीक है, मैडम जी। पर दूध ले चौक  
ही पिलाना है ना

Asha worku : नहीं अम्मा जी, आप आप बच्चे को उठाके  
अभी दूध पिलाओ। नहीं तो बच्चा भूख के मारे मर  
जाएगा

राधा की सास :- ठीक है मैडम जी।

राधा दूध पिलाने लग जाती है।

### दृश्य - III

(पर पर)

(पहला परिवार)

वीना : मम्मी जी, मैं Duty पर जा रही हूँ आप बच्चे  
को संभाल लेंना

वीना की सास : वही अभी रहने के Duty की दुर्दृष्टियाँ लें लें  
कुछ दिन और थोड़े दिन तक बच्चे की देखभाल हो  
जाएगी।

वीना : नहीं अम्मा जी, मैं तो जा रही हूँ, मेरा पर दिल  
नहीं लगता

सास वीना को रोकती है पर वीना नहीं मानती  
और बच्चा भूख के मारे रीता है।



(दूसरा परिवार)

शाधा [ अच्छे से रखाए रखते हुए दूध पिलाती है ]

शाधा की सास : ले बहू से खाले , पंजीरी खा ले ।

दृश्य - 15

(पहला परिवार) लीना की बच्चे को दस्त लग जाते हैं

लीना की सास : अरी ओ बहू , बच्चा बीमार हो गया ओख ले  
ध्यान रख ले इसका , दूध तो पिला दे ओखे ।

लीना :- मां की डी बात नही , बच्चे को बीमार होत रहते हैं ।  
हम मा उस्ते अस्पताल से दिकवा लेते हैं । दवाओ से  
जल्दी ठीक हो जायगा ।

लीना की सास : देख ली , उन आज-कल की लडकियों को  
अच्छा बीमार भी हो जाय लडकी भी नही देखली ,  
रे बंदा ले जाओ बच्चे को डाक्टर के पास ।

दूसरा परिवार :  
साया बच्चे को मुख्य लगने पर दुध पिलानी है।

साया की सास : वह खाना तो बना दे छोट न दफ्तर जाना है। जब से बच्चा हुआ है। क्या सारा दिन उसी के काम में लगी रहेगी दुध पिलाने

साया : भाई माँ जी उस दुध पिला रही थी माँ,  
वह खाना बनाती है और सारी काम करती है।  
माँ जी मुझे ना डॉक्टर के पास जाना है बच्चे को  
पिखाने और इसके टीका भी लगवाना है।

दृश्य - V

अस्पताल में,  
(पहला परिवार)

डॉक्टर : हाँ जी बच्चा हुआ बच्चे को,

वीना :- डॉक्टर साहब बच्चे को दस्त और उल्टीयों लगी हुई है

डॉक्टर : पल्लो में जांच कर लेंगे है,

आप बच्चे को दुध (अपना) तो सही बने पिला रहे हैं  
ना।

वीना सास: नहीं जी मैं तो सारा दिन अपने दफ्तर में रही है फिर  
धूमने फिरनी, इसकी कहाँ समय है अपने बच्चे को दुध  
पिलाने और ध्यान रखने का।

डॉक्टर : लम्बी तो बच्चा किमोट हुआ है। बच्चे को अपने दुध  
दफ्त में नहीं हो रहा इस लिए बच्चा बार बार किमोट हो  
रहा है। आपको फिरनी न बताया नहीं कि माँ का दुध बच्चे  
के लिए कितना आवश्यक होता है।

वीना : डॉक्टर साहब मैं तो दुध इसलिए नहीं पिलाया क्योंकि  
मैंने सुना है कि इससे माँ के शरीर पर भी बहुत  
असर पड़ता है।

डॉक्टर - जी नहीं ऐसा कुछ नहीं होता जबकि दुध पिलाने से  
माँ को भी फायदा होता है जैसे मैं जाती की बँसल से

बचाता है, मो को भली गरीबनी होने से बचाता है  
 वीना : अच्छा ठीक है Doctor साहब से भी अब बच्चे को  
 दूध पिलाऊंगी और हरसकाम ध्यान रखूंगी



राधा : नमस्ते डाक्टर साव,  
 और भाभी आप यहाँ कैसे,

वीना : नमस्ते दीदी, क्या बताऊँ वस छोटे विमार हो  
 गया था, तो इसको दिखाने आयी थी और आप  
 यहाँ कैसे ?

राधा : मैं तो छोटी का टीकाकरण करवाने आयी थी और  
 सौचा आम जाँच भी करवाए।

वीना : ठीक है दीदी आप करवाइये मैं चलती हूँ  
 फिर मिलते हैं।

राधा : ठीक है वीना दीदी, बच्चे का ध्यान रखना  
 दोनो मातारों बात रखना करके चली जाती है।

**M.M COLLEGE OF NURSING, MULLANA, AMBALA**

**DATE OF GROUP PROJECT:** 05/12/2016

**VENUE:** Govt. Senior Sec. School, Village Nahoni

**TIME:** 10:00 AM TO 11:00 AM

**NO. OF TEACHERS INVOLVED:** 03

**NO. OF STUDENTS:** 30

**THEME OF THE GROUP PROJECT:** "GLOBAL WARMING"

**ACTIVITES:**

At first the introduction was given regarding the theme of "Global Warming" then a short role play was done. At last health education was given with the help of charts. Feedback was taken from participants as well as supervisors.

  
Dr. (Mrs.) Jyoti Sarin  
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Maharshi Markandeshwar College of Nursing  
Maharshi Markandeshwar (Deemed to be University)  
Mullana-Ambala, Haryana-India, 13807

# M.M. COLLEGE OF NURSING

TOPIC :- "PERSONAL HYGIENE AND ENVIRONMENTAL SANITATION"

## GROUP PROJECT REPORT

### CHILD HEALTH NURSING

SUBMITTED TO:-

MRS. KULDEEP KAUR

(ASST. PROFESSOR)

MMCON

*Checked -  
K. Sandhu  
17/2/16.*

44/50

SUBMITTED BY:-

B.Sc.(N) IIIrd year

Roll No. 1913001 - 52

SUBMITTED ON :- 17-02-2016

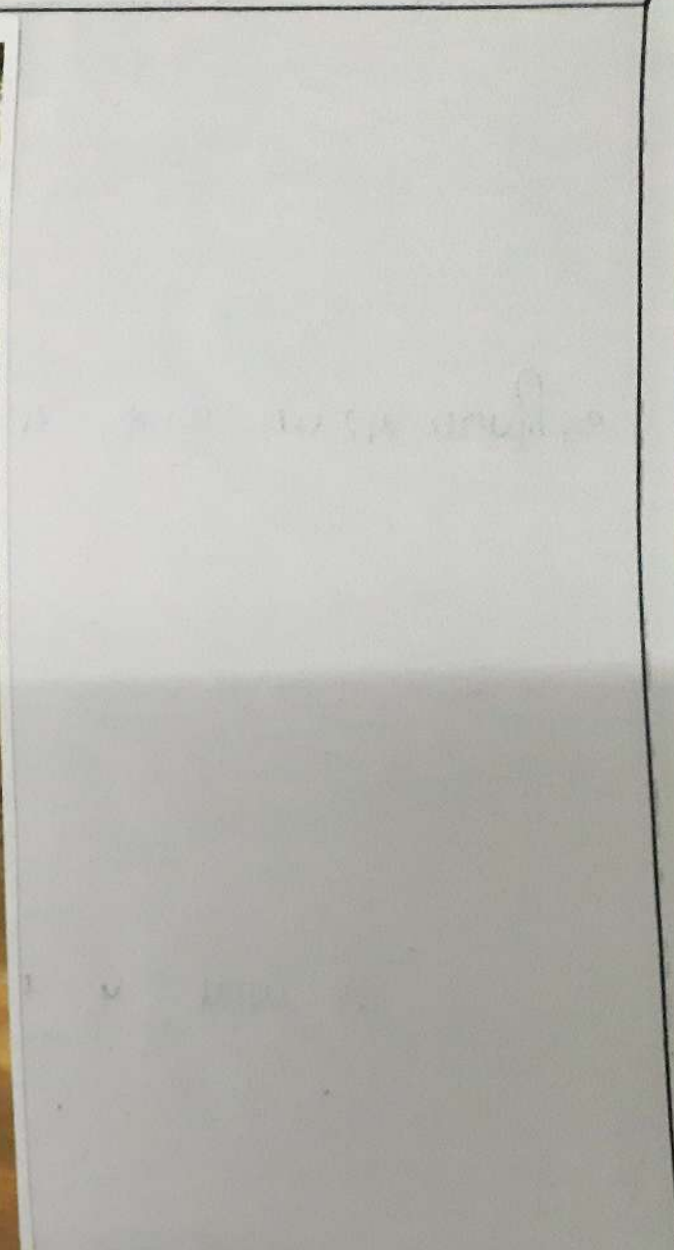
Introduction:-

A role play on the theme of 'Personal hygiene and environmental sanitation' was performed at Government Primary School of Hullanah on 6<sup>th</sup> February 2016. Mass education programme under the topic 'Personal hygiene and environmental sanitation'.

We were, Roll No. 1913001 - 1913052, members of B.Sc. Nursing III<sup>rd</sup> year. who prepared this group project under the guidance of Mrs. Kuldeep kaur (Assistant Professor, child health Nursing), Mrs. Parvinder Mam (Nursing tutor, child health nursing), Ms. Manmeet kaur (Nursing tutor, child health nursing) and Ms. Pratibha (Clinical Instructor, child health nursing).

Topic:- Personal hygiene and environmental sanitation.







परिभाषा  
निरात स्वप्न भेदों  
मूर्खों को है धुँ इतने  
दिल सज्जन को कदा  
निरास मल इतने

दोषों की समाई

तुच्छों की समाई

जिन सैन से फलित व बल में

शरीर के  
हर भागों  
तक संतुष्ट

कठे  
स  
रुख

सिद्धो जनि

नाकारण की सफाई रखी

धन्यवाद

जो भी जो धन को धन

रुजाबाकरे

कूडेदान  
तु  
शुद्ध  
करे।

फल  
दोमरे

दोषो समाई

# MMCON COMMUNITY HEALTH NURSING GROUP PROJECT ON TOBACCO



**SUBMITTED TO:-** Ms. Uma Deaver (HOD, Community Health Nursing)

**SUBMITTED BY:-** B.Sc. Nursing 4<sup>th</sup> Year (Group 3<sup>rd</sup>, Roll no.-1913065-1913106)

# GROUP PROJECT REPORT ON TOBACCO

## INTRODUCTION-

B.Sc. Nursing 4<sup>th</sup> Year students did the Group Project on Tobacco. We aware the village people regarding the Tobacco and how to prevent from Tobacco.

Tobacco is the inhalation of the smoke of burning tobacco encased in cigarettes and cigars. A smoking habit is a physical addiction to tobacco products. It affects all the systems of the body like Nervous system, Respiratory system, Circulatory system, Digestive system, Reproductive system, Musculoskeletal system.

## OBJECTIVES OF GROUP PROJECT-

- To assess the health status of Community People.
- To assess the health problem of Community People.
- To provide general awareness on anemia by using A.V. aids.
- To conduct role play on "Prevention of Tobacco".

## THEME:- STOP ILLICIT TOBACCO AND TOBACCO PRODUCTS

**DATE:-** 06/10/2016

**VENUE:-** Anganwadi of Village Gola

**LANGUAGE:-** Hindi

## COMMUNITY FIELD SUPERVISORS:

- Ms. Uma Deaver
- Ms. Eenu
- Mr. Bankim
- Ms. Pooja Jaswal

- Ms. Annu Verma
- Ms. Jatinder
- Ms. Bhawna

## **TOTAL NO. OF GROUP MEMBERS:-**

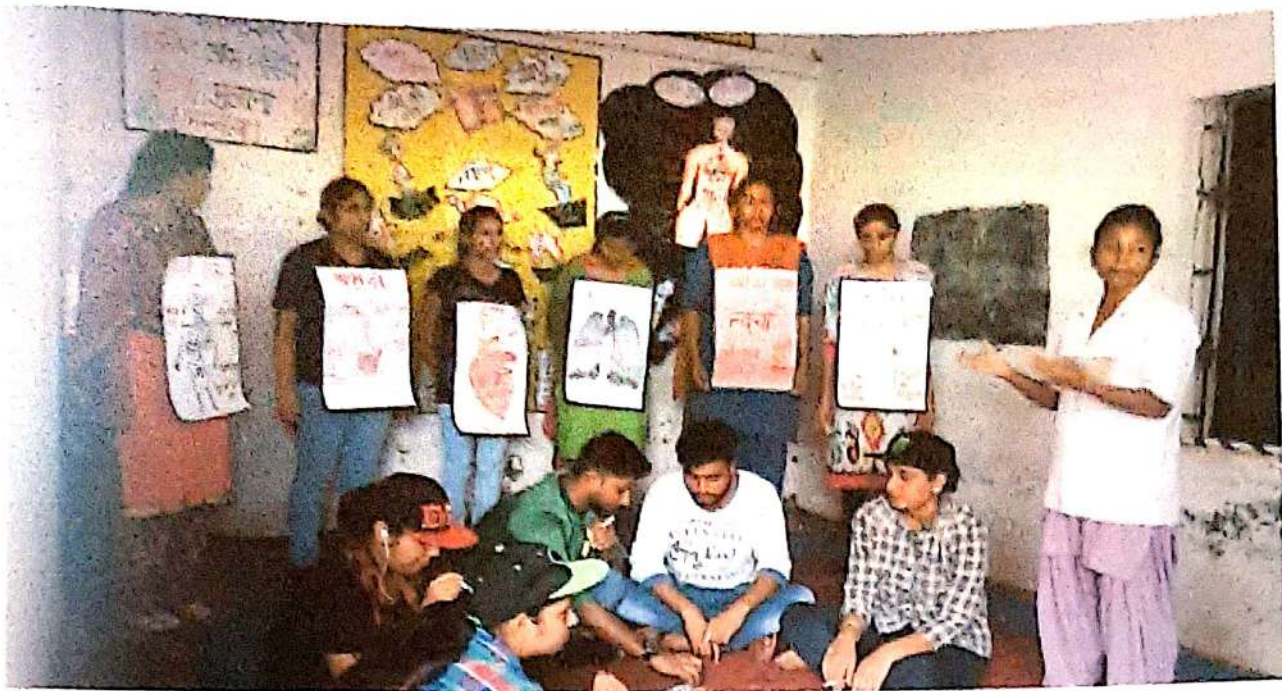
Bsc. Nursing 4<sup>th</sup> Year students (1913065-1913106)

## **INCHARGES OF GROUP PROJECT:-**

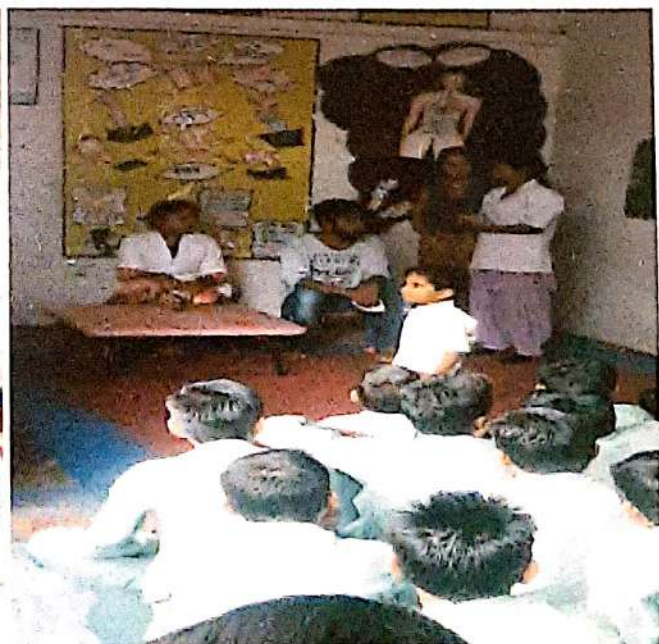
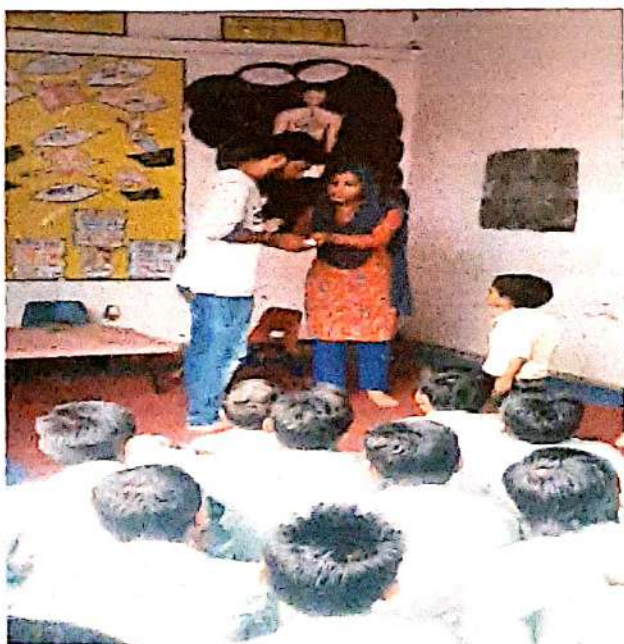
- **Group Leader:** Pooja
- **Treasurer:** Ramanjeet, Anjali
- **Invitation In Charges:** Parul, Savita
- **Content Making In Charge:** Savita
- **A.V. Aids In Charges:** Kusum, Sunita
- **Role Play:** Virendra, Sufiyan, Rupinder, Parul, Suprit, Anjali, Kajal, Punam, Sonia, M  
Pinki, Simranjeet, Ramanpreet, Kulwant, Priyanka
- **Refreshment In Charges:** Shweta, Rupinder
- **Narrator:** Pooja
- **Video And Photo Incharges:** Shweta, Rimpi
- **Chart Explanation:** Punam, Kajal
- **Report Making In Charge:** Pinki, Virendra

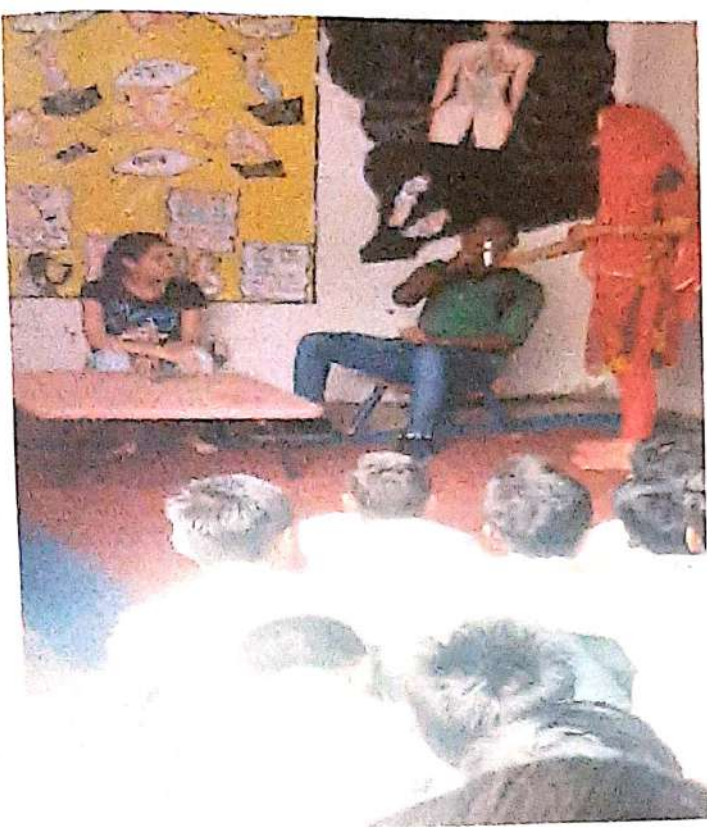
## **PARTICIPANT GROUP:-**

There was approximately gathering of 60-70 members who include teachers of I Anganwadi Worker & helper and village people of Gola.



➤ **Scene IV ( At the Ramesh's house)-** In starting, Ramesh was having coughing problem and then after some days, Ramesh was doing blood vomiting. Then, his wife taken him to the Doctor and doing medical checkup of him. Then, the Doctor advised him to quit tobacco and smoking slowly slowly. Then, he taken the advise of Doctor and quit tobacco and smoking. And finally, he become healthy.





- **Scene VII-** Then Sonu (Shahribabu) came with tobacco and smoking, but then Ramu and Shamu were scolded him to get away.
- **At last,** they found victory on tobacco.
- **Health education** on causes, sign & symptoms and prevention of tobacco was given




**REFRESHMENT:-** One packet of biscuits is given to every village people, who were attended the Group Project.



**VOTE OF THANKS:-** After role play and comments by Anganwadi worker and the people of village Gola. We thank to all teachers and village people, who carefully listen the role play and encouraging us to do these knowledgeable project next time also.

### **SUMMARY AND CONCLUSION:-**

Because of this role play on "PREVENTION OF TOBACCO", Village People got enough knowledge regarding the tobacco prevention. It was a knowledgeable as the village people knew about tobacco, its causes, its effects on body parts and its prevention and control.

  
Dr. (Mrs.) Jyoti Sarin  
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Mullana-Ambala, Haryana-India, 13807



**M.M COLLEGE OF NURSING, MULLANA, AMBALA**

**DATE OF GROUP PROJECT:** 12/02/2016

**VENUE:** Pooja Vihar, Ambala

**TIME:** 10:00 AM TO 11:00 AM

**NO. OF TEACHERS INVOLVED:** 03

**NO. OF STUDENTS:**50

**THEME OF THE GROUP PROJECT:** “Nutritional Requirement among different age groups”

**ACTIVITES:**

At first the introduction was given regarding the theme of Nutritional Requirement among different age groups “ Santulit Aahar Jeevan Ka Aadhar” then a short role play was done. At last health education was given with the help of charts. Feedback was taken from participants as well as supervisors.

  
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